Koneru Lakshmaiah Education Foundation

(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' Grade University Approved by AICTE ISO 9001-2015 Certified Campus: Green Fields, Vaddeswaram - 522 502, Guntur District, Andhra Pradesh, INDIA.

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Date: 25.09.2021

Venue: Z.P. High School, Vaddeswaram)

SVASTYA

Description of the Event:

Health is the primary aspect that thrives on the well-being of mankind. Maintaining health and Body Mass Index by following various norms, fitness activities, food habits and lifestyle changes plays a vital role and thereby promotes prosperity and haleness.

Our team KLEF-CEA had conducted an event named SVASTYA, on Sept 25^{th,} 2021.

As a part of this event, we visited Z.P High school in Vaddeswaram and taught the students over there the necessity of hygiene, health, food habits to be included in daily diet, fitness awareness.

- ❖ We had played an animated video for the kids for a simpler and joyful mode to create awareness regarding health and fitness.
- ❖ Few of our volunteers had performed certain primary fitness exercises in front of the students and explained its benefits and also made the students do some of the exercises.
- ❖ As a part of the event, some competitions were held among the students of the school and prizes were awarded for the winners. (Running race for boys of classes 7 and 8, skipping competition for girls of classes 7 and 8).
- * Rewards were awarded also for the students who actively participated in the interactive session of health and fitness awareness.

Event Beneficiary:

- This event greatly aided to increase the awareness among the students.
- > Students have learned various fitness exercises, food habits to be inculcated in their regular diet.
- > This event helped students to clear their doubts regarding food and diseases through the interactive session held.

No. of students participated: 40

No. of Faculty participated: 02

Event Photos:













List of Volunteers:

S.No	ID. No	Name	Branch	Year
1	2000090112	P.Siva Krishna Teja	CS & IT	II
2	190010093	Pranathi	BT	III
3	190032125	S.Samhita	CSE	III
4	190070114	Y.Santhosh	MECH	III
5	190080009	Praveen	P.E	III
6	190070036	K.Anudeep	MECH	III
7	190010095	A.Jahnavi	BT	III
8	190030395	D.Alekhya	CSE	III
9	190031197	S.Niraja	CSE	III
10	190031167	N.Vishnavi	CSE	III
11	190030096	A.Navya Sree	CSE	III
12	190030296	CH.Shivani	CSE	III
13	2000030865	Rishitha	CSE	II
14	2000031244	B.Sai Sree	CSE	II
15	2000032240	Y.Sravya Geethika	CSE	II
16	2000032261	G.Jahnavi	CSE	II
17	2000010139	K.Hima Madhuri	BT	II
18	2000010131	P.Poojitha	BT	II
19	2000010052	L.Ananya	BT	II
20	190010077	A.Sarvani	BT	III
21	190031877	P.Priyanka Reddy	CSE	III
22	190010084	B.Swarna	BT	III
23	190010096	Sahithi	BT	III
24	2000031925	G.Sriram Chowdary	CSE	II
25	2000031876	V.Venkatesh	CSE	II
26	190030422	D.M.Kiran	CSE	III
27	190040538	V.Tharun	ECE	III
28	190032065	K.Krishna Vamsi	CSE	III
29	2000080015	B.Sandeep	AI & DS	II
30	2000080183	N.Varun Kumar	AI & DS	II
31	2000090010	K.Dheeraj	CS & IT	II
32	2000090030	R.Karthik	CS & IT	II
33	2000090008	Y.Charan	CS & IT	II
34	2000050004	B.Nohith	CS & IT	III
35	190050109	M.Anand Sai	CS & IT	III
36	2000090014	J.V.Saileenath Reddy	CS & IT	II
37	2000090022	M.Karthik Reddy	CS & IT	II
38	2000090050	Hari Surya	CS & IT	II
39	190030374	D.Nandini	CSE	III
40	180040312	SK.Ismail	ECE	IV