



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act. 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified  
Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.  
Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in  
Admin Off: 29-36-38, Museum Road, Govarnorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2021-22

Date: 24-09-2021

### Orders of the Vice Chancellor dt.24-09-2021

#### CIRCULAR

Sub: Conduction of Svastya on 25-09-2021 at Vaddeswaram Village – Reg.

Ref: 1. Letter dt. 23-09-2021 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs).

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This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Svastya on 25-09-2021 at Vaddeswaram Village.

**Event** : Svastya  
**Dates:** : 25-09-2021  
**Timings** : 9:30 am to 01:30 pm  
**Venue** : Vaddeswaram Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



  
REGISTRAR

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Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWARAM-522 302,  
Guntur District, Andhra Pradesh.



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### **Report on “Healthy Life: Fit and Strong Forever” by conducting “Svastya” program on 25/09/2021 at Vaddeswaram Village**

#### **Description of the Event:**

Health is the primary aspect that thrives on the well-being of mankind. Maintaining health and Body Mass Index by following various norms, fitness activities, food habits and lifestyle changes plays a vital role and thereby promotes prosperity and haleness.

As a part of this event, we visited Z.P High school in Vaddeswaram Village and taught the students over there the necessity of hygiene, health, food habits to be included in daily diet, fitness awareness.

- ❖ We had played an animated video for the kids for a simpler and joyful mode to create awareness regarding health and fitness.
- ❖ Few of our volunteers had performed certain primary fitness exercises in front of the students and explained its benefits and also made the students do some of the exercises.
- ❖ As a part of the event, some competitions were held among the students of the school and prizes were awarded for the winners. (Running race for boys of classes 7 and 8, skipping competition for girls of classes 7 and 8).
- ❖ Rewards were awarded also for the students who actively participated in the interactive session of health and fitness awareness.

#### **Event Beneficiary:**

- This event greatly aided to increase the awareness among the students.
- Students have learned various fitness exercises, food habits to be inculcated in their regular diet.
- This event helped students to clear their doubts regarding food and diseases through the interactive session held.

#### **Details of the Event**

<b>Name of the Event</b>	:	“Svastya”
<b>Date of the Event</b>	:	25/09/2021
<b>Time</b>	:	9:30 am to 1:00pm
<b>Venue</b>	:	Z.P High school, Vaddeswaram Village
<b>No. of Participants</b>	:	Students: 85, Faculty & Staff: 02
<b>No. of Beneficiaries</b>	:	125

## Event Photos:



The KLEF\_CEA volunteers explained to the students about the well-being of the body and mental health how important it is in life the role it will play in life and the health benefits it will provide.



### Participated Volunteers List:

ID. No	Name of the Student	Branch	Year	Signature
2000031186	Ch. Chakravarthi	C.S.E	2nd	Chakr
2000031102	K. Ushnavi	CSE	2nd	Ushnavi
2000030912	G. Parvath	CSE	2nd	Parvath
190049009	M. Prudhvi	CSE	3rd	Prudhvi
190031429	V. Vasshta	CSE	3rd	V. Vasshta
190050104	K. Divya	ECM	3rd	Divya
2100560516	G. Vaibhavi	BBA	1st	Vaibhavi
190030302	Ch. Rishitha	CSE	3rd	Rishitha
190010035	K. Manya	BT	3rd	Manya
190031197	L. Neeraja	CSE	3rd	Neeraja
2000031876	P. Venkatesh	CSE	2nd	Venka
2000080325	G. Hrudhika	CSE	2nd	Hrudhika
190050050	P. Nisharika	LLB	3rd	Nisharika
190550042	G. Nikhitha	BBA	3rd	Nikhitha
2000600015	M. Preethi	BHM	2nd	Preethi
2000090024	SK. Shomeef	CS. IT	2nd	Shomeef
2000030346	G. Pavan	CSE	2nd	Pavan
2100090068	M. V. Sri Varsha	CSIT	1st	Sri Varsha
2100560503	Y. Satish	BBA	1st	Satish
190030097	A. Vaishnavi	CSE	3rd	Vaishnavi
210560518	K. SuSmitha	BBA	1st	SuSmitha
2000570014	Sr. Salma	BBA	2nd	Salma
2100560056	Ch. Abhi Ram	BBA	1st	Abhi Ram
1800050070	K. Priyanka	ECSC	4th	Priyanka
190070114	Y. Ganthosh Reddy	Mech	3rd	Ganthosh
140070036	K. Anudeep	Mech	3rd	Anudeep
200090112	T. Siva Mishra	CSE IT	2	Siva Mishra
190040560	N. Apoorva	ECE	3rd	Apoorva
190070018	D. Siva Ganesh	Mech	2nd	Siva Ganesh

  
 P. P. Gopal Reddy  
 Professor in Charge  
 Centre for Extension Activities (CEA)  
 Lakshmaiah Education Foundation  
 (L Deemed to be University)  
 Vaddeswaram-522 502.



ID. No	Name of the Student	Branch	Year	Signature
2100560506	P. Padani	BBA	1st	Padani
190020033	A. Madaru	BBA	2nd	Madaru
210031046	A. Sai Surya	CSE	1 <sup>st</sup>	Surya
190022043	B. Padhu	CE	3rd	Padhu
210036038	B. Varshitha	BBA	3 <sup>rd</sup>	Varshitha
200032269	K. Nithin	CSE	2 <sup>nd</sup>	Nithin
200031053	V. Likhitha	CSE	2nd	Likhitha
200003144	S. Niharika	CSE	2nd	Niharika
190040699	A. Lohitha	ECE	3rd	Lohitha
190069012	S. Muthan	ECE	3rd	Muthan
190011129	M. Leela Rajini	CSE	3rd	Rajini
190550074	S. Meghana	LLB	3rd	Meghana
190070134	K. Manikate	Mech	3rd	Manikate
180050016	M. Meghana	ECSE	4th	Meghana
190040606	G. Naveen	ECE	3rd	Naveen
2100090082	Ch. Chithra	CSIT	1st	Chithra
2100560206	B. Karika	BBA	1st	Karika
180020023	V. Gokesh	CE	4th	Gokesh
190550044	D. Geetanjali	LLB	3rd	Geetanjali
200050084	S. Likhitha	BEA	2nd	Likhitha
190020024	S. Hemanth	Civil	3rd	Hemanth
18000100081	P. Preethi	BT	4th	Preethi
2100560512	P. Mahesh	BBA	1st	Mahesh
2100560520	D. Manikantha	BBA	1st	Manikantha



ID. No	Name of the Student	Branch	Year	Signature
210056506	R. padani	BBA	1st	Padani
2100081853	Ch. Srinivas	CSE	1st	Srinivas
19004006	G. Naveen	ECE	3 <sup>rd</sup>	Naveen
2000032269	R. Naveen	Ce E	2nd	Naveen
190011129	M. Leela rajini	CSE	3rd	Rajini
2100031646	A. Sai Surya	CSE	1st	Surya
190070134	K. Manikanta	Mech	3rd	Mani
2100560313	B. Varshitha	BBA	1st	Varshitha
180050016	M. Meghana	ECSE	4th	Meghana
2000031053	V. Likhitha	CSE	2nd	Likhitha
190089012	S. Mohan	ECE	3rd	Mohan
2100090082	Ch. Lohitha	CSIT	1st	Lohitha
200020023	V. Vaish	Ce	2nd	Vaish
190022043	B. Padma	C.E	3rd	Padma
1800080031	P. Preethi	BT	4th	Preethi
190550044	D. Geethajali	UB	3rd	Geetha
210056050	D. Manikanta	BBA	1st	Manikanta
190550074	S. Meghana	LLB	3rd	Meghana
190061069	A. Lohitha	ECE	3rd	Lohitha
2100560206	B. Hanika	BBA	1st	Hanika
180050089	A. Ramya	ECSE	4th	Ramya
190020024	S. Hemanth	Civil	3rd	Hemant
2100560512	P. Mahesh	BBA	1st	Mahesh
180050045	E. Lalani	ECSE	4th	Lalani
2000031444	S. Niharika	ECE	2nd	Niharika
20008054	S. Lohitha	BBA	2nd	Lohitha
190020033	A. Madava	CE	3rd	Madava
180050096	G. Kavya	ECSE	4th	Kavya
2000030877	R. Kalathik	CSE	2nd	Kalathik

  
**P. Geetha Lakshmi**  
 Professor Incharge  
 for Extension Activities (CEA)  
 Lakshmaiah Education Foundation  
 Deemed to be University  
 Addeswaram-522 502.

**KRDEESed**  
 Dean (Student Affairs)  
 Koneru Lakshmaiah Education Foundation  
 (Deemed to be University)  
 Green Fields, VADDESWARAM-522502,  
 Guntur Dist, Andhra Pradesh.