

Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956) Accredited by NAAC as 'A++' ☆Approved by AICTE ☆ ISO 21001:2018 Certified Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA, Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in Admin Off: 29-36-38, Museum Road, Governorpet, Vijayaweda - 520 002, Ph; +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2022–23

Date: 25-10-2022

Orders of the Vice Chancellor dt.25-10-2022 CIRCULAR

Sub: Conduction of Svastya on 27-10-2022 at Vaddeswaram Village - Reg.

Ref: 1. Letter dt. 25-10-2022 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Svastya on 27-10-2022 at Vaddeswaram Village.

Event	: Svastya
Dates:	: 27-10-2022
Timings	: 01:30 pm to 04:30 pm
Venue	: Vaddeswaram Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)

REGISTRAR



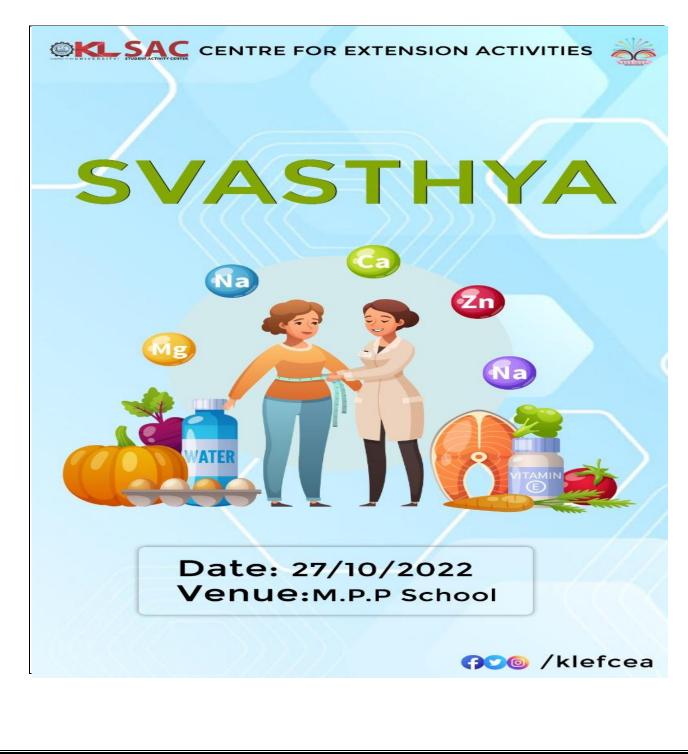
REGISTRAR Koneru Lakshmalah Education Foundation (Deemed to be University) Green Fields, VADDESWARAM-52: 302: Guntur District, Andhra Pradesh.



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<u>A Report on to create awareness of Nutrition</u> <u>"Svasthya" on 27/10/2022 At Vaddeswaram Village</u>



Objective

This event greatly aided to increase the awareness among the students. Students have learnt various fitness exercises, food habits to be inculcated in their regular diet. This event helped students to clear their doubts regarding food and diseases through the interactive session held.

Description

Health is the primary aspect that thrives on the well-being of mankind. Maintaining health and Body Mass Index by following various norms, fitness activities, food habits and lifestyle changes plays a vital role and thereby promotes prosperity and health. Our team KLEF-CEA had conducted an event named SVASTYA.As a part of this event; we visited Z.P High school in Vaddeswaram and taught the students over there the necessity of hygiene, health, food habits to be included in daily diet, fitness awareness.

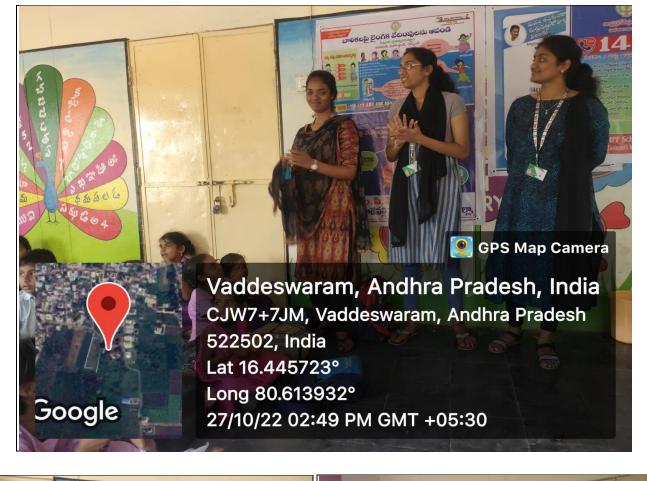
We had played an animated video for the kids for a simpler and joyful mode to create awareness regarding health and fitness. Few of our volunteers had performed certain primary fitness exercises in front of the students and explained its benefits and also made the students do some of the exercises.

Outcome

As a part of the event, some competitions were held among the students of the school and prizes were awarded for the winners. (Running race for boys of classes 4 and 5, skipping competition for girls of classes 4 and 5) Rewards were awarded also for the students who actively participated in the interactive session of health and fitness awareness.

Details of the Event		
Name of the Event	:	Svastya
Date of the Event	:	27/10/2022
Time	:	01:50 pm to 4:00pm
Venue	:	M.P.P. School, Vaddeswaram Village
No. of Participants	:	Students: 90, Faculty & Staff: 02
No. of Beneficiaries	:	350

Event Photos:







The KLEF_CEA team conducted an event Svastya to the students and its importance on the health like well-being, fitness, diet, etc.

Participated Volunteers List:

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190031747	P. Vijay	CSE	BITH	J
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19003112	M. Sathishi	CSE	2744	Sale.
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190030414	D. Rishitha	CSE	erth .	Ruf
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190030579	g. chandralekha	CSE	Bitch	Cherdy
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190030453	G. shakhan	cse	Brd	shy
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190031241	P-AKSULA.	CSE	Bird	
20009037	K. Meghpad	CSIT	And	Hegland
2100030352	M- Himavijaya	CSE	Zhd	China
2000090106	P. Varishini	. CSIT	Bug	Varilio
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2100010105	K. Supraja	BT	and	Coprafa
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2000010025	P. Ray Kumar.	BT	3 rd	Ray
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2100090054	K. Slubbashini	CSIT	3nd	Sibol
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2100030240	R. Shopam Kennar	CSE	2nd	Slagar
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2200033118	M. Rohith	CSG	14	Richath
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2000040255	Aovideeh.	ece	Bug	devdesh
220003304	S. Jahany	CSE	Ast	Roy
190010083	M. parcho	BT	4th	bud
2800030096	N. shanmukh priga.	C.S.E	Ut.	Ada
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