

Koneru Lakshmaiah Education Foundation (Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Ref: KLEF/SA/CEA/Events 2022–23

Date: 14-11-2022

Orders of the Vice Chancellor dt.14-11-2022 CIRCULAR

Sub: Conduction of Self Defence on 15-11-2022 to 17-11-2022 at China Kakani Village – Reg.

Ref: 1. Letter dt. 12-11-2022 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Self Defence on 15-11-2022 to 17-11-2022 at China Kakani Village.

Event	: Self Defence
Dates:	: 15-11-2022 to 17-11-2022
Timings	: 0130 pm to 04:00 pm
Venue	: China Kakani Village.

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)

REGISTRAR



REGISTRAR Koneru Lakshmaiah Education Foundation (Deemed to be University) Green Fields, VADDESWARAM-522 303 Guntur District, Andhra Pradesi.



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<u>A report on training for Girl students "Self Defence"</u> on 15/11/2022 to 17/11/2022 at China Kakani <u>Village</u>



Objective

The objective of the "Awareness Program on self-defense" organized by the KLEF_CEA team of KL Deemed to be University was to educate and raise awareness among the girls about the importance of self-defense and how to protect themselves against the people who abuse them. The program aimed to promote the personal safety of the women and to fight against the abusers.

The primary importance of self-defense is for women to be able to protect themselves against anything that's unacceptable in terms of social conduct. There is nothing more empowering than having the confidence to analyze a dangerous situation and take action to overcome them effectively. Self-defense's main motto is to build confidence in women.

Description

The program was organized between 15-11-2022 to 17-11-2022 in Z.P. High School, China Kakani village, Andhra Pradesh, under the National Service Scheme (NSS) of the university. Necessary arrangements were made by seeking permission from the Z.P. High School authorities. Volunteers arrived at Z.P. High School at 02:00 PM.

The team KLEF_CEA (Center for Extension Activities) conducted the event selfdefense for girl students in the school which helps to build them strong mentally and physically.

- By the event girl students came to know how self-defense helps them to protect themselves in any situation.
- By the event they build the confidence to fight in every dangerous situation.

The volunteers were divided into groups and briefed about self-defense to girls and then shown some of the self-defense methods and tricks in order to protect themselves against others... The volunteers make sure that every girl is aware of self-defense. The awareness program emphasized that every girl must be aware of self-defense which helps them to protect themselves in any odd situation. And it will also build selfconfidence to fight in any hazardous situation.

Faculty, students, and staff from KL Deemed University actively participated in the program, sharing knowledge and information about self-defense and learning about the precautions to be taken in order to protect themselves. The organizers expressed their satisfaction in educating the students about self-defense and its advantages.

Outcome

The "Awareness Program on Self-defense" had several positive outcomes. Firstly, the students from the Z.P. High School understood the benefits of self-defense and how it will be benefitted, and how it will improve the self-confidence to fight against evil. The program contributed to raising awareness among the girls about the importance of self-defense.

The volunteers of KLEF_CEA ensured that the information reached every student in the Z.P. High School. And the information provided to them is effective and beneficial to them in order to protect themselves and the volunteers are also shown the methods and tricks of self-defense.

The participation of faculty, students, and staff from KL Deemed University in such service programs not only benefited the students but also provided a sense of selfsatisfaction to the participants by serving the public in bonafide. It also helped them gain valuable experience in interacting with people, which could be beneficial for their future job interviews.

The felicitation of key individuals involved, such as Vice Chancellor Dr. G. Pardha Saradhi Varma, Pro-Chancellor Dr. TS. Jagannadha Rao, and others, highlighted the importance and recognition of the program within the university community.

Overall, the program successfully achieved its objective of creating awareness about self-defense, improving of self-confidence, and fostering a sense of responsibility toward personal and safety of the girls in the society.

Details of the Event		
Name of the Event	:	Self Defence
Date of the Event	:	15/11/2022 to17/11/2022
Time	:	01:50 pm to 4:00pm
Venue	:	Z P High School, China Kakani Village
No. of Participants	:	Students: 90, Faculty & Staff: 03
No. of Beneficiaries	:	525

Event Photos



We interacted with all students in school and shared about how to fight with evil and how to live strong.





Participated Volunteers List:

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