



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

❖ Approved by AICTE ❖ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/NSS Cell/2025-26

Date: 13-08-2026

Orders of the Hon'ble Vice Chancellor dt.13-08-2026

CIRCULAR

Sub: Conduction of Awareness on Antibiotic Resistance on 13-08-2026 at Sri Viswasanthi High School, Kantheru – Reg.

Ref: Letter received from Mr. P. Srikanth Reddy, Program Coordinator, KLEF NSS Cell and forwarded by Dr. K.R.S. Prasad, In-charge Dean (Student Affairs).

This is to inform you that the National Service Scheme (NSS) of KLEF will be organizing Awareness on Antibiotic Resistance on 03-08-2026 at Ippatam.

Event	: Look Behind the Label Know What You Eat
Date	: 13-08-2026
Place	: Sri Viswasanthi High School, Kantheru.
Timings	: 1:30 pm to 4:30 pm

Interested students can participate in this event.

For further information regarding this event contact Mr. P. Srikanth Reddy (Mobile No. 8466011222), Program Coordinator, KLEF NSS Cell and Mr. P. Suresh, NSS Coordinator, (Mobile No. 9493171719)

REGISTRAR



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National Service Scheme (NSS)

Look Behind the Label Know What You Eat



Event : Look Behind the Label Know What You Eat

Date : 13-08-2026

Place : Sri Viswasanthi High School, Kantheru.

Objective:

The objective of the “Look Behind the Label – Know What You Eat” program conducted on **13-08-2026** at **Sri Viswasanthi High School, Kantheru** was to create awareness among students about the importance of reading food labels and understanding the information provided on packaged food products. The program aimed to educate students about checking ingredients, nutritional information, manufacturing and expiry dates, additives, preservatives, and other important details before consuming packaged foods. It also focused on encouraging students to make informed and healthier food choices.

Description:

As part of the community awareness initiative, the **“Look Behind the Label – Know What You Eat”** program was organized on **13-08-2026** at **Sri Viswasanthi High School, Kantheru**. The activity focused on educating students about the importance of reading and understanding food labels before purchasing or consuming packaged food products. Students were explained how to identify important information such as the **ingredients, nutritional values, serving size, manufacturing and expiry dates, additives, and preservatives** mentioned on food packages.

The session also highlighted the importance of checking the levels of **sugar, salt, and fats** in packaged foods. Students were made aware that advertisements and attractive packaging may not provide complete information about a product. They were encouraged to compare food labels, check expiry dates, and understand nutritional information before making their food choices. The activity motivated students to develop the habit of reading food labels regularly and to make safer and healthier food choices in their daily lives.

Outcome:

The program successfully improved the students’ understanding of food labels and their importance in making informed food choices. Students gained awareness about checking ingredients, nutritional information, expiry dates, additives, and preservatives before consuming packaged foods. The activity encouraged them to pay greater attention to the nutritional content of food products and helped them understand how reading labels can support healthier eating habits. The students were motivated to share the knowledge gained with their family members and friends and to make more responsible food choices in their daily lives.

Impact on Society:

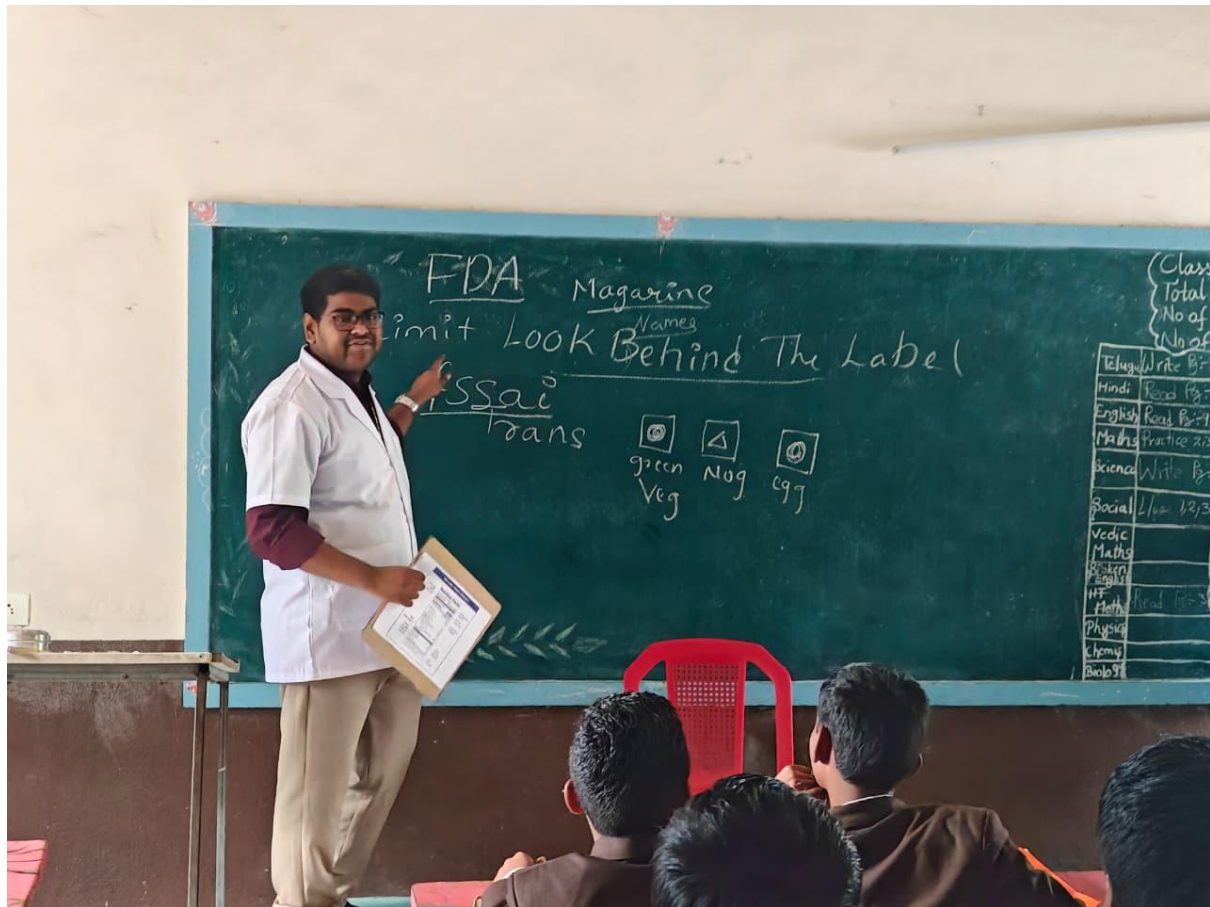
The program contributed positively to society by promoting awareness about **healthy eating, food safety, and responsible consumption** among school students. By encouraging students to read and understand food labels, the initiative can help them make better-informed choices and avoid unnecessary consumption of foods containing excessive sugar, salt, fats, or unwanted additives. The awareness gained by students can further reach their families and community through sharing of information. Overall, the initiative promoted healthier food habits, increased nutritional awareness, and encouraged individuals to become more informed and responsible consumers.

Details of the Event:

Name of the Event : Look Behind the Label Know What You Eat
Place of the Event : Sri Viswasanthi High School, Kantheru
Date of the event : 13-08-2026
No. of Hours : 01:30 pm to 4:30 pm
No. of Participants : Students: 26, Faculty: 01
Faculty Name : Dr. M. Hemalatha (ID No- 9029) - DOBT

Event Photos:







Participated Volunteers list:

S. No.	Name	ID No.	M/F	D/H
1	Abhishek	2600032422	M	H
2	Avinash	2600040435	M	H
3	Siva Sai	2600070038	M	H
4	Dhanwanth	2600040211	M	H
5	Subba Rao	2600032104	M	H
6	Tanush K	2400670012	M	D
7	Ram Manohar	2400670040	M	D
8	Karthik	2600010005	M	D
9	Sathwik	2600010062	M	H
10	Sri Lohith	2600010078	M	H
11	Naga Sai	2600070054	M	H
12	M. Lowkith	2600010050	M	H
13	M. Jishnu	2600010071	M	D
14	R. Praneeth	2600033360	M	H
15	P. Sasi	2600032423	M	H
16	T. Viswa Sai	2600040420	M	H
17	T. Ancel Rose	2600010012	F	H
18	T. Jagadeesh	2300010070	M	D
19	G. Poojitha	2600080127	F	D
20	M. Therisa	2600030320	F	D
21	U. Chanikya	2300010042	M	D
22	Haneela	2300010060	F	D
23	L. Siddhartha	2300010044	M	D
24	K. Harinath	2300010008	M	D
25	K. Nandini	2300010010	F	D
26	T. Nani	2300010065	M	D
27	V. Sarath	2300010047	M	D
28	K. Manish	2300010057	M	H
29	Neha	2300010038	F	D
30	K. Mohith	2600040493	M	H
31	B. Prazwal	2300010110	M	D
32	Sri Lekha	2300010058	F	D
33	Jahna	2300010072	F	D