



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; [www.klef.ac.in](http://www.klef.ac.in); [www.klef.edu.in](http://www.klef.edu.in); [www.kluniversity.in](http://www.kluniversity.in)

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2020-21

Date: 30-12-2020

### Orders of the Vice Chancellor dt.30-12-2020

#### CIRCULAR

Sub: Conduction of Yoga Programme on 01-01-2021 online event at KLEF – Reg.

Ref: 1. Letter dt. 29-12-2020 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs).

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This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Yoga Programme on 01-01-2021 online event at KLEF.

**Event** : Yoga Programme  
**Speaker** : Mr. K.V.N Murthy  
**Dates:** : 01-01-2021  
**Timings** : 09:30 am to 01:00 pm  
**Venue** : online event, KLEF

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR



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Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWARAM-522 302.  
Guntur District, Andhra Pradesh.



## Koneru Lakshmaiah Education Foundation

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### **Report on webinar of “YOGA” held on 01.01.2021 online mode event at KLEF**

#### **Description of the Event:**

On January 1<sup>ST</sup> 2021, KLEF-CEA had conducted “YOGA” webinar. This event is conducted in the presence of Mr. K.V.N MURTHY garu, Yoga faculty in DR. B.Ambedkar University, Srikakulam. We create awareness on some Health Tips and Yoga poses related to some health problems like Diabetes and Obesity.

In this webinar, many of the participants got awareness on YOGA. Mr. K.V.N Murthy explains about the history of yoga, diet plan for good health, how to breath correctly and yoga poses related to some health problems. Mr. K.V.N Murthy discussed about the food habits that we should take in nowadays with the participants. K.V.N Murthy garu conducted a practical session on yoga for one hour which is very useful to the participants. Some of the participants actively participated in practical sessions along with K.V.N Murthy. In the practical session K.V.N Murthy garu explained about yoga poses practically and also, he explained about the advantages of the yoga pose and what precautions we should take while we are doing that yoga pose. The topics which are explained by the sir are not only useful for physical fitness but also for mental strength and to create positive vibrations in our surroundings. We hope that these topics are useful to all the participants who attend this webinar.

At the end of the meeting participants actively participated in clarifying their doubts with the help of K.V.N Murthy garu. We have successfully conducted the webinar through WEBEX meetings.

## Benefits:

- Participants get awareness on yoga and some health tips.
- Participants know about how to keep themselves physically and mentally fitness.

Registration Link: <http://bit.ly/yogacea>

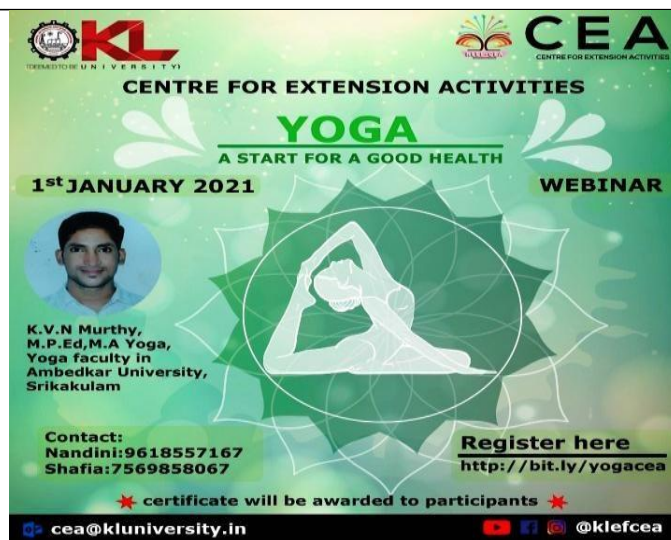
Webinar Link:

<https://kluniversity.webex.com/kluniversity/j.php?MTID=medddcb37b33b5f21a585ac0b4b16df612>

### Details of the Event

<b>Name of the Event</b>	:	Yoga Programme
<b>Date of the Event</b>	:	01.01.2021
<b>Time</b>	:	09:30 am to 1:00pm
<b>Venue</b>	:	online event, KLEF
<b>No. of Participants</b>	:	Students: 85, Faculty & Staff: 10
<b>No. of Beneficiaries</b>	:	236

### Event Photos:





Cisco Webex Meetings Meeting Info Hide Menu Bar • Connected •

File Edit Share View Audio & Video Participant Meeting Help

Speaking: varan kancharana (Cohort)

Layout

Participants (76)

Search

CLASS ROOM 094

varan kancharana

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170040206 Pranitha Docca

170040524 Ganeswar

170060022 sameeksha kadyam

180140033 Hiranma Pinamam...

190060005 Mohan Sai

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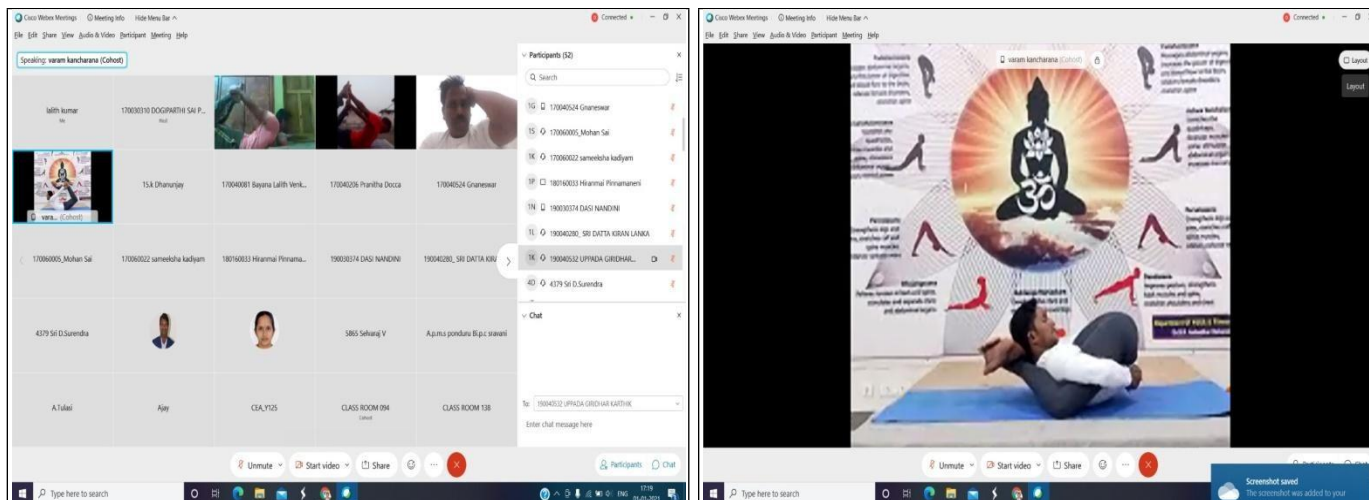
170060022 sameeksha kadyam

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190040280 SRI DATTATRI KIRAN LANKA

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4:57 PM 12/03/2020



The KLEF\_CEA team conducted yoga competition among the students through zoom meetings.

### Students list:

S.No	ID. No	Name	Year	Branch
1	190010077	Alla Sarvani	2nd	BT
2	170050113	Sanjay Vishnoi	4th	ECSE
3	170030282	Dasari Sai Deepika	4th	CSE
4	180010059	V Venkata Naga Sri Sarvani	3rd	BT
5	180010101	Alluri Lakshmi Naga Bhavani	3rd	BT
6	180010033	Tumu Teja	3rd	BT
7	180010073	N.V.P.Sai Sushmitha	3rd	BT
8	180010025	S Venkata Sai Dheeraj	3rd	BT
9	180010048	A.Devi Prasanna	3rd	BT
10	180010077	Rayavarapu Priyanka Chowdary	3rd	BT
11	190030579	Gunupuram Chandra Lekha	2nd	CSE
12	190040015	Allam Venkata Bindu Bhargav	2nd	ECE
13	190070095	S. Hari Durga Prasad Naidu	2nd	MECH
14	180020023	R.Rakesh	3rd	CIVIL
15	170040893	Akshitha Uppalapati	4th	ECE
16	180050052	Pasupuleti Nikhil	3rd	ECSE
17	190040689	Swarna Bodempudi	2nd	ECE
18	190050113	Keerthanasri Kolluri	2nd	ECSE
19	170040238	Ganji Srujana	4th	ECE
20	170030236	Chintha Dedeepya	4th	CSE
21	180030940	Nikhila Boppana	3rd	CSE
22	180040644	Chandana Dudam	3rd	ECE
23	180570027	Ganta Ankita	3rd	IAS
24	180040721	Madhuri. T	3rd	ECE
25	190031534	S.Ragaraghavi	2nd	CSE
26	190040699	Lohitha	2nd	ECE
27	180250011	Muppalla Sandhya	3rd	CAMS
28	170040515	Mallineni Venkata Meghana	4th	ECE
29	180563003	Bithin Kumar	3rd	CAMS
30	180563007	K. Jyothi Kiran Reddy	3rd	CAMS
31	180010014	Perini Turupati	3rd	BT
32	170040314	J Dharun Chowdary	4th	ECE
33	170040769	S Deepika	4th	ECE
34	180010041	P.Chaturya Ankamma	3rd	BT
35	190070003	Sreekar AR	2nd	MECH
36	180050025	V.Abhinav Chowdary	3rd	ECSE
37	170050092	Padavala Yathish Chandra	4th	ECSE
38	170050152	Yerra Pranaykrishna	4th	ECSE

39	170050132	V.Geethika	4th	ECSE
40	170050094	Parasa Kaushik	4th	ECSE
41	190010083	Pardhu. Maddula	2nd	BT
42	170041030	K. Sai Durga Rohith Reddy	4th	ECE
43	170160004	Mynam Divya Tejaswi	4th	B ARCH
44	180160030	Vamsi	3rd	B ARCH
45	170160021	M.Tabitha	4th	B ARCH
46	180563007	K. J .Kiran Reddy	3rd	CAMS
47	180563014	V.Kumar Mohan	3rd	CAMS
48	170160005	T Pawan Kumar	4th	B ARCH
49	170160025	Rajashree Ghantasala	4th	B ARCH
50	170040594	Anagani Naga Vardhan	4th	ECE
51	170040610	N.Premkumarreddy	4th	ECE
52	170030842	M. Rohitha Reddy	4th	CSE
53	170040398	K.Mahesh Vardhan	4th	ECE
54	180010038	P.Dinesh Sai Kumar	3rd	BT
55	180010089	Mohammad.Munwar	3rd	BT
56	180010019	Kakumanu Prashanth Babu	3rd	BT
57	180010042	Ventrapragada Likhita	3rd	BT
58	180050096	Gopina Sri Kavya Devi	3rd	ECSE
59	180050044	B.Mothi Chandra Sai Govind	3rd	ECSE
60	170030169	Manohar Bravara	4th	CSE
61	170031370	Veeravalli Rohith	4th	CSE
62	170030798	Sumanth Maturi	4th	CSE
63	170040977	Y Pavan Teja	4th	ECE
64	170040750	Riya Sarah Angel Korrapolu	4th	ECE
65	170040947	Vishnu Priya Chimata	4th	ECE
66	170040302	Jahnavi Ponnamm	4th	ECE
67	170041013	Kola Ramya Sri Veni	4th	ECE
68	190010067	V Lasya Sri	2nd	BT
69	190070017	D.Vamsi Surya Prakash	2nd	MECH
70	190010080	Sai Ajay. Nimmagadda	2nd	BT
71	190040639	N.Adithya Reddy	2nd	ECE
72	170041010	Idarapalli Sai Sourav	4th	ECE
73	190010044	Oruganti Krishna Keerthika	2nd	BT
74	190010013	Gadiraju Sarvani	2nd	BT
75	170030804	Jagathi Medempudi	4th	CSE
76	170050003	Alla Harshitha	4th	ECSE
77	170040440	K.Srinivasa Reddy	4th	ECE
78	170040566	Dheeraj Kumar	4th	ECE
79	170040211	Joy Sanjana.D	4th	ECE
80	170041044	G.Dheeraj Sai	4th	ECE
81	170040610	N.Premkumarreddy	4th	ECE
82	180030078	Banka Venkata Sai Kaushik	2nd	CSE
83	170160025	Raja Rajeswari Ghantasala	4th	B ARCH
84	190031361	P Leelasri Anjani	2nd	CSE
85	180031294	M Deeraj	3rd	CSE

KRSPQESed

(Dr K R S Prasad)

Dean Students Affairs

Dean (Student Affairs)  
Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
GreenFields, VADDESWARAM-522502,  
Guntur Dist, Andhra Pradesh.