



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified
Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.
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Ref: KLEF/SA/CEA/Events 2021-22

Date: 30-09-2021

Orders of the Vice Chancellor dt.13-08-2021

CIRCULAR

Sub: Conduction of Bala Vikasam, Menstrual Hygiene & Little Green Inches on 01-10-2021 at Vaddeswaram Village & Mangalagiri Town – Reg.

Ref: 1. Letter dt. 29-09-2021 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs),

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Bala Vikasam, Menstrual Hygiene & Little Green on 01-10-2021 at Vaddeswaram Village & Mangalagiri Town.

Event : Bala Vikasam, Menstrual Hygiene & Little Green Inches
Dates : 01-10-2021
Timings : 9:30 am to 01:30 pm
Venue : Vaddeswaram Village & Mangalagiri Town

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)




REGISTRAR

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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWARAM-522
Guntur District, Andhra Pradesh.



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Report on “Creating awareness among girl students about Menstrual Hygiene” held on 01/10/2021 at Mangalagiri.

Description of the Event:

Menstruations are the ultimate weapon of re creation. Apart from severe physical pain, menstruations require nurturing, care and especially no period shaming. Menstrual health plays a pivotal role in every girl's and a woman's life. Maintaining a balanced diet and ample exercising, aids for a good menstrual health. Hygiene during this period of time reduces many adverse affects of post adolescent and post menopause.

We team KLEF-CEA has successfully accomplished the event “menstrual hygiene” after some substantial ground works. The event was held with a motto of educating girls at their puberty to deal with the most common biological change that happens with their body that is, “periods”.

As a part of this event our volunteers interacted with the girls of municipal high school, Mangalagiri and enlightened them with the amount of care and nurturing that their body require during their menstruation. The event created awareness among many girls and encouraged them to share their concerns regarding periods without any embracements. This is a step taken towards the vision leading to “No period shaming”. The girls were educated about the necessity of sanitary napkins and the right manner to use them. They were also thought the ways to dispose the sanitary napkins. Our volunteers also projected a power point presentation in the class rooms showing the video elaboration regarding the usage of menstrual cups.

Benefits:

1. Educated young girls regarding menstrual hygiene and explained the science behind periods.
2. Addressed their problems and suggested few medically proved natural remedies.
3. A step against period shaming.

Details of the Event

Name of the Event : “Menstrual Hygiene”
Date of the Event : 01/10/2021
Time : 9:30 am to 1:00pm
Venue : Z.P High school, Mangalagiri
No. of Participants : Students: 90, Faculty & Staff: 02
No. of Beneficiaries : 20

Event Photos:



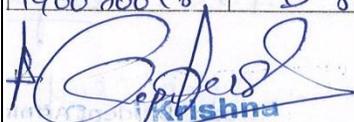
The KLEF_GEA team conducted an event on menstrual hygiene in the Z.P. High School and explained to the students about the importance of menstrual hygiene and its side effects if not taken care.



The KLEF_CEA team conducted an event on menstrual hygiene in the Z.P. High School and explained to the students about the importance of menstrual hygiene and its side effects if not taken care.

Participated Volunteers List:

ID. No	Name of the Student	Branch	Year	Signature
2000031126	Ch. Chaitanya	CSE	2nd	Chaitanya
2000031102	K. Vyshnavi	CSE	2nd	Vyshnavi
2000030422	G. Karishma	CSE	2nd	Karishma
2100560516	G. Vaibhav	BBA	1st	Vaibhav
190049009	M. Prudhvi	CSE	3rd	Prudhvi
210560518	K. Subhitha	BBA	1st	Subhitha
2000030325	G. Hrudhika	CSE	2nd	Hrudhika
2100360503	V. Sabish	BBA	1st	Sabish
190031193	S. Neevya	CSE	3rd	Neevya
190030092	A. Vaishnavi	CSE	3rd	Vaishnavi
2000600015	M. Preeti	BHM	2nd	Preeti
190550042	G. Nikhitha	BBA	3rd	Nikhitha
190030302	Ch. Rishitha	CSE	2nd	Rishitha
2000030346	G. Pavan	CSE	2	Pavan
2100090088	M.V. Sri Varsha	CSIT	1st	Sri Varsha
2000520014	S.K. Salma	BBA	2nd	Salma
190050104	K. Dinesh	ECM	3rd	Dinesh
2000019005	S.K. Shreya	CSIT	2nd	Shreya
2100560056	Ch. Abhi Ram	BBA	1st	Abhi Ram
2000031876	P. Venkatesh	CSE	2nd	Venkatesh
190020114	V. Ananthash Reddy	Mech	3rd	Ananthash Reddy
200055080	N. Haritha	LLB	3rd	Haritha
200090112	T. Shiva Lakshma	CSIT	2	Shiva Lakshma
190010035	K. Manya	BT	3rd	Manya
190040360	N. APOORVA	ECE	3rd	Apoorva
190070036	K. Anudeep	Mech	3rd	Anudeep
2100031853	Ch. Srinivas	CSE	1st	Srinivas
190031209	V. Vasitha	CSE	3rd	V. Vasitha
190020018	D. Riva Ganesh	Mech	3rd	Riva Ganesh


A. Suresh
 Incharge
 for Student Activities (CEA)
 Education Foundation
 (Deemed to be University)
 Addeswaram-522 502.

ID. No	Name of the Student	Branch	Year	Signature
2100031853	Ch. Srinivas	CSE	1st	
2100560506	R. Padani	BBA	1st	
190040606	G. Naveen	ECE	3rd	
2000052259	A. Kiran	CSE	2nd	
2100031646	A. Sai Surya	CSE	1st	
2100560313	B. Varshitha	BBA	1st	
19005050	Nishantha	LLB	3rd	
190030097	A. Vaishnavi	CSE	2nd	
2100560512	P. Mahesh	BBA	1st	
190031197	S. Neeaja	CSE	3rd	
2000031053	V. Likhitha	CSE	2nd	
190030302	Ch. Rishitha	CSE	3rd	
2100560520	D. Manikantha	BBA	1st	
190050104	K. Dinesh	ECM	3rd	
190030129	B. Priya	CSE	3rd	
2000090112	T. Siva Krishna	CSIT	2nd	
190020024	S. Hemanth	Civil	3rd	
190070134	K. Manikanta	Mech	3rd	
190069012	S. Meeh	EEE	3rd	
190060499	A. Lohitha	ECE	3rd	
190550074	S. Meghana	LLB	3rd	
2100560086	Ch. Abhi Ram	BBA	1st	
180050016	M. Meghana	ECSE	4th	
190022012	B. Paashu	CE	3rd	
190550044	D. Geetanjali	LLB	3rd	
190020033	A. Madaru	CE	3rd	
2200080059	S. Lohitha	BBA	2nd	
2000030840	R. Karthik	CSE	2nd	
2100090082	Ch. Lohitha	CSIT	1st	

ID. No	Name of the Student	Branch	Year	Signature
190031942	J. Sai Krishna	CSE	3 rd	
2100560516	G. Vaibhav	BBA	1 st	
190070509	S. Sobul	ECE	3 rd	
180020023	V. Vaalaa	CE	4 th	
18000100031	P. Preethi	BT	4 th	
2100090068	M.V. Sri Varsha	CST	1 st	
190010035	K. Manya	BT	3 rd	
1900621429	V. Varshita	CSE	3 rd	
190031976	Ch. Ganesh	CSE	3 rd	
1900550042	G. Nikhitha	BBA	3 rd	
190010093	P. Sai Praveethi	BT	3 rd	
2100560503	Y. Saksh	BBA	3 rd	
2000031444	S. Niharika	CSE	2 nd	
2000019005	S. Shreya	CST	2 nd	
190040360	N. Apoorva	ECE	3 rd	
180050070	K. Priyanka	ECSE	4 th	
190070019	D. Diva Ganesh	Mech	3 rd	
180050096	G. Kavya	ECSE	4 th	
190050010	Niharika	LLB	3 rd	
180050005	R. Calah	ECSE	4 th	
190070036	K. Anudeep	Mech	3 rd	
210560519	K. Sumitha	BBA	1 st	
200050014	S. Sakma	BBA	2 nd	
190001129	M. Leela rejini	CSE	3 rd	
190070114	Y. Santhosh Reddy	Mech	3 rd	
180050089	A. Ramya	ECSE	4 th	
2000031876	P. Venkatah	CSE	2 nd	
2100560266	B. Varika	BBA	1 st	
2000600015	M. Preethi	BHM	2 nd	

Dr. P. Gopikrishna
 Professor Incharge
 Centre for Extension Activities (CEA)
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 Dean (Student Affairs)
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