



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2022-23

Date: 05-12-2022

### Orders of the Vice Chancellor dt.05-12-2022

#### CIRCULAR

Sub: Conduction of Poor Mental, Physical Health & Taboos on Menstruation on 06-12-2022 at Pedapalem & Tadepalli Villages – Reg.

Ref: 1. Letter dt. 03-12-2022 from Dr. P. Gopi Krishna, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Poor Mental, Physical Health & Taboos on Menstruation on 06-12-2022 at Pedapalem & Tadepalli Villages.

**Event** : Poor Mental, Physical Health & Taboos on Menstruation  
**Dates:** : 06-12-2022  
**Timings** : 01:30 am to 04:30 pm  
**Venue** : Pedapalem & Tadepalli Villages

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. P. Gopi Krishna (Mobile No. 9963696066), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



  
**REGISTRAR**

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Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWAREM-522 302  
Guntur District, Andhra Pradesh.



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### **A report on Awareness mental health “Poor Mental Health and Physical Health” on 06/12/2022 at Peda Palem Village.**



CENTER FOR EXTENSION ACTIVITIES






**POOR MENTAL HEALTH AND PHYSICAL HEALTH**



DATE  
**06-12-2022**

VENUE  
**PEDAPALEM**

 /klefcea

**Circular**

The objective of the "POOR MENTAL AND PHYSICAL HEALTH" organized by the Department of psychology at KL Deemed to be University was to educate and raise awareness among the students of Z.P. High School, and how to change their mindset to survive in this era.

### **Description**

The program was organized on 06-12-2022 in Z.P. High School, Pedapalem Village, Andhra Pradesh, under the National Service Scheme (NSS) of the university. Necessary arrangements were made by seeking permission from the school headmaster. Volunteers, led by the university's NSS Program Coordinator Mr. P. Srikanth Reddy, arrived in school at 01:30 pm.

The volunteers were divided into groups and placed under the guidance of Program Officer Mr. K. Srikanth, CEA Coordinator Mr. P. Suresh, and Mr. GVKP Chandrasekhar. They were shared their knowledge on physical health and the tips to be taken to be strong mentally and physically. The volunteers visited school to educate the students about the change in mental conditions and physical conditions.

The awareness program emphasized personal safety measures to protect themselves against the panic attacks and we explained to the students how to face the problems faced by the students in their daily school life and try to solve their problems.

Faculty, students, and staff from KL Deemed University actively participated in the program, sharing knowledge and information about the real life situations. The organizers expressed their satisfaction in educating students in schools and the positive impact of participating in such service programs.

### **Outcome**

The "POOR MENTAL AND PHYSICAL HEALTH" had several positive outcomes. Firstly, the students of Z.P. High School, Pedapalem were educated about the mental health issues, many people don't realize that mental illness has a direct impact on physical health because of misconceptions about the relationship between physical and mental health.

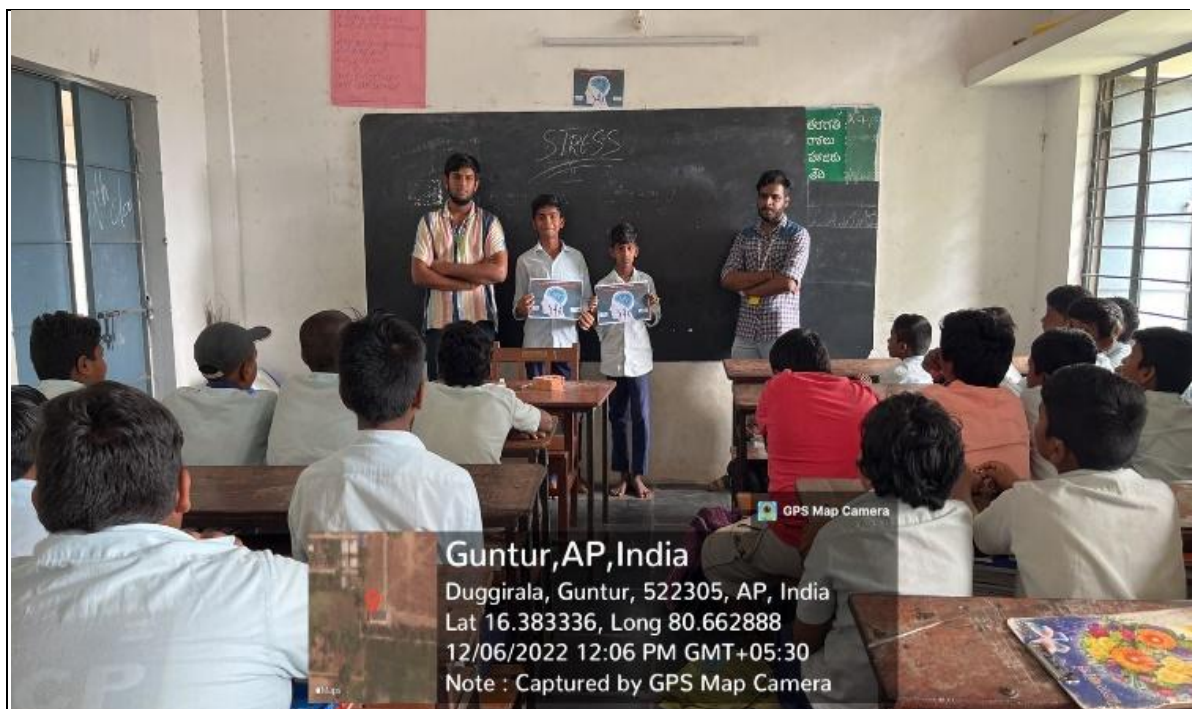
The volunteers' visits ensured that the information reached every student in the school. By providing information on preventive measures. The participation of faculty, students, and staff from KL Deemed University in such service programs not only benefited the students but also provided a sense of self-satisfaction to the participants. It also helped them gain valuable experience in interacting with people, which could be beneficial for their future job interviews.

The felicitation of key individuals involved, such as Vice Chancellor Dr. G. Pardha Saradhi Varma, Pro Chancellor Dr. TS. Jagannadha Rao, and others, highlighted the importance and recognition of the program within the university community. Overall, the program successfully achieved its objective of creating awareness about the mental and physical health for students to strengthen themselves.

#### **Details of the Event**

<b>Name of the Event</b>	:	Poor Mental Health and Physical Health
<b>Date of the Event</b>	:	06/12/2022
<b>Time</b>	:	01:50 pm to 4:00pm
<b>Venue</b>	:	Z.P. High School, Peda Palem Village
<b>No. of Participants</b>	:	Students: 94, Faculty & Staff: 02
<b>No. of Beneficiaries</b>	:	220

#### **Event Photos:**





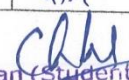


We interacted with students about their health issues and how to live mentally strong.



### Participated Volunteers List:

ID.No	Name of the Student	Branch	Year	Signature
190030352	Harshitha Pavan	CSE	4th	Pavan
20000303126	Ch. Sap Dev	CSE	4th	Dev
190030044	A. Durga	CSE	4th	Durga
2000030772	P. Naga Sai	CSE	3rd	Sai
190030568	G. Prabhakar	CSE	4th	Prabhakar
2000040059	K. Jandeevi	ECE	3rd	Jandeevi
2000040002	A. Bhavya	ECE	3rd	Bhavya
2000040038	G. Tyothi Suresh	ECE	3rd	Tyothi
190030344	Ch. Hari Charan	CSE	4th	Charan
2000090003	A. Akash	ECE	3rd	Akash
2000040117	R. Nithish	ECE	3rd	Nithish
2000040035	P. Tanishka	ECE	3rd	Tanishka
190030162	B. Sri Vidhya	CSE	4th	Sri Vidhya
2000040005	A. Danyanthi	ECE	3rd	Danyanthi
2000040113	P. Vamsi Krishna	ECE	3rd	Vamsi
2000040012	T. Jansi Teja	ECE	3rd	Jansi
190030891	K. Charan	CSE	4th	Charan
200001003	C. Nithish	ECE	3rd	Nithish
2000040162	M. Keerthi	ECE	3rd	Keerthi
2000010153	Jatani	ECE	3rd	Jatani
190030727	K. Sai Kiran	CSE	4th	Sai Kiran
2000040017	P. Kalyan	ECE	3rd	Kalyan
2000040110	P. Baksh	ECE	3rd	Baksh
2000040042	Ch. Neha	ECE	3rd	Neha
19001030136	V. Pranya	CSE	4th	Pranya
2000040028	Ch. Balu Namsi	ECE	3rd	Balu
2000040156	G. Siva	ECE	3rd	Siva
2000040040	G. Saketh	ECE	3rd	Saketh
190030669	K. Meghana	CSE	4th	Megha
2000040034	G. Venkata Akhila	ECE	3rd	Akhila
2000040048	B. Hari Prayag	ECE	3rd	Prayag
2000040012	B. Nuanay	ECE	3rd	Nuanay
190031729	N. Sravani	CSE	4th	Sravani

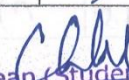
  
 Dean (Student Affairs),  
 Koneru Lakshmaiah Education Foundation  
 (Deemed to be University)  
 GreenFields, VADDESARAM-522502,  
 Guntur Dist, Andhra Pradesh.



ID.No	Name of the Student	Branch	Year	Signature
190010018	J. Gowtham Akash	BT	4th	Gowtham
200002002	B. Madhu Vishal	CSE	3rd	Madhu
200004008	M. Akhila	ECE	3rd	Akhila
2000030871	R. Ragu	CSE	3rd	Ragu
190010031	K. Satyarathi	BT	4th	Satya
2000030459	K. Hemanth	CSE	3rd	Hemanth
2000040053	J. Sweetha	ECE	3rd	Sweetha
2000040059	K. Jaideep	ECE	3rd	Jaideep
190010023	K. Dhruv	BT	4th	Dhruv
2000030399	K. Surinagar	CSE	3rd	Surinagar
2000040089	M. Sasi Kumar	ECE	3rd	Sasi Kumar
2000030169	CH. Mohan	CSE	3rd	Mohan
190010020	J. Devendra Nath	BT	4th	Devendra Nath
2000030460	K. Leela Krishna	CSE	4th	Leela Krishna
2000040163	Y. Kavya	ECE	3rd	Kavya
2000030295	G. Sri	CSE	3rd	G. Sri
190010043	O. Bharath	BT	4th	Bharath
2000030053	A. Mani Satya	CSE	2nd	Mani Satya
2000040004	A. Abhilash	ECE	3rd	Abhilash
2000030202	CH. Sai Prashanth	CSE	3rd	Sai Prashanth
190010001	A. Neha reddy	BT	4th	Neha reddy
2000030645	G. Mounika	CSE	3rd	Mounika
2000040063	K. Saradhar	ECE	3rd	Saradhar
2000030990	B. Rishabh	CSE	3rd	Rishabh
190010003	P. Nithya	BT	4th	Nithya
2000040014	B. Shankar	ECE	3rd	Shankar
2000030184	J. Nikhil	CSE	3rd	Nikhil
2000040086	M. Abhiram	ECE	3rd	Abhiram



ID.No	Name of the Student	Branch	Year	Signature
190010057	S.K. Kaja	BT	4th	Kaja
2000040132	S. Abhiram	ECE	3rd	Abhi
190010055	K. Adithi	BT	4th	Adi
190010046	Q. Nithya	BT	4th	Nithya
190010015	G. Vimeetha	BT	4th	Vimeetha
190010021	J. Mesendera	BT	4th	Mesendera
200040081	M. Vinay	ECE	3rd	Vinay
200010019	Meghna	BT	3rd	Meghna
200100196	Arunod	BT	3rd	Arunod
190010058	S. Sarayu	BT	4th	Saru
200100202	A. Shanmukha	BT	3rd	Shan
190010069	V. Manasa	BT	4th	Manasa
20010021	M. Saesta	BT	4th	Saesta
200004004	M. Sai Abhiram	ECE	3rd	Sai Abhi
190010035	M. Sri Manya	BT	4th	Sri Manya
190010077	B. Vikranth Varma	CSE	4th	Vikranth
190010021	Rishuck	CSE	4th	Rishuck
200100210	P. Aravind	ECE	3rd	Aravind
20010003	A. Prasad	BT	3rd	Prasad
20010040	K. Shanmukh	BT	3rd	Shanmukh
2000110041	Nithya Chaudhary	BT	3rd	Nithya
20010011	T. Bhavani	BT	3rd	Bhavani
2000040070	K. Laxitha Sri	ECE	3rd	Laxitha
2000100100	G. Durga	BT	3rd	Durga
2000100201	Nithya Munu	BT	3rd	Nithya
200010030	T. Tharun	BT	3rd	Tharun
20000100	Ch. Nithya	BT	3rd	Nithya
200004037	B. Shourabh	ECE	3rd	Shourabh
200010018	Mahaveer	ECE	3rd	Mahaveer
20010019	G. Ganeshwar	BT	3rd	Ganeshwar

  
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