



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Ref: KLEF/SA/CEA/Events 2023-24

Date: 29-08-2023

Orders of the Vice Chancellor dt.29-08-2023

CIRCULAR

Sub: Conduction of Atomic Habits on 30-08-2023 at Tadepalli Village – Reg.

Ref: Letter dt. 28-08-2023 received from Dr. M. Subramanyam, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Atomic Habits on 30-08-2023 at Tadepalli Village.

Event : Atomic Habits
Dates: : 30-08-2023
Timings : 01:30 pm to 04:00 pm
Venue : Tadepalli Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR
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Green Fields, VADDESWAREM-522 302.
Guntur District, Andhra Pradesh.

Objective

The main objective of this event is teaching the students on how to organize day to day activities. So where you may learn how the skill of making modest changes can result in remarkably impressive personal and professional success. By using the science of habit development, you will be equipped by this event to make long-lasting improvements in your life. The KLEF_CEA team decided to organize the event “ATOMIC HABITS” at Aravinda high school, Tadepalli village on August 30, 2023.

Description:

Atomic Habits is an incredible book by James Clear that reveals the secret to making lasting changes in our lives. It teaches us that by focusing on small, consistent actions, we can achieve remarkable results. Clear provides practical strategies to build good habits and break bad ones, emphasizing the importance of tiny, incremental improvements. He explains how our habits shape our identity and offers actionable steps to create positive habits that align with our goals. With insightful anecdotes and scientific research, Atomic Habits empowers us to take control of our daily routines and make meaningful progress towards becoming the best version of ourselves. It's a must-read for anyone seeking personal growth and transformation!

The KLEF_CEA team organized an event named “ATOMIC HABITS” on 30th August 2023 at Aravinda high school, Tadepalli Village.

The procedure of the event:

- ❖ The KLEF_CEA team arrived at the location
- ❖ After the KLEF_CEA team raised their voices about the Atomic habits and their significance.
- ❖ Also explained about the personality development.
- ❖ At last, the students of Aravinda School and KLEF_CEA team volunteers joined together to raise their voices about the Atomic Habits.

Outcome

- The lessons at the Atomic Habits event helped students understand the importance and history of building good habits.
- They also learned about the benefits of small, consistent actions and the impact they can have on personal growth.
- The organizers did an amazing job raising awareness, and the students felt the event achieved its main objective.
- The volunteers were friendly and the participants, filled with enthusiasm, left inspired to make positive changes in their lives. Some even expressed interest in adopting atomic habits to achieve their goals.
- It was a truly successful and impactful event!

Event Photos:



Place: Tadepalli Village


Date: 30-08-2023

Name of the Event: Atomic Habits

S.No	ID. No	Name of the Student	Branch	Signature
1	2000070003	Sai Milind Balla	MECH	Sai-M-B
2	2000070094	Battula Gandhi	MECH	Gandhi
3	2100070001	Kolluru Sandeep	MECH	Sandeep K.
4	2000070045	Gopalam Sravan Kumar	MECH	Kumar
5	2100070005	Puli Gopala Krishna	MECH	P. Gopala Krishna
6	2000070055	Velagapudi Navneeth	MECH	Navneeth
7	2200070004	Yaikuntam Dhanush Chowdary	MECH	Dhanush
8	2100070004	Medendarao Abhiram Tagore	MECH	Abhi.
9	2000070020	Mangam Sam Praneeth Sasank	MECH	M-S. P. Sasank
10	2100070006	Viswanadhapalli Girivarma	MECH	Girivarma
11	2200070005	Kona Nitish Kumar	MECH	Nitish Kumar
12	2000070004	Basava Chandra Narasimha Mouli	MECH	Narasimha.
13	2300070002	Malipeddi Sai Siva Lalith	MECH	Lalith.
14	2000070058	Jonnadula Yuva Durga Sai Jagannadh	MECH	Durga
15	2100070003	Mohana Krishna Venigalla	MECH	Krishna
16	2000070024	Arza Mounik Sam Jeshurun	MECH	Mounik
17	2300070003	Medam Eshitha Reddy	MECH	Eshitha Reddy
18	2000070034	Padala Arjuna Reddy	MECH	Arjuna Reddy P.
19	2100070007	Chintapalli Ajay Dhana Reddy	MECH	Ajay -
20	2000070019	Krishna Adithya Chelikani	MECH	Adithya
21	2200070007	Adapala Venkata Sai	MECH	Sai.
22	2100070002	Rejeti Srinivas	MECH	Srinivas
23	2000070001	Akkiseti Yoganand	MECH	Yoganand.
24	2300070013	Mandava Sai Nagendhar	MECH	Nagendhar
25	2000070013	Puppala Jaya Vamsi	MECH	Vamsi P.
26	2300070004	Pasalapudi Veera Venkata Ravi Kishore	MECH	P.V.V. Ravi Kishore.
27	2000070028	Nandhivargam Rachan	MECH	N. Rachan
28	2200070006	Bondili Harshith Singh	MECH	Harshith
29	2100070010	Sirasapalli Roshan	MECH	Roshan
30	2000070008	Gayatri Ramya Kothuri	MECH	Ramya K.
31	2100070008	Rajesh Kantipudi	MECH	Rajesh K.

S.No	ID. No	Name of the Student	Branch	Signature
32	2000070010	Gunnam Sai Prasant	MECH	Sai.
33	2100070011	Vangala Narsi Reddy	MECH	Narsi Reddy
34	2000070029	Nekkanti Nekkanti Ramsai	MECH	Nekkanti.
35	2300070005	Banda Harsha Vardhana Srivathsa	MECH	B.H.Vardhan.
36	2100070009	Gangireddy Gnaneswar Reddy	MECH	Gnaneswar Reddy
37	2000070023	2013201 Mohith Kumar Badri	MECH	B.Mohithkuma
38	2300070006	Sayani Venkata Sri Sai Akhil	MECH	S.V.S.S. AKHIL
39	2000070093	Chaganti Pooja Sri	MECH	Pooja Sri
40	2100070040	Seelam Hema Sasank	MECH	S. Hema Sasank.
41	2000070051	Valaboju Naveen Chary	MECH	Naveen.
42	2300070007	Mahammad Abdul Rahaman Abid	MECH	Abid.
43	2200070008	Kondapaneni Lakshmi Pratap	MECH	Pratap.
44	2000070002	Bevara Dhanush B	MECH	B.B.Dhanush
45	2300070009	Pepakayala Revanth Swaroop	MECH	Swaroop.
46	2000070005	Bommu Likith Sai Kumar Reddy	MECH	Sai Kumar
47	2300070010	Pasala Abhiram Chowdary	MECH	Abhiram.
48	2000070049	Thikkisetty N V Praneeth	MECH	Praneeth.
49	2300070015	Dasari Joseph Jakwes	MECH	Joseph
50	2100070014	V Sai Deepak Kona	MECH	Deepak.
51	2000070053	Veeranki Naga Rajendra Prasad	MECH	Rajendra.
52	2300070017	Mugal Araham Altaf	MECH	Altaf
53	2100070012	Nimmadi Satyanarayana	MECH	Satya Sai
54	2000070037	Cherukuri Puneet	MECH	Puneet
55	2300070018	Gedala Johnny Babu	MECH	Johnny Babu
56	2000070025	Mukthinuthalapati Satya Sai	MECH	Satya Sai
57	2100070015	Marri Danesh Venkata Gopi	MECH	Gopi.
58	2000070021	Motupalli Harsha Vardhan	MECH	Vardhan.
59	2200070009	Borru Bharath Sai	MECH	Bharath
60	2000070015	Kesana Muralidhar	MECH	Muralidhar
61	2000070084	Dupati Pavan Kalyan	MECH	Kalyan
62	2100070033	Meda Pragath	MECH	Pragath
63	2300070014	Shaik Faysal Hussain	MECH	SK Faysal
64	2000070095	Susan Khadka	MECH	Khadka.
65	2000070011	Jampani L N K Surya Sri Charan	MECH	Charan

S.No	ID. No	Name of the Student	Branch	Signature
66	2300070012	Jonnakuti Sravan Kumar	MECH	J. Sravan Kumar
67	2000070044	Sivapuram Venkata Satya Hyndav	MECH	Satya
68	2100070013	Saladi Karthikeya Sai Rama Krishna	MECH	Sai Rama Krishna
69	2000070046	Tangirala V S Pavan Sri Harsha	MECH	Harsha
70	2300070011	Nagulapalli Sai Ananth	MECH	N. Sai Ananth
71	2000070047	Thotakura Krishna Sanjeev Chowdary	MECH	Sanjeev.
72	2300070021	Mahankali Rohith	MECH	Rohith.
73	2100070039	Kasibhatla Chandra Haasa	MECH	Haasa.
74	2000070043	Shaik Ashraf Ali	MECH	S.K. Ali
75	2200070010	Bhattu Kesava Sai	MECH	Kesava
76	2000070032	Pathakota Gowtham Reddy	MECH	Reddy
77	2100070038	Sobuj Mondal	MECH	Mondal
78	2000070031	N. Venkata Naga Gopala Joga Rao	MECH	Joga
79	2300070022	Shaik Intiyaz	MECH	S.K. Intiyaz
80	2000070026	Mukthinuthalapati Phani Krishna	MECH	Phani
81	2200070012	Ayush Avuri	MECH	Ayush
82	2000070075	Kurapati Sai Praneeth	MECH	K. Sai Praneeth


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