



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

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Ref: KLEF/SA/CEA/Events 2023-24

Date: 21-09-2023

Orders of the Vice Chancellor dt.21-09-2023

CIRCULAR

Sub: Conduction of Nutrition Awareness on 22-09-2023 at Gundemeda Village – Reg.

Ref: Letter dt. 20-09-2023 received from Dr. M. Subramanyam, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Nutrition Awareness on 22-09-2023 at Gundemeda Village.

Event : Nutrition Awareness
Dates: : 22-09-2023
Timings : 01:30 pm to 04:30 pm
Venue : Gundemeda Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR

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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWAREM-522 302.
Guntur District, Andhra Pradesh.



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A report on “Nutrition Awareness” 22/09/2023 at Pedapalem Village




CENTRE FOR EXTENSION ACTIVITIES

NUTRITION AWARENESS



DATE: 22/09/2023
VENUE: PEDAPALEM

 /klefcea

Details of the Event:

Date of the Event : 22-09-2023
Name of the Event : Nutrition Awareness
No. of Hours : 10:30am To 12:30pm
Venue of the Event : Pedapalem
No. of Participants : Students: 75, Faculty: 02
No. of Beneficiaries : 122

Objective:

The objective of the Nutrition Awareness program conducted by KLEF - CEA is to educate and raise awareness about the importance of nutrition, healthy eating habits, and overall well-being among the students and residents of Gundemeda Village. By imparting knowledge about proper nutrition, we aim to promote healthier lifestyles and reduce the prevalence of malnutrition and related health issues in the community.

Description:

Nutrition is a cornerstone of good health, and it plays a vital role in the physical and mental development of individuals. However, in many communities, including Gundemeda Village, there is often a lack of awareness regarding balanced nutrition and its significance. This program seeks to bridge that knowledge gap by providing valuable information about the benefits of nutritious diets, the importance of essential nutrients, and practical tips for making healthier food choices.

Event Procedure:

KLEF - CEA organized a Nutrition Awareness program at U.P School in Gundemeda Village on 22nd September 2023. The event was designed to be informative and engaging, with a focus on interactive sessions to maximize learning.

Educational Workshops:

The program began with informative workshops conducted by experts in the field of nutrition. These workshops covered topics such as the basics of nutrition, the food groups, recommended daily allowances, and the importance of a balanced diet.

Interactive Sessions:

Open discussions and Q&A sessions allowed participants to ask questions and seek clarification on nutrition-related topics. The exchange of ideas and experiences was encouraged.

Outcomes:

The Nutrition Awareness program conducted at U.P School in Gundemeda Village on 22nd September 2023 achieved several positive outcomes:

Increased Awareness: Participants gained a better understanding of the importance of nutrition and its impact on their health and well-being.

Improved Knowledge:

Attendees learned about the essential nutrients required for healthy living and acquired practical knowledge on how to incorporate them into their diets.

Positive Behavioral Changes:

Many participants expressed an intention to make healthier food choices and adopt balanced diets, contributing to better overall health in the community.

Community Engagement:

The program fostered community engagement and encouraged open discussions on nutrition-related concerns, creating a supportive environment for healthier living.

By conducting this Nutrition Awareness program, KLEF - CEA aimed to make a positive contribution to the health and well-being of Gundemeda Village and empower its residents to make informed decisions regarding their dietary habits.

Event Photos:





Guntur, AP, India
Tadepalle, Guntur, 522303, AP, India
Lat 16.444667, Long 80.631511
09/22/2023 02:25 PM GMT+05:30
Note : Captured by GPS Map Camera



Guntur, AP, India
Tadepalle, Guntur, 522303, AP, India
Lat 16.444905, Long 80.631496
09/22/2023 02:41 PM GMT+05:30
Note : Captured by GPS Map Camera



Guntur, AP, India
Tadepalle, Guntur, 522303, AP, India
Lat 16.444609, Long 80.631615
09/22/2023 02:27 PM GMT+05:30
Note : Captured by GPS Map Camera

Place: Gundlmeda Village

Date: 22-09-2023

Name of the Event: Nutrition Awareness

S.No	ID. No	Name of the Student	Branch	Signature
1	2000590001	Atluri Divya	BA-IAS	Divya
2	2100590046	Cholleti Navya	BA-IAS	Navya
3	2000590014	Haridasula Leela Venkata Krishna	BA-IAS	Leela
4	2200590001	Shree S S	BA-IAS	Shree
5	2000590009	Duddela Charitha	BA-IAS	Charitha
6	2100590047	Marupudi Surya Chaitanya Krishna	BA-IAS	Surya
7	2000590005	Battu Tejaswini	BA-IAS	Tejaswini
8	2100590013	Lakshmi Praveen Koppiseti	BA-IAS	Lakshmi
9	2100590003	Chinmayi Thammina	BA-IAS	Lakshmi
10	2000590018	Kanchipati Lakshmi Karthika	BA-IAS	Karthika
11	2100590015	Surya Teja Kasireddy	BA-IAS	Surya
12	2100590001	Chervela Gayathri	BA-IAS	Gayathri
13	2000590004	Lohkeswaarr Bandlamudi	BA-IAS	Lohkeswar
14	2200590002	Pakker Harshith Reddy	BA-IAS	Harshith
15	2000590025	Md. Kulsum Kulsum Mahammed	BA-IAS	Kulsum
16	2100590014	Shaik Aleem	BA-IAS	Shaik Aleem
17	2000590023	Lalitham Pradeep Neeraj	BA-IAS	Pradeep
18	2100590048	Guthula Venkata Suresh	BA-IAS	Suresh
19	2000590003	Rithika Reddy Baddham	BA-IAS	Rithika
20	2100590002	Kaki Anupamaa	BA-IAS	Anupamaa
21	2000590072	Jangam Venkata Siva Naga Teja	BA-IAS	Teja
22	2200590003	Shaik Samreen	BA-IAS	Samreen
23	2000590007	Botuku Bhargavi	BA-IAS	Bhargavi
24	2100590016	Ududala Ashok	BA-IAS	Ashok
25	2000590045	Shaik Dada Khalandar Hamza	BA-IAS	Hamza
26	2100590050	Pothula Govind Rahul	BA-IAS	Rahul
27	2200590004	B Vyshnavi	BA-IAS	Vyshnavi
28	2000590034	Nadakuduru Rohith Kumar	BA-IAS	Rohith
29	2100590049	Gorremuchu Vamsi	BA-IAS	Vamsi
30	2000590030	Mudam Kumar Sai	BA-IAS	Kumar Sai
31	2200590005	Kopela Shiny Asin	BA-IAS	Shiny

S.No	ID. No	Name of the Student	Branch	Signature
32	2000590031	Divya Muthyala	BA-IAS	Divya
33	2000590073	Nani Pamu	BA-IAS	Nani
34	2000590043	Raya Nandini	BA-IAS	Nandini
35	2200590006	Naga Sri Ramya Kothavari	BA-IAS	Sri
36	2000590028	Meesaraganda Manohar Raju	BA-IAS	Manohar
37	2100590018	Lebaku Dharaneeswara Reddy	BA-IAS	Dhar
38	2200590007	Akula Harini	BA-IAS	A. Harini
39	2000590037	Pakkela Sai Rajesh	BA-IAS	Rajesh
40	2200590008	Bala Bhavitha Meda	BA-IAS	Bhavitha
41	2000590035	Naredla Charandeep Reddy	BA-IAS	Char
42	2000590077	Kurra Jhansi Sitha Mahalakshmi	BA-IAS	Jhansi
43	2000590036	Pucchala Bhargavi	BA-IAS	Bhargavi
44	2100590020	Puvvadi Vishnu	BA-IAS	Vishnu
45	2000590026	Mannem Sashi Kiran	BA-IAS	Sashi
46	2200590009	Tharun Changa	BA-IAS	Tharun
47	2000590070	Ankaiahgari Amrutha Valli	BA-IAS	Amrutha
48	2100590017	Shaik Abdul Rahman	BA-IAS	Rahman
49	2000590008	Devabathini Hanisha	BA-IAS	Hanisha
50	2100590031	Chenemane Harsha Vardhan	BA-IAS	Harsha
51	2000590021	Korrapati Lokesh Chowdary	BA-IAS	Lokesh
52	2100590030	Chinni Gowtham Sai	BA-IAS	Gowtham
53	2000590002	Bachkar Khaja Muzzamil	BA-IAS	Khaja
54	2100590035	Kasina Sri Sai Divya	BA-IAS	Divya
55	2000590078	Nakka Rammurthy Reddy	BA-IAS	Ram
56	2000590015	Irungbam Joshua Singh	BA-IAS	Joshua
57	2200590010	Pattukota Chandrika	BA-IAS	Chandrika
58	2000590006	Shreyas Shridhar Bhajantri	BA-IAS	Shreyas
59	2200590011	Indrahaas Vangaru	BA-IAS	Indra
60	2100590034	Meesala Veekshita	BA-IAS	Veekshita
61	2000590029	Jaswanth Mudadla	BA-IAS	Jaswanth
62	2100590009	Saragandla Kaveri	BA-IAS	Kaveri
63	2000590054	Chakka Tirupama Preethi	BA-IAS	Preethi
64	2100590043	Jagatha Anjali	BA-IAS	Anjali
65	2100590023	Poleboina Manikanta	BA-IAS	Manikanta

S.No	ID. No	Name of the Student	Branch	Year	Signature
66	2000590065	Venkata Lakshmi Thota	BA-IAS	Lakshmi	
67	2200590025	Arpitha Padhi	BA-IAS	Arpitha	
68	2000590061	Cherukuri Roshan	BA-IAS	Roshan	
69	2200590027	Chakka Gayathri	BA-IAS	Gayathri	
70	2100590042	Modgula Jeshwini	BA-IAS	Jeshwini	
71	2000590060	Palepogu Jaswanth Vikas Kanshi	BA-IAS	Vikas	
72	2200590029	Korada Manasa Pranathi	BA-IAS	Manasa	
73	2000590020	Kokkiligadda Sri Harsha	BA-IAS	Harsha	
74	2100590019	Yarra Swamy Teja	BA-IAS	Teja	
75	2100590029	Vulligaddala Nuthana	BA-IAS	Nuthana	

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Dean (Student Affairs)
Koneru Lakshmaiah Education Foundation
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