



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

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Ref: KLEF/SA/CEA/Events 2023-24

Date: 30-01-2024

Orders of the Vice Chancellor dt.30-01-2024

CIRCULAR

Sub: Conduction of Mental Health Awareness on 31-01-2024 at Chirravuru Village – Reg.

Ref: Letter dt. 29-01-2024 received from M. Subramanyam, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Mental Health Awareness on 31-01-2024 at Chirravuru Village.

Event : Mental Health Awareness
Dates: : 31-01-2024
Timings : 01:30 pm to 04:30 pm
Venue : Chirravuru Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR
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Guntur District, Andhra Pradesh.



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A report on “Mental Health Awareness” 01/02/2024 at Chirravuru Village



SAC | CENTER FOR EXTENSION ACTIVITIES



Mental Health Awareness

DATE

01.02.2024

VENUE

CHIRRAVURU



     /klefcea

Details of the Event:

Date of the Event	:	30-01-2024 & 01-02-2024
Name of the Event	:	Mental Health Awareness
No. of Hours	:	01:30 PM To 04: 30 PM
Venue of the Event	:	Mangalagiri & Chirravuru
No. of Participants	:	Students: 87, Faculty: 02
No. of Beneficiaries	:	735

The Koneru Lakshmaiah Education Foundation's Centre of Extension Activity organized a Mental Health Awareness event on the 31st of January 2024 in Chirravuru. The event aimed to raise awareness about mental health issues, reduce stigma, and provide information and resources for maintaining mental well-being.

Objective:

The primary objective of the Mental Health Awareness event was to educate the community about the importance of mental health and well-being. The organizers aimed to promote an open dialogue about mental health issues, encourage help-seeking behavior, and equip individuals with coping strategies. The event sought to address the prevalent stigma surrounding mental health and foster a supportive environment for those dealing with mental health challenges.

Description:

The event began with an opening address by representatives from Koneru Lakshmaiah Education Foundation, setting the tone for the day. The organizers emphasized the need to prioritize mental health and highlighted the impact of mental well-being on overall quality of life.

To provide expert insights, the event featured mental health professionals, psychologists, and counselors who delivered informative sessions on various aspects of mental health. Topics included understanding different mental health conditions, recognizing signs and symptoms, and strategies for maintaining good mental health.

The organizers incorporated interactive activities to engage the audience and facilitate discussions. Participants had the opportunity to share their thoughts, ask questions, and discuss personal experiences, creating a supportive and non-judgmental atmosphere.

Procedure of the Event:

The Mental Health Awareness event comprised multiple sessions, each focusing on different dimensions of mental health. Workshops and discussions covered topics such as stress management, anxiety, depression, and the importance of self-care. Practical tools and coping mechanisms were shared, providing attendees with actionable steps to enhance their mental well-being.

To address the stigma associated with mental health, the event included testimonials from individuals who had experienced mental health challenges. These personal stories aimed to break down stereotypes and encourage empathy and understanding within the community.

The organizers also distributed informational pamphlets and resource materials containing contact details for mental health support services. This initiative aimed to bridge the gap between individuals in need and the available resources, emphasizing the importance of seeking professional help when required.

Conclusion:

The Mental Health Awareness event in Chirravuru, organized by Koneru Lakshmaiah Education Foundation-Centre of Extension Activity, concluded with a closing ceremony that acknowledged the active participation of the attendees. Certificates of participation were distributed, and participants were encouraged to continue the conversation on mental health within their community.

The feedback received from the event indicated a positive impact on the community's understanding of mental health issues. Attendees expressed gratitude for the informative sessions and highlighted the importance of reducing stigma surrounding mental health. Many participants reported feeling more equipped to support themselves and others in maintaining good mental health.

In conclusion, the event proved to be a valuable initiative in promoting

mental health awareness and well-being in Chirravuru. Koneru Lakshmaiah Education Foundation-Centre of Extension Activity demonstrated a commitment to addressing the holistic needs of the community by organizing events that contribute to both physical and mental well-being. This effort is commendable and aligns with the broader goal of fostering a healthy and supportive community.

Event Photos:





Place: Chirrauvuru village


Date: 31-01-2024

Name of the Event: Mental Health Awareness

S.No	ID. No	Name of the Student	Branch	Signature
1	2301510319	Tummuri Venkata Suryanarayana	MBA	Surya
2	2301510152	Annapureddy Meghana	MBA	Meghana
3	2301510157	Sanjana Guduri	MBA	Sanjana
4	2301510089	Ramya Thatikonda	MBA	Ramya
5	2301510216	Dasiga Subramanaya Sai Karthik	MBA	Karthik
6	2201510170	Ghattamaneni Pranavnand	MBA	Pranav
7	2201510224	Itta Subhakar	MBA	Subhakar
8	2301510264	P. Bhamidipati Satya Jnana	MBA	Satya
9	2301510064	Kambhampati Jaya Naga Sri	MBA	Jaya
10	2301510051	Divya Sri Pandanaboyina	MBA	Divya
11	2301510045	Pranathi Priya Cherukuri	MBA	Priya
12	2301510134	Sri Rajeswari Raja Tumuluru	MBA	Raja
13	2201510199	Obula Venkata Sai Kiran Kudali	MBA	Kiran
14	2301510382	Addagarla Aswini	MBA	Aswini
15	2301510390	Syed Karimulla	MBA	Karimulla
16	2201510164	Mani Chandana Bolleddu	MBA	Chandana
17	2301510049	Arigela Veera Raghavendra	MBA	Veera
18	2301510169	Vasu Deva Vudata	MBA	Deva
19	2301510271	Bezawada Jamalayya	MBA	Jamalayya
20	2201510022	Ayitha Sneha Sri	MBA	Sneha
21	2301510383	Bhanu Prakash Kalyanam	MBA	Prakash
22	2301510008	Rishitha Chowdary Murthyneeni	MBA	Rishitha
23	2201510036	Ramala Venkatesh	MBA	Venka
24	2201510144	Polapragada Lokesh Kumar	MBA	Lokesh
25	2301510201	Pravallika Reddy Mallidi	MBA	Reddy
26	2201510083	Kotamraju Sai Srujal	MBA	Sai
27	2301510068	Mutluri Pavani Devi	MBA	Pavani
28	2201510194	Banavath Sai Chand	MBA	Chand
29	2201510260	Uppalapati Srisai	MBA	Srisai
30	2201510189	Tondapu Dedeepya Veda Sumanasri	MBA	Sumanasri
31	2301510151	Jarajapu Disowja	MBA	Disowja

S.No	ID. No	Name of the Student	Branch	Signature
32	2301510190	Naga Revathi Madasu	MBA	Revathi
33	2201510134	L. Johanna Bharathi Anuhya Prakash	MBA	Anur
34	2301510231	Ch. Nainee Sharon Joyce	MBA	Sharon
35	2301510123	J Vasavi	MBA	J. Vasavi
36	2301510345	Raya Adinarayana	MBA	Adi
37	2301510120	Vemula Durga Akshaya	MBA	Akshaya
38	2201510168	Jayasai Simhadri	MBA	Simhadri
39	2301510225	K.Lakshmi Raja Manjunadh	MBA	Manu
40	2301510188	Shanmukha Sai Polisetty	MBA	Sai
41	2201510074	Aremanda Chandana	MBA	Chandana
42	2201510073	Ramidi Dinesh	MBA	Dinesh
43	2201510148	Jonnalagadda Bala Kiranmai	MBA	Bala
44	2201510264	Yarlagadda Gopi Krishna	MBA	Gopi Krishna
45	2201510087	Mohammed Arshiya Shaik	MBA	Arshiya
46	2201510175	Charapalli Lavanya	MBA	Lavanya
47	2301510360	Mohammad Irfan	MBA	Irfan
48	2301510024	Haritha Devi Bandaru	MBA	Devi
49	2301510265	Shaik Mohammed Imran	MBA	Imran
50	2301510277	Yericharla Lasya	MBA	Lasya
51	2201510141	Sagar Badatya	MBA	Sagar
52	2201510181	Sapparapu Ganapathi Swamy	MBA	Swamy
53	2201510153	Gannamani Subhash	MBA	Subhash
54	2301510124	Abir Maji	MBA	Abir
55	2301510146	Arigela Shanmukha Priyanka	MBA	Priyanka
56	2301510131	Lukka Hema Deepika	MBA	Deepika
57	2201510208	Maila Kokila Priyadarshini	MBA	Maila
58	2301510327	Allari Srinivasarao	MBA	Srinivasarao
59	2301510167	Kommuri Preethi Lawrence	MBA	Preethi
60	2201510070	Rallabandi Ravi Teja	MBA	Ravi Teja
61	2301510197	V S D N Sivaram Chowdary	MBA	Sivaram
62	2301510395	Gantem . Varshitha	MBA	Varshitha
63	2201510055	Kommanaboina Bindhu Madhavi	MBA	Bindhu
64	2201510191	Sodagudi Sony Delight	MBA	Sony
65	2301510190	Naga Revathi Madasu	MBA	Revathi

S.No	ID. No	Name of the Student	Branch	Signature
66	2301510405	Anirudha Raju D	MBA	Anirudha
67	2201510065	Manan Hem Nag Singh	MBA	
68	2301510147	Himabindu Kunapareddy	MBA	Himabindu
69	2301510275	Sunke RAKSHITHA	MBA	
70	2301510331	Vasavi Ponnuru	MBA	
71	2301510080	Pathan Nizmi	MBA	
72	2201510255	Patibandla Gayatri	MBA	Gayatri
73	2201510098	Kandula Varun	MBA	
74	2201510146	Komati Ram Prasad	MBA	
75	2301510336	Paricharla Mahitha	MBA	Mahitha
76	2301510019	Madhavarapu Bala Murali Krishna	MBA	
77	2301510255	Battula Nikhil Praveen	MBA	Nikhil
78	2301510003	Chadarajupalli Gopi	MBA	
79	2301510363	Gundapu Jahnavi	MBA	Jahnavi
80	2201510238	Chillara Manoj Kumar	MBA	Manoj
81	2201510047	Parepalli Ram Charan	MBA	
82	2301510126	Manju Sree Pammi	MBA	Manju
83	2201510178	Sri Laxmi Behera	MBA	
84	2301510042	Tadiboyina Naveen	MBA	Naveen
85	2201510056	Thamalam Supriya	MBA	Supriya
86	2301510376	Hari Krishna Chetla	MBA	
87	2201510182	Bhemaneni Bhunesh Chowdhary	MBA	Bhunesh


 Dean (Student Affairs)
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