

#### Koneru Lakshmaiah Education Foundation (Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Ref: KLEF/SA/CEA/Events 2023–24

Date: 12-02-2024

## Orders of the Vice Chancellor dt.12-02-2024 CIRCULAR

Sub: Conduction of Mobile addiction on 13.02.2024 at China Kakani Village – Reg.

Ref: Letter dt. 10-02-2024 received from Dr. M. Subramanyam, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs) \*\*\*

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Women Empowerment Brigade & Mathematics Tricks on 30-12-2022 at Peda Konduru Village.

Event	: Mobile addiction
Dates:	: 13.02.2024
Timings	: 01:30 pm to 04:30 pm
Venue	: China Kakani Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR

REGISTRAR Koneru Lakshmaiah Education Foundation (Deemed to be University) Green Fields, VADDESWARAM-522 302. Guntur District, Andhra Pradesh.



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# <u>A report on "Mobile Addiction"</u> <u>13/02/2024 at China Kakani Village</u>





SAC | CENTER FOR EXTENSION ACTIVITIES

# Mobile Addiction

DATE:-13.02.2024 VENUE:-CHINNA KAKANI



## **Details of the Event:**

Date of the Event	:	13-02-2024
Name of the Event	:	Mobile Addiction
No. of Hours	:	01:30 PM To 04: 30 PM
Venue of the Event	:	Z.P. High School, China Kakani Villages
No. of Participants	:	Students: 84, Faculty: 02
No. of Beneficiaries	:	415

#### **Description of the event:**

On February 13, 2024, in the quaint setting of China Kakani Village, KLEF-CEA orchestrated a poignant event focused on raising awareness about the perils of "Mobile Addiction." With a blend of interactive workshops, informative presentations, and engaging discussions, attendees were sensitized to the detrimental effects excessive mobile phone usage can have on mental health, interpersonal relationships, and overall well-being. Through this event, KLEF-CEA aimed to instigate a collective dialogue and encourage mindful technology usage, fostering a healthier and more balanced relationship with digital devices in the community.

#### **Objectives:**

Creating awareness on "Mobile Addiction" among school students serves several important objectives:

**Educating about Risks:** The primary objective is to educate students about the potential risks and negative consequences associated with excessive mobile phone usage. This includes impacts on physical health, mental well-being, academic performance, and social interactions.

**Promoting Healthy Habits:** By raising awareness, the aim is to promote healthy habits and responsible use of mobile devices. This involves teaching students to strike a balance between screen time and other activities, such as physical exercise, socializing face-to-face, and engaging in hobbies or academic pursuits.

**Empowering Decision-Making:** Encouraging critical thinking and empowering students to make informed decisions regarding their mobile phone usage. This includes understanding when and how to use their devices responsibly, recognizing signs of addiction, and knowing where to seek help if needed.

**Fostering Digital Literacy:** Enhancing students' digital literacy skills to navigate the online world safely and responsibly. This involves teaching them about online privacy, cyber bullying, digital footprints, and distinguishing between productive and harmful online activities.

**Building Communication Skills:** Emphasizing the importance of real-life communication and interpersonal skills over excessive reliance on digital communication platforms. This

includes promoting face-to-face interactions, active listening, empathy, and effective communication strategies.

**Creating a Supportive Environment:** Establishing a supportive school environment where students feel comfortable discussing their concerns about mobile addiction and seeking guidance from teachers, counselors, or other trusted adults.

Overall, the objectives of creating awareness on mobile addiction in school students aim to empower them with the knowledge, skills, and resources needed to maintain a healthy and balanced relationship with technology in today's digital age.

#### Outcome:

The outcome of creating awareness on "Mobile Addiction" among school students can manifest in various positive ways. Firstly, students may exhibit increased awareness of their mobile phone usage patterns, leading to a reduction in excessive screen time and a more balanced lifestyle. Improved self-regulation and time management skills may emerge as students learn to prioritize activities beyond their digital devices. Additionally, fostering healthier interpersonal relationships and stronger focus during academic pursuits could be observed, as students become more mindful of the detrimental effects of mobile addiction on their well-being and academic performance. Ultimately, the outcome strives to empower students to make informed choices about their technology use, leading to a generation that is more digitally literate, socially connected, and mentally resilient.

#### Impact of Society:

The impact of society on "Mobile Addiction" in school students is profound and multifaceted. Societal norms and behaviors surrounding technology use, including constant connectivity and the normalization of smartphone dependency, can significantly influence students' attitudes and behaviors towards their mobile devices. Social pressures, such as the need to stay updated on social media, communicate with peers, or engage in online activities, can exacerbate mobile addiction tendencies among students. Additionally, the pervasive presence of smart phones in daily life, coupled with societal expectations regarding digital proficiency and productivity, can create an environment where students feel compelled to use their devices excessively, often at the expense of their well-being and academic performance. As such, addressing mobile addiction in school students necessitates a holistic approach that considers the broader societal influences shaping their relationship with technology.

### **Event Photos:**







Date: 13-02-2023

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Place: China	Kakani Village	Ι
Name of the Event:	Kakani Village Mobile Addictio	3

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S.No	ID. No	Name of the Student	Branch	Signature
1	2300030824	Monish Karipineni	CSE	con
2	2300030102	Boyapati Vennela	CSE	Vennel
3	2300030279	Jeenepally Adiseshu	CSE	Adiseshin
4	2300030841	Poojitha Anamdasu	CSE	Anguer
5	2300030205	Gattupalli Sanjeev	CSE	Sanha
6	2300030066	Balla Anusha	CSE	Anothan
7	2300030549	Potarlanka Nikhitha	CSE	Ankhithe
8	2300030484	P Shivani	CSE	Shivani
9	2000031650	Mamilla Devendra Harsha	CSE	DHashe
10	2300030349	Koritala Varshitha	CSE	Chathith
11	2300031217	D. Purna Venkat Krishna Arjun	CSE	Bathna
12	2300030954	Kandula Karthik Datha Sai	CSE	Basthik
13	2300030796	Koppolu Akhila	CSE	Aktrila
14	2000031651	Menni Hema Sri	CSE	Hema
15	2300030642	Sirapu Nishitha	CSE	Nechito
16	2000031652	Bathula Hema Sushma Sri	CSE	Roushma
17	2300031178	S. Venkata Naga Sravya	CSE	Low
18	2000031654	Nachiket Nitin Jape	CSE	P
19	2300030692	Upputuri Ram Kumar Reddy	CSE	kumar
20	2000031659	Hrishitha Sai Kakarla	CSE	Bart
21	2300030174	Duggempudi Thanujreddy	CSE	Thanul
22	2000031661	Shaik Karishma	CSE	praibu
23	2300031115	Ganjikunta Veera Sri Shobitha	CSE	Shobith
24	2000031665	K. P. S.Srinivasa Gangadhara Gopal	CSE	mopal
25	2300030342	Kondeti Manasa	CSE	K. Mans
26	2300031108	Burramukku Madhu Charan Reddy	CSE	Charav
27	2300030617	Shaik Altaf	CSE	Altap
28	2300031233	T. Veera Venkata Deepika Chowdary	CSE	Deepike
29 🔬	2000031662	Karthikeyan Varaha Raj Sai	CSE	Paris?
30	2300030594	Sai Sindhuja Chinnam	CSE	Sindhuy
31	2300030254	Induru Nithya Sri	CSE	Mhua

S.No	ID. No	Name of the Student	Branch	Signature
32	2000031669	Mahesh Reddy Kommasani	CSE	Mahesh
33	2300030082	Bhargavi Gollapalli	CSE	Gollogo IF.
34	2300030259	Juvventhula Veda Samhith Reddy	CSE	Veda
35	2000031668	Kanthury Lohith	CSE	Lohith
36	2300031089	Gollanapalli Hruday Bharadwaj	CSE	Bhorad
37	2300031070	Kamesh Prasad Sakalabattula	CSE	Royad
38	2300030466	Nakka Trilokesh	CSE	TSU-
39	2000031671	Kongala Sai Kumar	CSE	Solikin
40	2000031674	Vemula Kruthika Raj	CSE	Kauthike
41	2300030937	Vuppalapati Rohit Varma	CSE	Rohit
42	2000031678	Rudravarapu Lathish	CSE	Lathish
43	2300030856	Addepalli Manoghna	CSE	Manoghna
44	2000031679	Dhirishala Lavanya	CSE	barrense.
45	2000031672	Gopina Ram Koushik	CSE	Louskik
46	2300031199	D.Rao Datta Venkata Sai Varma	CSE	Stame
47	2000031676	Gadhamsetty Nikhil Kumar	CSE	Kumal
48	2300031035	Indukuri Sai Krishna Varma	CSE	2 Coma
49	2300030225	Gudavalli Harshith	CSE	Harlich
50	2000031684	Vavilala Uma Maheshwar Reddy	CSE	Uma
51	2300030027	Alavala Veda Samhitha	CSE	1. Sames
52	2300030574	Rajanala Rishik	CSE	Richik
53	2000031673	Mogathapalli Sri Koushik	CSE	Konshik
54	2300030747	Yarasi Jhansi	CSE	Lanji
55	2000031686	Kommineni Manikanta	CSE	Man
56	2300031078	Yerramsetty Jahnavi Lakshmi	CSE	Tahnon
57	2000031687	Guntaka Manikanta Reddy	CSE	PoleMan
58	2300031072	Thottempudi Lakshmi Tejaswi	CSE	Ser
59	2000031689	Kappera Manoj Gurusai	CSE	Manoj
60	2300030710	Vasimalla Aishwarya	CSE	Allroory
61	2000031691	Munnangi Sai Venkata Pavan Kumar	CSE	Ruan
62	2300030836	Tadiparthi Akash	CSE	Akath
63	2300030110	Chalasani Saanvi Chowdary	CSE	Jaanvi
64	2000031669	Mahesh Reddy Kommasani	CSE	Mhlosh
65	2300030082	Bhargavi Gollapalli	CSE	Costla a

S.No	ID. No	Name of the Student	Branch	Signature
66	2000031693	Chebrolu Mohan Sai Teja	CSE	Sai Teja
67	2300030100	Botlagunta Jyothika	CSE	F
68	2300031191	P. Sethu Harsha Vardhan CSE Va		Vordhan
69	2000031695	Marella Naga Chaitanya Sneha	CSE	Suche.
70	2000031703	Rayavarupu Naga Vamsi Krishna	CSE	Vanile
71	2000031699	Gurram Nagaraju	CSE	Gr Napar
72	2300030485	Pattapu Siva Jagadeesh	CSE	Fage
73	2300030838	Tulluru Ruchitha	CSE	RuchoRa
74	2000031705	Nagidi Rajesh Varma	CSE	Vala.
75	2300030623	Shaik Pujitha	CSE	Rigi
76	2300030748	Yarlagadda Bhavana	CSE	Ravana
77	2000031697	Simrita Manda	CSE	Simsit
78	2300031129	Anagani Tejus Venkata Siva Sai	CSE	and a
79	2000031708	Janga Nithin	CSE	Athin
80	2300030550	Pothala Harshitha	CSE	Houghthe
81	2000031789	Pendyala Shashaank	CSE	Shashaan
82	2300031131	Gandla Seena Kumar Nithin Hari	CSE	Within
83	2000031700	Korrapolu Nagalakshmi Neelima	CSE	Hostine
84	2000031714	Kanuparthi Prasasthi	CSE -	Prosent

Chle

Dean (Student Affairs) Koneru Lakshmaiah Education Foundation (Deemed to be University) GreenFields, VADDESWARAM-522502, Guntur Dist, Andhra Pradesh.