



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Govemorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2024-25

Date: 19-09-2024

### Orders of the Vice Chancellor dt.19-09-2024

#### CIRCULAR

Sub: Conduction of Nutrition Awareness on 20-09-2024 at Gundemeda & Pedavadlapudi Villages – Reg.

Ref: Letter dt. 18-09-2024 received from Dr. M. Subramanyam-Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

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This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Nutrition Awareness on 20-09-2024 at Gundemeda & Pedavadlapudi Villages.

**Event** : Nutrition Awareness  
**Dates:** : 20-09-2024  
**Timings** : 9:30 am to 12:30 pm  
**Venue** : Gundemeda & Pedavadlapudi Villages

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam a (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



**REGISTRAR**

Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWAREM-522 302.  
Guntur District, Andhra Pradesh.



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### **A report on “Nutrition awareness” 20/09/2024 at Gundemeda & Pedavadlapudi Villages**

**KL**  
DEEMED TO BE UNIVERSITY

**CEA**  
CENTRE FOR EXTENSION ACTIVITIES

**CENTRE FOR EXTENSION ACTIVITIES**

**NUTRITION  
AWARENESS**

**Venue: pedapalem**  
**Date: 20-09-2024**  
**Time: 1:30**

#### **Details of the Event:**

Date of the Event	:	20-09-2024
Name of the Event	:	Nutrition Awareness
No. of Hours	:	01:30 PM To 04: 30 PM
Venue of the Event	:	M.P.P. School, Gundemeda & Pedavadlapudi Villages
No. of Participants	:	Students: 85, Faculty: 02
No. of Beneficiaries	:	1974

### **Description of the Event:**

On September 20, 2024, KLEF-CEA conducted a comprehensive "Nutrition Awareness" door-to-door campaign in the villages of Gundemeda and Pedavadlapudi. This initiative aimed to educate residents about the importance of proper nutrition and healthy eating habits for overall well-being. Volunteers engaged with community members, providing valuable information on balanced diets, the significance of essential nutrients, and practical tips for incorporating healthier food choices into their daily lives. The campaign included distributing informative pamphlets and conducting interactive sessions to address questions and concerns related to nutrition. By directly reaching out to households, KLEF-CEA sought to raise awareness about the critical role of nutrition in maintaining health, ultimately empowering residents to make informed dietary decisions and improve their quality of life.

### **Objectives:**

The objectives of the "Nutrition Awareness" door-to-door campaign conducted by KLEF-CEA can be outlined as follows:

- 1. Educate the Community:** Provide essential information about the importance of nutrition and how it affects overall health and well-being.
- 2. Promote Healthy Eating Habits:** Encourage residents to adopt balanced diets rich in essential nutrients, emphasizing the benefits of incorporating fruits, vegetables, whole grains, and proteins.
- 3. Increase Awareness of Nutritional Deficiencies:** Identify common nutritional deficiencies in the community and educate residents about the potential health impacts of these deficiencies.
- 4. Provide Practical Guidance:** Offer practical tips on meal planning, budgeting for healthy foods, and cooking methods to make nutritious eating more accessible and achievable.
- 5. Encourage Preventive Health Measures:** Highlight the role of nutrition in preventing chronic diseases and promoting long-term health.

- 6. Foster Community Engagement:** Involve community members in discussions about nutrition, allowing them to share their experiences and challenges related to healthy eating.
- 7. Empower Individuals:** Equip residents with knowledge and resources to make informed dietary choices, ultimately leading to improved health outcomes for themselves and their families.

### **Outcome:**

The "Nutrition Awareness" door-to-door campaign conducted by KLEF-CEA on September 20, 2024, yielded significant outcomes in the villages of Gundemeda and Pedavadlapudi. The initiative successfully reached numerous households, providing residents with vital information about the importance of nutrition and healthy eating habits. Participants reported increased awareness of nutritional needs and a better understanding of how to incorporate balanced diets into their daily routines. Many community members expressed gratitude for the practical tips shared during the campaign, with some committing to make healthier food choices for their families. Overall, the campaign not only educated the community about the benefits of nutrition but also fostered a greater sense of responsibility towards maintaining a healthy lifestyle, ultimately contributing to improved well-being and health outcomes in the villages.

### **Impact of the Society:**

The "Nutrition Awareness" door-to-door campaign had a substantial impact on the society of Gundemeda and Pedavadlapudi, significantly enhancing community knowledge and attitudes toward nutrition. By directly engaging with residents, the campaign fostered discussions about dietary practices and highlighted the importance of balanced nutrition in preventing health issues. This initiative led to a notable increase in awareness of nutritional deficiencies and their consequences, prompting many individuals to reevaluate their eating habits. As a result, families began to prioritize healthier food choices, which not only improved their overall health but also encouraged a communal shift towards promoting wellness. The campaign strengthened community bonds, as residents shared insights and



experiences related to nutrition, ultimately cultivating a more health- conscious society dedicated to improving the quality of life through informed dietary practices.

### Event Photos:





Place: Gundemeda

Date: 16-08-2024

Name of the Event: Nutrition Awareness

S.No	ID. No	Name of the Student	Branch	Signature
1	2300070033	Mohamed Eltayeb Ibrahim Eltayeb	Mech	Mohamed Eltayeb
2	2300070034	Jawad Alzaher	Mech	Jawad Alzaher
3	2300070003	Medam Eshitha Reddy	Mech	Eshitha Reddy
4	2300070011	Nagulapalli Sai Ananth	Mech	Ananth
5	2300070012	Jonnakuti Sravan Kumar	Mech	Kumar
6	2300070010	Pasala Abhiram Chowdary	Mech	Chowdary
7	2300070018	Gedala Johnny Babu	Mech	Babu
8	2300070002	Malipeddi Sai Siva Lalith	Mech	Siva Lalith
9	2300070013	Mandava Sai Nagendhar	Mech	Nagendhar
10	2300070004	Pasalapudi Venkata Ravi Kishore	Mech	Kishore
11	2300070005	Banda Harsha Vardhana Srivathsa	Mech	Srivathsa
12	2300070009	Pepakayala Revanth Swaroop	Mech	Revanth Swaroop
13	2300070014	Shaik Faysal Hussain	Mech	Hussain
14	2300070017	Mugal Araham Altaf	Mech	Altaf
15	2300070019	Saladi Kumarganesh	Mech	Kumarganesh
16	2300070022	Shaik Intiyaz	Mech	Shaik Intiyaz
17	2300070021	Mahankali Rohith	Mech	Rohith
18	2300070001	Donga Kalyan Venkat	Mech	Venkat
19	2300070020	Pathan Ameen Khan	Mech	Ameen Khan
20	2300070025	Puvvada Baal Ram Charan Tej	Mech	Charan Tej
21	2300070026	Kotari Gowrav Hruthik	Mech	Hruthik
22	2300070027	Janjanam Shyam Prasad	Mech	Prasad
23	2300070028	Gavin Singh Punia	Mech	Punia
24	2300070016	Bethamsetty Jaideep	Mech	Jaideep
25	2300070023	Sadhupati Gowtham	Mech	Gowtham
26	2300070029	Muhammed Zayan	Mech	Muhammed Zayan
27	2300070031	Kona Venkat Sai Siva Kushmit	Mech	Kushmit
28	2300070024	Botta Satya Durga Prasad	Mech	Prasad
29	2300070008	Penupothula Veera Manikanta	Mech	Manikanta
30	2300070030	Shaik Mahammad Rayan	Mech	Rayan
31	2300070006	Sayani Venkata Sri Sai Akhil	Mech	Akhil

S.No	ID. No	Name of the Student	Branch	Signature
32	2200079027	Thippavarthi Venkata Aditya	Mech	Aditya
33	2200079014	Neyyila Guruprasad Varma	Mech	Guru
34	2200079043	Akula Kamal Deep	Mech	Deep
35	2200079033	Korrapati Prahlad Raj	Mech	Raj
36	2200079016	Bala Durga Vara Prasad Karri	Mech	Vara.
37	2200079020	Thota Nagendra Sri Sai Krishna	Mech	Krishna
38	2200070020	Dhiraj Kumar Sahu	Mech	Hiraj
39	2200070003	Mohammad Abdul Aleem	Mech	Abdul.
40	2200070004	Yaikuntam Dhanush Chowdary	Mech	Dhanush
41	2200070006	Bondili Harshith Singh	Mech	Harshith
42	2200070008	Kondapaneni Lakshmi Pratap	Mech	Lakshmi
43	2200070009	Borru Bharath Sai	Mech	Bharath
44	2200070010	Bhattu Kesava Sai	Mech	Sai
45	2200070011	Kalva Pramod Kumar	Mech	Pramod
46	2200070012	Ayush Avuri	Mech	Avuri
47	2200070013	Lanke Pawan Kumar	Mech	Pawan
48	2200070015	Atmakuri Satya Sampath Kumar	Mech	Sampath
49	2200070017	Yadla Devesh	Mech	Devesh
50	2200070019	Pinakana Jagadeeshkumar	Mech	Jagadeesh
51	2200070022	Hareeswar Chitikina	Mech	Chitikina
52	2200070024	Srinidhi Babu Bagadi	Mech	Bagadi
53	2200079037	Sathvik Velagapudi	Mech	Sathvik
54	2200079039	Druva Vasistha Talpur	Mech	Talpur
55	2200070026	Isack Alfred Gayo	Mech	Gayo
56	2300070015	Dasari Joseph Jakwes	Mech	Jakwes
57	2300079001	Ravulapalli Ravi Durga Pratap	Mech	Durga
58	2300079002	L Ajay Kumar	Mech	Ajay
59	2300079003	Ambati Uma Venkata Satyanarayana	Mech	Uma
60	2300079004	Alapati Vamsi Krishna Pavan Sai	Mech	Pavan Sai
61	2300079005	P Balaji	Mech	Balaji
62	2300079006	Asadi Arun Kumar	Mech	Arun
63	2300079008	Eluri Veera Venkat	Mech	Venkat.

S.No	ID. No	Name of the Student	Branch	Signature
64	2300079009	Bandlamudi Pavan Sai	Mech	Pavan Sai
65	2300079010	Mohammad Jansher Ahmed	Mech	Ahmed
66	2300079012	Sangavar Sai Praneeth	Mech	Praneeth
67	2300079013	Gorava Ramalinga	Mech	Gorava
68	2300079014	Lam Aarush Prince	Mech	Aarush Prince
69	2300079017	Medandravu Naga Sai Lokesh	Mech	Lokesh
70	2300079018	Kodali Eesha	Mech	Eesha
71	2300079019	Lingolu Mohan Sai Simhadri	Mech	Simhadri
72	2300079021	Chatharajupalli Aravind	Mech	Aravind
73	2300079022	Boya Dharma Teja	Mech	Dharma Teja
74	2300079023	Tulluru Srinivas Gowtham	Mech	
75	2300079024	Kunapareddy Naga Anish	Mech	
76	2200070025	Lohith Chinta	Mech	Chinta
77	2200070002	Bora Sai Gowtham Reddy	Mech	Sai Gowtham
78	2200070018	Dasari Nissi Josphin	Mech	Josphin
79	2200079004	Mandadi Prasanth Kumar	Mech	Kumar
80	2200079005	Sarnala Durga Deneswar	Mech	Deneswar
81	2200079006	Balla Suresh	Mech	Suresh
82	2200079007	Niddana Chandu Naidu	Mech	Chandu
83	2200079008	Vishnumolakala Syam Naga Sai	Mech	
84	2200079009	Vasireddy Dinakar Sri Satya Pavan	Mech	Satya Pavan
85	2200079010	Kokkiligadda Narendra Sai Kumar	Mech	Sai Kumar

KRSP/CS/Ed  
 16/8/24  
 Dean (Student Affairs)  
 Koneru Lakshmaiah Education Foundation  
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 GreenFields, VADDESWARAM-522502,  
 Guntur Dist, Andhra Pradesh.