



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/CEA/Events 2024-25

Date: 24-07-2024

Orders of the Vice Chancellor dt.24-07-2024

CIRCULAR

Sub: Conduction of Self Defence on 25-07-2024 at Ravendrapadu Village – Reg.

Ref: Letter dt. 23-07-2024 received from Dr. M. Subramanyam, Prof.Incharge, Centre for Extension Activities (CEA) and forwarded by Dean (Student Affairs)

This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Self Defence on 25-07-2024 at Ravendrapadu Village.

Event : Self Defence
Dates: : 25-07-2024
Timings : 01:30 pm to 04:00 pm
Venue : Ravendrapadu Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906)



REGISTRAR

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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWAREM-522 302
Guntur District, Andhra Pradesh



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A report on “Self Defence” 27/07/2024 at Z.P. High School, Pedapalem Village



SAC | CENTER FOR EXTENSION ACTIVITIES

CEA COLLABORATION WITH WOMEN'S FORUM

SELF DEFENCE PROGRAMME

DATE:- 25-07-2024

VENUE:-Z.P. HIGH SCHOOL
VADDESWAREM



Details of the Event:

Date of the Event	:	27-07-2024
Name of the Event	:	Self Defence
No. of Hours	:	01:30 PM To 04: 30 PM
Venue of the Event	:	Z.P. High School, Pedapalem Village
No. of Participants	:	Students: 85, Faculty: 02
No. of Beneficiaries	:	384

Description of the Event:

On July 27, 2024, KLEF-CEA, in association with local partners, organized a Self-Defense workshop at Z.P. High School in Pedapalem. The event aimed to equip students and community members with essential self-defense skills and techniques to enhance personal safety and confidence. Led by experienced instructors, the workshop included practical demonstrations and hands-on training in various self-defense strategies, emphasizing both physical techniques and situational awareness. The event also focused on fostering a sense of empowerment and self-reliance among participants, providing them with the knowledge and skills necessary to protect themselves in challenging situations.

Objectives:

The objectives of a Self-Defense event are:

1. **Empowerment:** To empower individuals by providing them with practical self-defense skills and techniques those enhance personal safety and build confidence.
2. **Awareness:** To increase awareness about personal safety, including recognizing and avoiding potentially dangerous situations and understanding self-defense laws.
3. **Skill Development:** To teach effective self-defense methods and strategies, including physical techniques and mental preparedness, tailored to various levels of ability and experience.
4. **Confidence Building:** To boost participants' confidence in their ability to protect themselves, promoting a sense of security and self-reliance.
5. **Community Engagement:** To foster a sense of community and support by bringing together individuals for a shared goal of enhancing personal safety and well-being.

Outcome:

The Self-Defense workshop held at Z.P. High School in Pedapalem village on July 27, 2024, yielded significant positive outcomes. Participants, including students and local residents, gained practical self-defense skills and techniques, enhancing their ability to respond effectively to potential threats. The training fostered increased confidence and personal safety awareness among attendees, who left with a heightened sense of empowerment and preparedness. The event not only improved individual self-defense capabilities but also strengthened community bonds by encouraging collective engagement in personal safety practices, thereby contributing to a safer and more informed community environment.

Impact of the Society:

The Self-Defense workshop at Z.P. High School in Pedapalem village had a profound impact on the community by significantly enhancing personal safety awareness and skills among participants. By equipping students and local residents with practical self-defense techniques and boosting their confidence, the event contributed to a more proactive and empowered community. This heightened sense of security fostered a greater communal spirit, encouraging individuals to support one another in maintaining personal safety. Additionally, the workshop's emphasis on practical skills and awareness promoted a culture of vigilance and preparedness, positively influencing overall community resilience and cohesion.

Event Photos:



Place: Pedapalem

Date: 27-07-2024

Name of the Event: Self Defence

S.No	ID. No	Name of the Student	Branch	Signature
1	2200080193	Datla Devi Prasad Sasank Varma	AI & DS	Varma
2	2200080225	Mettu Akhileswara Reddy	AI & DS	Akhil
3	2200080235	Bhargava Shanmukha Kuchibhotla	AI & DS	Bhargava
4	2200080268	Miriyala Bala Kiran	AI & DS	Balab
5	2200080025	Rangaseeli Geethanjali	AI & DS	Geetha
6	2200080109	Kambhampati Karthik Sai	AI & DS	Karthik
7	2200080118	Srirangam Aravind	AI & DS	Aravind
8	2200080128	Yarrabothu Pooja	AI & DS	Pooja
9	2200080148	Jampa Bhavan	AI & DS	Bhavan
10	2200080155	Tummala Vaishnavi	AI & DS	Vaishnavi
11	2200080158	Prataprao Venkata Sai Umesh	AI & DS	Venkata
12	2200080172	Muvva Gowtham Chowdary	AI & DS	Gowtham
13	2200080188	Jujjavarapu Keerthi Sri	AI & DS	Keerthi
14	2200080190	Bura Tejasri	AI & DS	Tejasri
15	2200080199	Munnangi Deepaka Sai Reddy	AI & DS	Deepaka
16	2200080206	Mannem Sri Ram Charan	AI & DS	Ram Charan
17	2200080207	Doddala Viswanath	AI & DS	Viswanath
18	2200080223	Mandava Akhil	AI & DS	Akhil
19	2200080237	Juluru Jeshketh Guptha	AI & DS	Jeshketh
20	2200080244	Talla Lokesh Reddy	AI & DS	Lokesh
21	2200080243	Ankem Manjunath	AI & DS	Manjunath
22	2200080248	Shaik Nafees	AI & DS	Nafees
23	2200080253	Kandukuri John Devaraj Kumar	AI & DS	Devaraj
24	2200080260	Bondalapati Venkata Vyshnavi	AI & DS	Vyshnavi
25	2200080262	Pranat Bharti	AI & DS	Bharti
26	2200089022	Puttur Anil Reddy	AI & DS	Anil
27	2200089023	Dandugula Naveen	AI & DS	Naveen
28	2200089025	Putti Naga Srinivasarao	AI & DS	Naga
29	2200089030	Ganta Babitha Bhargavi	AI & DS	Bhargavi
30	2200080085	Durgampudi Siricharan Reddy	AI & DS	Siricharan

S.No	ID. No	Name of the Student	Branch	Signature
31	2200080193	Datla Devi Prasad Sasank Varma	AI & DS	Sasank
32	2300080013	Eathakota Anoohya	AI & DS	Anoohya
33	2300080032	Pala Naga Raja Reddy	AI & DS	P. Naga Raja Reddy
34	2300080148	Nagumothu Harsha Vardhan	AI & DS	Harsha Vardhan
35	2300080165	Paila Gopala Krishna	AI & DS	Paila Krishna
36	2300080177	Kannapareddy Lokesh Reddy	AI & DS	Lokesh Reddy
37	2300080178	Peddi Reddy Venkata Sudarsan	AI & DS	Venkata Sudarsan
38	2300080183	Naraharisetty Hari Prabhu	AI & DS	Hari Prabhu
39	2300080186	Velugubanti Sowjanya Devi	AI & DS	Sowjanya Devi
40	2300080190	Ittela Kavya	AI & DS	Kavya
41	2300080234	Sushant Kumar Sharma	AI & DS	Kumar Sharma
42	2300080015	Ganji Murali Sandeep	AI & DS	Murali Sandeep
43	2300080137	Kondaveeti Yuva Yoshitha Lakshmi	AI & DS	Yuva Yoshitha Lakshmi
44	2300080147	Keerthi Srivalli Gadiraju	AI & DS	Srivalli Gadiraju
45	2300080159	Rudrapati Dinesh Karthik	AI & DS	Dinesh Karthik
46	2300080184	Shaik Dilshan Irfan	AI & DS	Shaik Irfan
47	2300080192	Marri Venkata Sai	AI & DS	Venkata Sai
48	2300080021	Kancharla Srinadh	AI & DS	Srinadh
49	2300080121	Tallapaneni Sri Dhruti	AI & DS	Sri Dhruti
50	2300080002	Addagalla Sumanth	AI & DS	Sumanth
51	2300080043	Voggu Jahnvi Reddy	AI & DS	Jahnvi Reddy
52	2300080072	Medapati Leela Raja Vardhan Reddy	AI & DS	Leela Raja Vardhan Reddy
53	2300080073	Bommana Karthik Simha Reddy	AI & DS	Bommana Karthik Simha Reddy
54	2300080145	Shaik Meera Mohiddin	AI & DS	Meera Mohiddin
55	2300080154	Vemasani Praneeth Chowdary	AI & DS	Praneeth Chowdary
56	2300080162	Danda Rama Kanth Reddy	AI & DS	Rama Kanth Reddy
57	2300080163	Neelapu Lalithananda Reddy	AI & DS	Lalithananda Reddy
58	2300080168	Moghal Allabaksh Baig	AI & DS	Allabaksh Baig
59	2300080262	Maddula Harika	AI & DS	Harika
60	2300080266	Aiman Khan	AI & DS	Aiman Khan
61	2300080269	Tirumalasetty Achutha Sai Lakshmi	AI & DS	Achutha Sai Lakshmi
62	2300080270	Chintalacheruvu Vasu Deva Reddy	AI & DS	Vasu Deva Reddy
63	2300080271	Pulicharla Likith Sai Ram Reddy	AI & DS	Likith Sai Ram Reddy

S.No	ID. No	Name of the Student	Branch	Signature
64	2300080295	Jandhyala Sai Adithya	AI & DS	Adithya
65	2300080298	Popuri Sri Vaishnavi	AI & DS	Vaishnavi
66	2300080313	Munnangi Madhavi	AI & DS	Madhavi
67	2300080321	Talakola Bhavana	AI & DS	Bhavana
68	2300080325	Vuyyuru Kalyani	AI & DS	Kalyani
69	2300080053	Swarna Bhavyanka Sri	AI & DS	Bavya
70	2300080062	Vakkapatla Sripathi Sanjeeva	AI & DS	Sanjeeva
71	2300080079	Bobbiti Ravi Shankar Reddy	AI & DS	Shankar
72	2300080081	Shaik Sameer	AI & DS	Sameer
73	2300080182	Kunchala Lokanadha Manikanta	AI & DS	Lokanadha
74	2300080189	Venkata Karthikeya Gollamudi	AI & DS	Karthikeya
75	2300080117	Khypa Venkata Harsha Vardhan	AI & DS	Harsha
76	2300080246	Palepu Vedananda Praneel	AI & DS	Vedananda
77	2300080285	Nandyala Chanikya Pavan	AI & DS	Pavan
78	2300080314	Talla Dakshayani	AI & DS	Dakshayani
79	2300080318	Adapala Geethika	AI & DS	Geethika
80	2300080090	Chebrolu. Alekhya	AI & DS	Alekhya
81	2300080113	Panyam Hima Bindu	AI & DS	Hima
82	2300080128	Bondada Bhavika	AI & DS	Bhavika
83	2300080138	Kanikicherla Gnapika	AI & DS	Gnapika
84	2300080202	Jai Tej Ram Tatukuri	AI & DS	Teja
85	2300080213	Vanukuri Praveen Prakash Reddy	AI & DS	Prakash

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