



## Koneru Lakshmaiah Education Foundation

(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

❖ Recognised as Category 1 University by UGC ❖ Approved by AICTE ❖ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; [www.kluniversity.in](http://www.kluniversity.in)

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2577715, 2576129

Ref: KLEF/SA/CEA/Events 2025-26

Date: 26-08-2025

### Orders of the Vice Chancellor dt.26-08-2025 CIRCULAR

Sub: Conduction of Awareness on Nutrition on 27-08-2025 at Chirravuru Village –  
Reg.

Ref: Letter dt. 25-08-2025 received from Dr. M. Subramanyam, Prof.Incharge, Centre for  
Extension Activities (CEA) and forwarded by Dean (Student Affairs)

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This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the Awareness on Nutrition on 27-08-2025 at Chirravuru Village.

Event	: Awareness on Nutrition
Dates:	: 27-08-2025
Timings	: 01:30 pm to 04:00 pm
Venue	: Chirravuru Village

Interested Students can participate in the event.

Buses start from the Stadium.

For further information regarding this event contact Dr. M. Subramanyam (Mobile No. 9440446088), Prof.Incharge, (CEA) and Dr.S. Venkateswarlu, CEA- Coordinator, (Mobile No. 9052359906).



  
**REGISTRAR**

Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWARAM-522 302.  
Guntur District, Andhra Pradesh.



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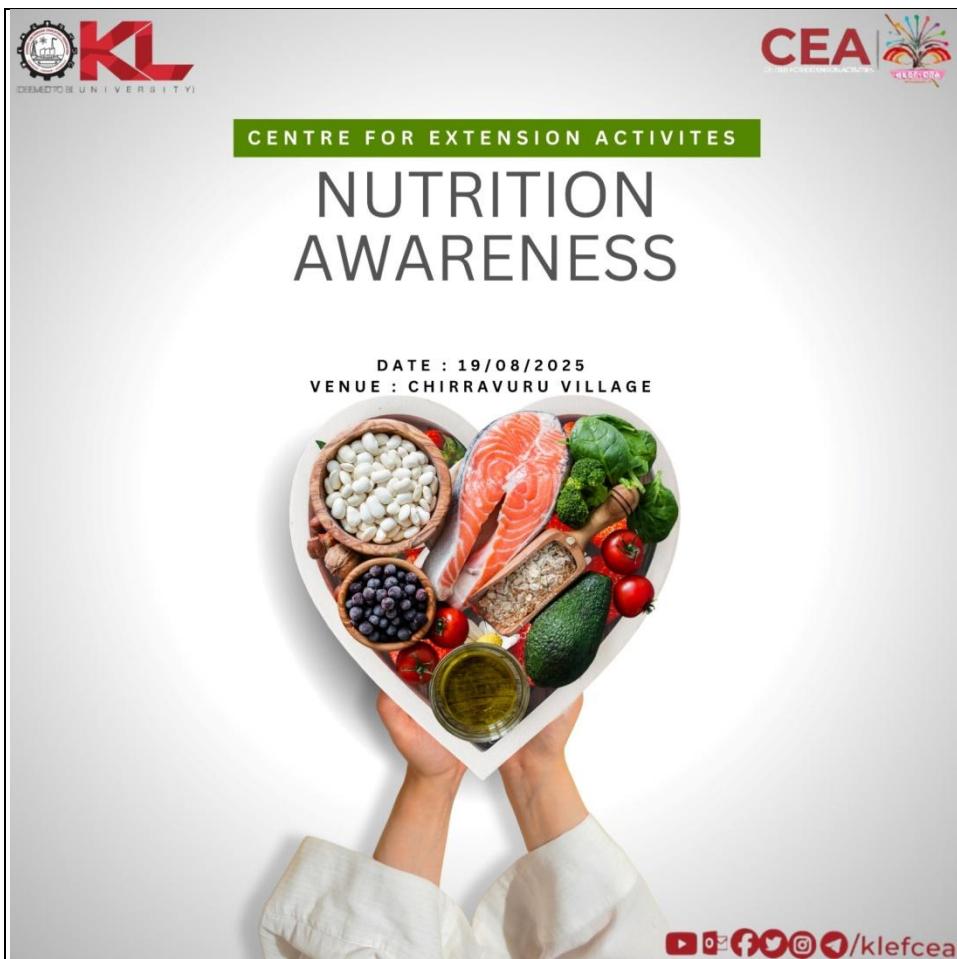
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### **A report on “NUTRITION AWARENESS” 19/08/2025 at Chirravuru Village**



#### **Details of the Event:**

Date of the Event	:	19-08-2025
Name of the Event	:	Nutrition Awareness
No. of Hours	:	01:30 PM To 04: 30 PM
Venue of the Event	:	Chirravuru Village
No. of Participants	:	Students: 85, Faculty: 02
No. of Beneficiaries	:	282

**Description of the Event:**

KLEF-CEA organised a "Nutrition Awareness" program on 19th August 2025 at Chiluvuru Village, aiming to educate the community about the importance of balanced diets, healthy eating habits, and the role of nutrition in maintaining overall well-being. Volunteers and resource persons interacted with the villagers, explaining the benefits of consuming fresh fruits, vegetables, and locally available nutritious foods, as well as the ill effects of junk and processed food. The session included demonstrations on preparing simple, healthy meals and tips for maintaining proper hygiene while cooking. The event encouraged participants to adopt healthier lifestyles for improved physical and mental health.

**Objectives:**

- To educate the community about the importance of balanced and nutritious diets for overall health.
- To promote healthy eating habits using locally available and affordable food resources.
- To create awareness about the prevention of malnutrition and lifestyle-related diseases through proper diet.
- To encourage the inclusion of fresh fruits, vegetables, and protein-rich foods in daily meals.
- To provide practical tips on safe food preparation and hygiene practices.

**Outcome:**

The "Nutrition Awareness" program organised by KLEF-CEA at Chiluvuru Village resulted in increased knowledge among the villagers about the significance of a balanced diet and healthy eating habits. Participants gained practical insights into incorporating locally available, nutrient-rich foods into their daily meals and understood the importance of avoiding excessive consumption of junk and processed foods. The interactive sessions

and demonstrations encouraged families to adopt better cooking practices and maintain food hygiene, fostering a positive shift towards healthier lifestyles in the community.

### **Impact of the Society:**

The “Nutrition Awareness” program at Chiluvuru Village, organised by KLEF-CEA, had a positive impact on the community by inspiring long-term changes in dietary habits and health awareness. Villagers became more conscious of the nutritional value of their daily food choices and began prioritising fresh, wholesome, and locally available produce over processed alternatives. The initiative not only helped in reducing the risk of malnutrition and lifestyle-related diseases but also empowered the community to adopt sustainable and healthy living practices, thereby contributing to their overall well-being and quality of life.

### **Event Photos:**





Place: chiravuru

Date: 19/08/2025

Name of the Event: Nutrition Awareness

S.No	ID. No	Name of the Student	Branch	Signature
1	2400100067	Budda Naga Varsha Sree	IOT	Varsha Sree
2	2200100018	Koppada Udaya Sai	IOT	Udaya Sai
3	2400100023	Guruvu Praneeth	IOT	G. Praneeth
4	2200100037	Jarabana Akshith	IOT	Akshith
5	2200100044	Kommineni Harsha Vardhini	IOT	Vardhini
6	2300100058	Kotti Pushya Harini	IOT	Harini
7	2400100052	Kodali Janani	IOT	K. Janani
8	2400100048	Jonnakuti Venkata Siva Balaji	IOT	Siva Balaji
9	2300100012	Yarkareddy Thanishq Reddy	IOT	Y. Thanishq Reddy
10	2200100008	Kanigiri Venkata Poojitha	IOT	Poojitha
11	2400100007	Mekala Harsha Vardhan	IOT	Vardhan
12	2400100014	Sabbineni Harsha Vardhan	IOT	Harsha Vardhan
13	2400100068	Yenni Roshini	IOT	Roshini
14	2400100006	Adapa Jaswanth Maruthi	IOT	Jaswanth
15	2200100023	Sajja Charmi Sai	IOT	Charmi
16	2200100026	Emmela Gopinandha Sai	IOT	Gopinandha
17	2200100068	Pachava Tejaswini	IOT	Tejaswini
18	2300100009	Kommineni Jahnavi	IOT	Jahnavi
19	2400100041	Yadavilli Sai Aditya	IOT	Aditya
20	2200100069	Rohan Immidichetty	IOT	Rohan
21	2400100069	Vemula Varun Chandhan	IOT	Varun
22	2400100062	Kasaraneni Sai Sravika	IOT	Sravika
23	2400100074	Syed Nafiya	IOT	Nafya
24	2200109001	Manchala Dileep Sai Appanna Dora	IOT	Dileep
25	2300100016	Repala Vishnu Shanthan	IOT	Vishnu
26	2400100039	Kandula Jaya Teja	IOT	Teja
27	2300100064	Ayyagari Koutilya	IOT	A. Koutilya
28	2200100063	Takkolu Sai Karthisha	IOT	Karthisha
29	2400100046	Pothineni Viswa Nikhitha	IOT	Viswa
30	2200100017	Manukonda Aasritha	IOT	Aasritha

S.No	ID. No	Name Of The Student	Branch	Signature
31	2200100052	Varanasi Vamsi Krishna	IOT	V. Vamsi
32	2300100018	Venkata Sai Neeraj Mallarpur	IOT	Sai
33	2200100034	Podili Gayathri	IOT	P. Gayathri
34	2200100031	Sunkara Abhinaya Sai	IOT	S. Abhinaya Sai
35	2200100010	Mohammad Ikram	IOT	Ikram
36	2400100008	Kantipudi Ramu	IOT	Ramu
37	2200100057	Mallireddy Varnini	IOT	M. Varnni
38	2200100075	Mallampalli Gaganchandra	IOT	M. Gaganchandra
39	2300100043	Harshini Popuri	IOT	Harshini
40	2300100053	Palam Dharmateja Reddy	IOT	P. Dharmateja
41	2300100017	Etla Jashwanth	IOT	Jashwanth
42	2300100026	Kosuri Sai Priyanka	IOT	K. Sai Priyanka
43	2200100053	Uppu Ganesh	IOT	Ganesh
44	2400100055	Vepuri Venkata Siva Naga Sahith	IOT	Sahith
45	2200100066	Seethini Bhavana	IOT	Bhavana
46	2400100031	Immadi setty Devi Sri Prasad	IOT	P. D. S. Prasad
47	2300100041	Maganti Tejaswini	IOT	Tejaswini
48	2400100004	Veeranki Sai Murali Ganesh	IOT	S. Ganesh
49	2400100065	Amanana Lahari	IOT	Lahari
50	2400100035	Dama Karthik Sai	IOT	Karthik
51	2200100050	Parvathaneni Poojith Vardhan	IOT	Poojith
52	2400100059	Chilamakuri Pranathi	IOT	Pranathi
53	2300100071	Katkam Nikhil	IOT	Nikhil
54	2400100034	Kenguva Vikash	IOT	Vikash
55	2300100069	Shaik Sabiroon	IOT	Sh. Sabiroon
56	2200100058	Jagaramudi Sai Tejaswi	IOT	Tejaswi
57	2300100008	Gogula Kushmitha	IOT	G. Kushmitha
58	2200100007	Tanisha Anil Nikkam	IOT	T. Anil Nikkam
59	2400100025	Chilukuri Harshitha	IOT	Harshitha
60	2200100020	Bandaru Hemanth Kumar	IOT	Hemanth Kumar
61	2400100020	Vemula Nitin	IOT	Nitin
62	2200100070	Lekkala Sukesh	IOT	Sukesh
63	2300100034	Chittineni Jasmita	IOT	Jasmita

S.No	ID. No	Name of the Student	Branch	Signature
64	2200100045	Divvi Eswar Satya Subrahmanyam	IOT	Sub
65	2300100050	Usthepalli Naga Mohan Reddy	IOT	Mohan
66	2400100061	Peddapalli Kowshika	IOT	Kowshika
67	2400100078	Papetla Harshini	IOT	P. Harshini
68	2400100047	H S Shajiya Begum	IOT	H S Shajiya Begum
69	2300100065	Kagitha Sahasra	IOT	Sahasra
70	2400100018	Kuruva Achitha	IOT	Achitha
71	2400100077	Gurram Mahesh Babu	IOT	G. Mahesh Babu
72	2200100028	Pedaballi Vishnu Vardhan Reddy	IOT	Vishnu
73	2300100039	Dosakayalapati Vijay	IOT	Vijay
74	2400100075	Saggurthi Sai Krishna	IOT	Krishna
75	2400100056	Karri Sai Venkata Siddardha Reddy	IOT	K. S. V. S. Reddy
76	2200100001	Doddi Mukesh Kumar	IOT	Mukesh
77	2300100081	Goli Bhavani Sai	IOT	G. Bhavani Sai
78	2300100005	Grandhi Siva Naga Sai Jayanth	IOT	Jayanth
79	2400100017	Vegi Sujay	IOT	V. Sujay
80	2300100073	Doppalapudi Sai Rohith	IOT	Rohith
81	2200100024	Takkella Chaitanya	IOT	T. Chaitanya
82	2400100045	Bachula Gowtham	IOT	Gowtham
83	2200100054	Ustela Sri Ram Sai	IOT	Ram
84	2300100066	Nukala Nikhitha	IOT	Nikhitha
85	2400100036	Gudala Pranav Koundinya	IOT	Pranav Koundinya

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