



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

◆ Approved by AICTE ◆ ISO 21001:2018 Certified

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DEPARTMENT OF BACHELOR OF COMPUTER APPLICATIONS KLEF – VADDESWAREM

Ref: KLEF/BCA/IQAC-ACAD/2026-27/CEA/AQ.-

NUTRITION AWARENESS PROGRAMME— CEA ACTIVITY— IQAC

Date	28-08-2026
Time	*2:00 PM to 4:30 PM*
Venue	ZP High School, Vaddeswaram
Target Participants: BCA/Faculty	STUDENTS/FACULTY
Number of Participants	50

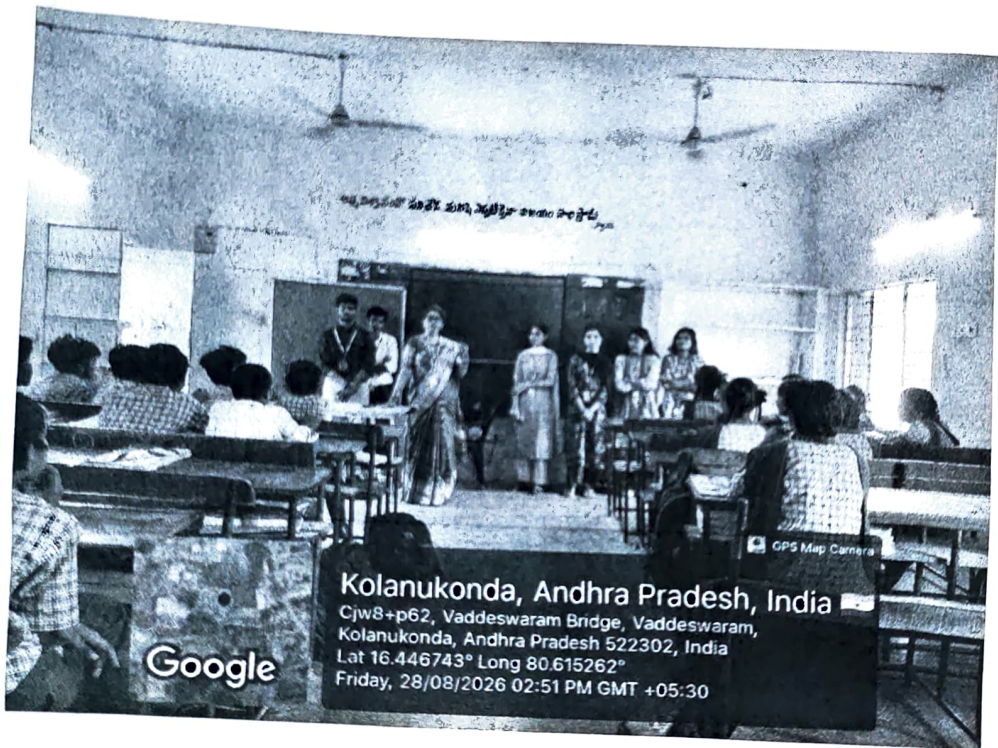
Brief Overview on CEA

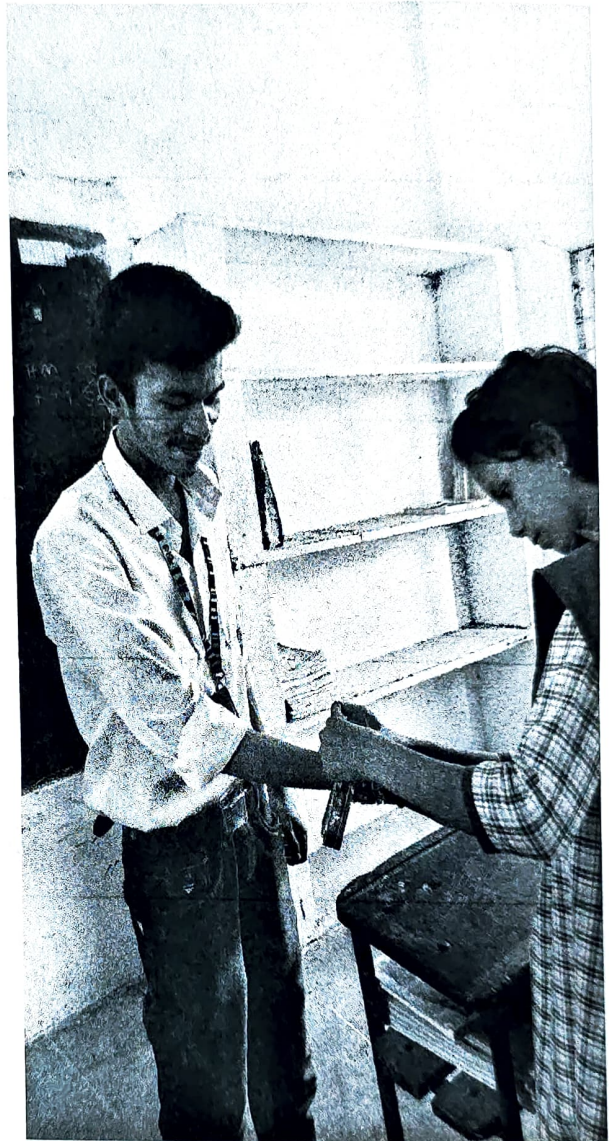
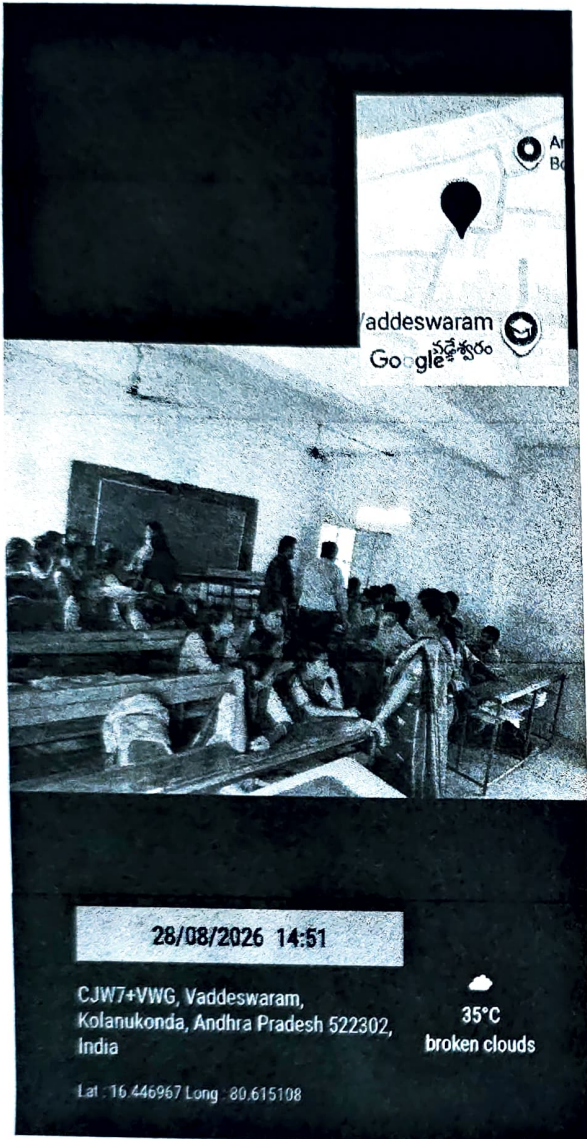
The **Centre for Extension Activity (CEA)** is an initiative that connects the institution with society through community-oriented programs. It encourages students to participate in social service, outreach activities, and humanitarian initiatives, helping them develop social responsibility and empathy along with practical life experience.

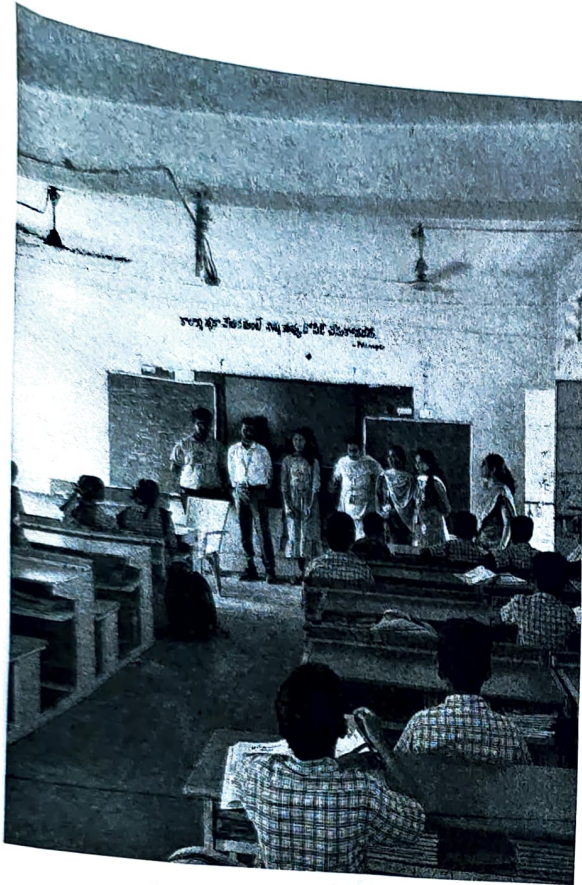
Objectives:

- To promote community engagement and social responsibility among students
- To organize extension and outreach activities for societal welfare
- To provide students with opportunities to serve vulnerable sections of society
- To inculcate empathy, compassion, and ethical values
- To strengthen the institution's connection with the community









Report:

A Centre for Extension Activity (CEA) community service programme on "**Nutrition Awareness**" was successfully conducted by **Central CEA on 28-08-2026 at ZP High School, Vaddeswaram. Faculty and students from the Department of BCA, KLEF** actively participated in the programme. The programme aimed to create awareness among school students about the importance of balanced nutrition, healthy eating habits, personal hygiene, and maintaining a healthy lifestyle. The programme also included a **Rakhi celebration**, promoting the values of love, respect, bonding, and togetherness among the participants.

The BCA faculty and students actively participated in various activities during the programme. They interacted with the school students and explained the importance of consuming a balanced and nutritious diet containing essential nutrients such as proteins, vitamins, minerals, carbohydrates, and healthy fats. Awareness was also created about consuming fresh and nutritious food, drinking adequate water, avoiding excessive consumption of junk food and sugary beverages, and following proper hygiene practices. The faculty and students encouraged the school children to adopt healthy food habits and understand the role of nutrition in maintaining physical and mental well-being.

As part of the programme, a **Rakhi celebration** was also conducted, where the significance of Raksha Bandhan and the values of care, respect, affection, and mutual support were shared with the school students. The celebration created a joyful and friendly atmosphere and helped strengthen the bond between the BCA faculty, students, and the school community.

The programme created a meaningful and positive impact on the **BCA faculty, students, and school community**. Participation in the activity helped students develop **communication skills, teamwork, leadership, social responsibility, empathy, and community engagement skills**. The interaction with school children provided faculty and students with an opportunity to share knowledge, promote healthy lifestyle practices, and foster social and emotional values. The programme also strengthened the spirit of **community service, compassion, and social responsibility** among the participants.

Outcome :

1. Created awareness among school students about the **importance of balanced nutrition, healthy eating habits, personal hygiene, and a healthy lifestyle.**
2. Educated students about the importance of **nutritious food, adequate water intake, and avoiding excessive junk food and sugary beverages.**
3. Promoted awareness of the role of proper nutrition in maintaining **physical and mental well-being.**
4. The **Rakhi celebration** promoted values of **love, care, respect, affection, and mutual support** among the students.
5. BCA faculty and students developed **communication, teamwork, leadership, empathy, and social responsibility skills** through their interaction with the school community.
6. Strengthened the spirit of **community service and social responsibility** among faculty and students.
7. Encouraged school students to adopt **healthy lifestyle practices and positive social values** in their daily lives.


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