



## DEPARTMENT OF COMPUTER SCIENCE & INFORMATION TECHNOLOGY

### Report on “Awareness Drive on Mobile Addiction and Digital Wellness”

**Date: 28-01-2026**

#### 1. Introduction:

The Outreach Program was conducted at **Z.P. High School, Peda Konduru Village**, with active participation from school students, faculty members, and volunteers from the Department of CS&IT, aiming to extend digital wellness awareness to the local community. The Outreach Program titled “**Awareness Drive on Mobile Addiction and Digital Wellness**” was successfully conducted by the Cell for Extension Activities (CEA) in association with the Department of Computer Science & Information Technology (CS&IT) on **27th January 2026**. The primary objective of this program was to create awareness among students and community members about the growing concern of mobile addiction, its impact on physical, mental, and social well-being, and to promote healthy digital habits for a balanced lifestyle.

#### 2. Event Details

Event Name: Awareness Drive on Mobile Addiction and Digital Wellness

Date: 27th January 2026

Time: 1:30 PM to 4:30 PM

Venue: Z.P. High School, Peda Konduru Village

#### 3. Objective of the Program:

- To educate participants about the signs and effects of mobile addiction.
- To highlight the importance of digital wellness and responsible use of technology.
- To encourage healthy screen-time practices and mindful digital engagement.

□ To sensitize students and the community on maintaining a balance between online and offline activities.

### **Activities Conducted:**

The program commenced with an introductory session explaining the relevance of digital wellness in today's technology-driven world. Faculty members and student volunteers addressed the audience on the concept of mobile addiction, its causes, and the challenges associated with excessive smartphone usage. Interactive sessions were conducted to engage participants, including discussions, real-life examples, and short awareness talks.

### **Outcomes of the Program**

- Increased awareness about the negative impacts of excessive mobile usage.
- Improved understanding of digital wellness practices.
- Positive feedback from participants regarding the usefulness of the session.
- Strengthened community engagement through collaborative outreach efforts.

### **Conclusion**

The Outreach Program “**Awareness Drive on Mobile Addiction and Digital Wellness**” was a meaningful and impactful initiative that successfully met its objectives. The collaborative effort between CEA and the Department of CS&IT contributed to spreading awareness and encouraging responsible digital habits among participants. The program highlighted the institution's commitment to social responsibility and holistic development of students and the community.

**Event photos:**





S.No	ID No	Name of the Student	Branch	Year
1	2400071804	Vasalatha Pavan	CSE-2	2nd Year
2	2400032864	T. Narasimha Reddy	CSE-4	2nd Year
3	2400080088	Mahaveer	BCA	2nd Year
4	2400053087	Hari Priya	BCA	2nd Year
5	2400053084	Vasu	BCA	2nd Year
6	2400090018	Pranthi	CS-IT	2nd Year
7	2500032094	J. Manohara	CSE	1st Year
8	2400090070	J. Padmina Saranya	CS-IT	2nd Year
9	2400090175	P. MD. Sanjana Khan	CS-IT	2nd Year
10	2300090104	M. B. Sri Ram	CS-IT	3rd Year
11	2400070636	D. Sukumar	CSE	2nd Year
12	2300032272	N. Sachin	CSE	3rd Year
13	2400030136	Maahi Samartha	CSE-2	2nd Year
14	2500010003	T. Sharan	CS-IT	1st Year
15	2400032604	T. Naga Avinash	CSE-2	2nd Year
16	2300032213	N. Chinnayi	CSE	3rd Year
17	2300032799	K. Sai Surya Teja	CSE-4	3rd Year
18	2300032659	Sk. Basha	CSE-4	3rd Year
19	2400030195	Vishnu	CSE	2nd Year
20	2400030006	Pokumuna Sinha	CSE	2nd Year
21	2400032001	S. Sakil	CSE	2nd Year
22	2400032032	Yashwanth	CSE	2nd Year
23	2400032135	Ch. Santosh	CSE	2nd Year
24	2400032283	Charan	CSE	2nd Year
25	2500031027	Jashwanth	CSE	1st Year
26	2400032821	Invikas Raju	CSE	2nd Year
27	2500032914	Sudharsan	CSE	1st Year
28	2500031584	Yashwanth	CSE	1st Year
29	2400100014	S. Kiran	IOT	2nd Year

**FacultyIn-charge**

**HOD**

