



# K L University

(Koneru Lakshmaiah Education Foundation)

Estd. u/s 3 of UGC Act 1956

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Constituent College KLCE Accredited by NAAC with CGPA 3.76/4.00

Approved by A.I.C.T.E ± Accredited by N.B.A.± ISO 9001-2000 Certified

## Department of Electronics & Computer Engineering

### Report on Health Awareness Programme

Conducted by

*ECM Women's forum on 18<sup>th</sup> August 2015*

KLU ECM Women's forum conducted "HEALTH AWARENESS PROGRAMME" for the Girl students on 18<sup>th</sup> August 2015.

Resource person	:	<b>Dr. Kiranmai Alla, MBBS, DM</b> Specialist Diabetes & Endocrinology Manipal hospital, Vijayawada
Venue	:	C608
Date	:	18 <sup>th</sup> August 2015
Time	:	3.30pm to 5.00pm
Co-Ordinator	:	Mrs. P.S.G. Arunasri
No. of Participations	:	120 girls students
Topic	:	Obesity and its effects on Women's Health

The Programme started with a welcome note by Dr. D Aruna Kumari, Professor Department of ECM. She introduced the resource person to the gathering. Dr. Kiranmai gave a power point presentation on the topic of "Obesity and its effects on Women's Health".





Dr. Kiranmai discussed about different girls related health problems like Obesity, Infertility. She said as the girls are future mothers they need to maintain the balance between food and activity. Otherwise it may cause hormonal imbalance which can lead to infertility.

She emphasized that obesity, acne and pigmentation problems should be properly diagnosed. She said that, if these problems are due to PCOS, then medical treatment alone can solve these issues.





All participants appreciated the programme. They said that they have realized the importance of Diet care for preventing obesity and different symptoms for infertility girls related health problems. Dr. Neelima, Medical Officer, KLU Girls hostel has also participated in the program.



There was an interactive session at the end where the girls raised many doubts which are clarified by Dr. Kiranmai. Dr. T Anuradha, Professor and Alternate HOD of ECM felicitated the Guest with a shawl and presented a memento. Finally vote of thanks was given by Mrs. P S G Arunasri I/C- ECM Women's Forum. She thanked Dr. Kiranmai for sparing her time and giving wonderful suggestions to the students. She also thanked Dr. Neelima for her help on organizing the event.

I/C Women's Forum  
(Mrs. P S G Arunasri)

HOD-ECM  
(Dr. M Suman)