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## **Department of Electronics & Computer Engineering**

## **Report on Career Counseling and Health Awareness Programme**

Conducted by

## ECM Women's forum on 28th January 2016

As a part of Saheli activity of KLU Women's Forum, ECM dept. has conducted an awareness camp on "Career Counseling and Health Awareness" for Girls of ZP High School, Revendrapadu.

Every student faces the question of 'what next' after class 10th. They have to decide a stream out of -Humanities, Science and Commerce, and the only career guidance she/he has is the opinion of their parents and teacher's judgment based on marks and comments of their friends and neighbors. In this day and age where there are so many career options, young students find it very difficult to choose the right career option and at times prefer the safer option to their personal interest.



In this regard, this Program conducted for 9<sup>th</sup> Class students. In this Program Department Women's forum faculty incharge Mrs. P S G Arunasri and Staff incharge Mrs. S. Radhika Devi discussed the significance of Career Counseling after Class 10 with the following topics:

- Career Planning and its Importance
- Career Confusion after 10<sup>th</sup> class
- Career Options in Science and Engineering after 10<sup>th</sup> class
- Career Options in Commerce after 10<sup>th</sup> class
- Career Options in Arts after 10<sup>th</sup> class



Later P. Spandana, K. Rishita, D. Bhavana and R. Aparna students of KLU ECM Department discussed on how technology can be used as an effective tool for career building. They added that using social media can help one to build a strong network which can lead to meeting someone who may be resourceful in progressing one's career.

Later they discussed about the nutritious food to be taken and importance of vitamins, minerals by showing the charts and also gave awareness on it. They told about what are foods the girls should take to be stronger and also about safety tips during their periods.

## **Programme Overview:**









