



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ❖ Approved by AICTE ❖ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/NCC/2023-24

Dt. 28-09-2023

Orders of the Hon'ble Vice-Chancellor dt. 28-09-2023

CIRCULAR

Sub: Conduction of "MARATHON FOR HEALTH AWARENESS" by 10 (A)Giris Bn, NCC, KLEF.Communication-Reg.

Ref: Letter dt. 28-09-2023 from Lt Dr A. PAVANI, Associate NCC Officer 10 (A) Girls Bn, NCC and forwarded by Dean Student Affairs Dr.K.R.S. Prasad.

This is to inform that KLEF NCC 10 (A) BN, is Conducting "MARATHON FOR HEALTH AWARENESS" on 29-09-2023. All interested can participate in the above-mentioned event along with NCC cadets.

The details are mentioned below:

Event Date : 29-09-2023
Time : 5:00am - 9:00am
Venue : Vijayawada

Contact: Lt Dr A. PAVANI, Associate NCC officer Mobile No. 9494239560

The Hods are directed to ensure that this information is brought to the notice to all the students of their respective departments.


REGISTRAR

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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESARAM-522 302.
Guntur District, Andhra Pradesh.



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10(A)G.Bn.NCC



MARATHON FOR HEALTH AWARENESS

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EVENT DETAILS

EVENT TITLE	Marathon for Health Awareness
DATE	29-09-2023
VENUE	Indhira Gandhi Municipal Stadium
ORGANISED BY	10(A)Girls Bn, NCC, KLEF
SUPPORTED BY	Lt Dr A. Pavani, ANO of 10(A) girls Bn, NCC, KLEF.

EVENT DESCRIPTION:

Introduction:

The National Cadet Corps (NCC) organized a Health Awareness Marathon Event on 29th September, with the aim of promoting fitness and well-being among the youth and creating awareness about the importance of leading a healthy lifestyle. The event saw enthusiastic participation from cadets, students, and members of the community.

Objective:

The objective of the event was to promote fitness and physical well-being among the youth, and to create awareness about the importance of leading a healthy lifestyle, and to encourage community participation in health promotion activities.

Attendance and Participants:

The event was attended by 100 members along with their friends. And many communities have actively participated in the marathon.

Program Highlights

All members done a 5km marathon around **Indhira Gandhi Municipal Stadium**, to promote awareness about our health. The event also highlighted the role of NCC in promoting health awareness and community engagement.

Key Messages:

Throughout the event, the following key messages were reiterated:

1. Promoting fitness and well-being: The event aimed to promote fitness and physical well-being among the youth and community members, emphasizing the importance of leading a healthy lifestyle.

2. Community participation: The event encouraged community participation creating a platform for individuals of all age groups to come together and contribute towards health awareness.
3. Education and awareness: Health education stalls provided information on nutrition, mental health, hygiene, and preventive healthcare, helping participants gain knowledge and understanding on various aspects of well-being.

Conclusion

The Health Awareness Marathon Event organized by the NCC served as an effective way to promote fitness and well-being among the youth and the community at large. By encouraging physical activity, providing health education, and fostering community participation, the event made a significant contribution to creating awareness about leading a healthy lifestyle.

The success of this event reflects the commitment of NCC in nurturing a generation of physically and mentally fit individuals. At the end of the event, participants who completed the marathon received certificates of achievement, encouraging a sense of accomplishment and motivation.

PHOTO GALLERY: -



Cadets participate in marathon event on 29-09-2023





Cadets actively participate in marathon event on 29-09-2023



Refreshments distributions on 29-09-2023

ATTENDANCE LETTER: -

1	2100560293	D V RISHITHA
2	2100560068	V JAHNAVI
3	2100560063	P VASAVI
4	2100560065	SK SALMA
5	2100560005	G LEKHYA
6	2100560299	YASWITHA M
7	2100560216	PAUL SAYUA
8	2100560227	MERSY CONFIDENCE
9	2100560051	B HARIKA
10	2100560099	K SAI BHAVANI
11	2100560207	T SATHVIKA
12	2100560060	SINDHU PARIMALA
13	2100560062	SAI SREE
14	2100560508	SNEHA J
15	2100560108	MOHITHA
16	2100560125	SRIJA K
17	2100560278	S VEERESH
18	2100560279	K MAHITA
19	2100560285	RISHITHA
20	2100560015	N PRANATHI



Dean
Students Affairs

Dean (Student Affairs)
Koneru Lakshimlah Education Foundation
(Deemed to be University)
Green Fields, VADDESWARAM-522502,
Guntur Dist, Andhra Pradesh.