



10(A)G.Bn.NCC



SELF DEFENCE Awareness Program

Event Details:

DATE : 19-02-2026

VENUE : KL University

ORGANISED BY :10(A) Girls Bn, NCC, KLEF

SUPPORTED BY : NSS ,KLEF

**Aim of the Event:**

The aim of this event was to create awareness about the importance of self-defence and personal safety in shaping a confident, fearless, and independent future. Organized by 10(A) Girls Bn NCC, KLEF with the support of NSS, KLEF at Padapalem Govt School on 19th February 2026 and attended by NCC cadets and students, the program sought to educate young minds about the significance of self-awareness, personal safety, and emergency preparedness in daily life.

The event aimed to remind students that self-defence is not only about physical protection but also about building confidence, courage, discipline, and mental strength. It also intended to encourage students, especially young girls, to remain alert, confident, and capable of handling difficult situations with presence of mind and determination.

Furthermore, the program aimed to promote leadership, teamwork, social responsibility, and empowerment among NCC cadets through active participation and community interaction. The awareness session also intended to inspire students to stay physically fit, mentally strong, and socially responsible while contributing towards building a safer and more confident society.

**Description:**

The Self Defence Awareness Program was organized with great enthusiasm and dedication by 10(A) Girls Bn NCC, KLEF in collaboration with NSS, KLEF at Padapalem Govt School. The event began with NCC cadets, NSS volunteers, and participating students assembling at the venue, where they were briefed about the objectives and importance of the awareness program.

Filled with enthusiasm and a spirit of service, the cadets warmly interacted with the school students, creating a friendly, motivating, and supportive atmosphere. The session commenced with interactive discussions focusing on personal safety, confidence building, and the importance of self-defence in today's society.

Through motivational speeches, practical demonstrations, and engaging activities, the instructors and NCC cadets educated students about basic self-defence techniques, emergency response methods, and safety awareness. Demonstrations included simple techniques such as escaping from holds, maintaining balance, protecting oneself during emergencies, and responding confidently in unsafe situations.

The NCC cadets actively participated in guiding and motivating the students, demonstrating discipline, leadership, teamwork, and compassion throughout the event. Interactive sessions and awareness talks encouraged students to remain fearless, alert, and confident while also emphasizing the importance of education, discipline, and self-respect.

The event concluded on an inspiring and positive note, leaving a lasting impression on both participants and students. The program successfully reinforced the values of awareness, confidence, empowerment, and social responsibility among all attendees.

### Conclusion:

The Self Defence Awareness Program served as a meaningful reminder that self-confidence, awareness, and preparedness are essential in shaping a safe, strong, and independent future. The active participation of NCC cadets, NSS volunteers, and students reflected a strong sense of social responsibility and commitment towards community welfare and women empowerment.

Through interactive sessions, motivational speeches, and practical demonstrations, the program successfully inspired young minds to stay confident, alert, and courageous in facing life's challenges. The event also strengthened the spirit of discipline, leadership, teamwork, and service among NCC cadets and volunteers.

Let us continue to spread awareness, empower individuals with knowledge and confidence, and work collectively towards building a safer, stronger, and more responsible society.

**“Self Defence is the Best Defence – Stay Alert, Stay Strong!”**

**“Jai Hind!”**

### EVENT PHOTOS





GPS Map Camera

### Pedapalem, Andhra Pradesh, India



9mm7+fc3, Pedapalem, Andhra Pradesh 522305, India  
Lat 16.383311° Long 80.663065°  
Thursday, 19/02/2026 03:00 PM GMT +05:30



