



HEALTH AND HYGIENE Awareness Program

Event Details:

DATE : 27-02-2026

VENUE : VENKATAPALEM CHIGURU ASHRAMAM

ORGANISED BY :10(A) Girls Bn, NCC, KLEF

SUPPORTED BY : Dr. Venkateswarlu CEA ,KLEF

Aim of the Event:

The aim of this event was to create awareness about the importance of health and hygiene in shaping a healthy, confident, and disciplined future. Organized by 10(A) Girls Bn NCC, KLEF at Venkatapalem Chiguru Ashramam on 27th February 2026 and supported by Dr. Venkatateswarlu, the program aimed to educate children and students about the importance of maintaining personal hygiene, cleanliness, and healthy lifestyle habits for overall well-being and successful living.

The event sought to remind participants that proper hygiene practices are essential not only for preventing diseases and infections but also for developing self-confidence, discipline, and self-respect. It also aimed to spread awareness about healthy eating habits, cleanliness of surroundings, regular exercise, and maintaining a hygienic environment.

Furthermore, the program intended to promote social responsibility, teamwork, leadership, and community service among NCC cadets through active participation and interaction with children. The awareness session also aimed to inspire young minds to adopt healthy habits, value education, and contribute towards building a cleaner, healthier, and more progressive society.

Description:

The Health and Hygiene Awareness Program was organized with great dedication and enthusiasm by 10(A) Girls Bn NCC, KLEF at Venkatapalem Chiguru Ashramam under the guidance and support of Dr. Venkatateswarlu. The event witnessed active participation from NCC cadets, students, and children of the ashramam, creating an atmosphere filled with awareness, compassion, and social commitment.

The program began with NCC cadets and participating students assembling together and receiving instructions regarding the objectives and importance of the outreach activity. Filled with enthusiasm and a spirit of service, the cadets warmly interacted with the children, creating a friendly and encouraging environment.

The awareness session commenced with interactive discussions focusing on the importance of personal hygiene, sanitation, healthy food habits, cleanliness, and regular physical activity in maintaining good health. Through motivational speeches, engaging conversations, demonstrations, and awareness activities, the cadets educated the children about hand washing, oral hygiene, clean surroundings, and the prevention of common diseases.

The NCC cadets actively participated in guiding and mentoring the children, demonstrating leadership, discipline, teamwork, and compassion throughout the event. The session also encouraged children to maintain cleanliness in their surroundings, develop positive habits, and focus on their education and personal growth.

The event concluded on a joyful and memorable note with interactions, encouragement, and the distribution of stationery items and chocolates to the children, symbolizing care, motivation, and support for their bright future. The program left a positive and lasting impression on both the participants and the children, reinforcing the values of service, awareness, and community responsibility.

Conclusion:

The Health and Hygiene Awareness Program served as a meaningful reminder that good health, cleanliness, and hygiene are essential foundations for building a healthy and successful future. The active participation of NCC cadets and students reflected a strong sense of social responsibility, discipline, and commitment towards community welfare.

Through interactive sessions, motivational speeches, demonstrations, and awareness activities, the program successfully inspired young minds to adopt healthy habits, maintain cleanliness, and lead disciplined lives with confidence and positivity. The event also strengthened the spirit of teamwork, leadership, compassion, and service among NCC cadets.

Let us continue to spread awareness, support those in need, and work together towards building a cleaner, healthier, and more educated society for future generations.

“Healthy Habits Today – Better Future Tomorrow!”

“Together for Health, Hygiene, and Happiness!”

“Jai Hind!”



EVENT PHOTOS:

