



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA

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Ref: KLEF/SA/NSS/Events/2021-22

Date: 24-09-2021

Orders of the Vice-Chancellor dt. 24-09-2021

CIRCULAR

Sub: Conduction of Nutrition Food – Healthy Lifeon 25-09-2021 at Chirravuru Village – Reg.

Ref: Letter dt. 23-09-2021 from Mr. P.Srikanth Reddy, Program Coordinator, KLEF NSS Cell and forwarded by Dean (Student Affairs).

This is to inform that, National Service Scheme (NSS) of KLEF will be organizing the Nutrition Food – Healthy Lifeon 25-09-2021 at Chirravuru Village.

Event : Nutrition Food – Healthy Life
Place : Chirravuru Village
Date : 25-09-2021
Timings : 9:30 am to 01:30pm

All the NSS Unit-7 students should participate in the event, Buses start from NSS Cell Indoor Stadium.

For Further information regarding the event contact Mr. P.Srikanth Reddy, KLEF NSS Programme Coordinator, Mobile No: 8466011222, or Mr. P.Suresh, Coordinator, NSS, Mobile No: 9493171719.


REGISTRAR



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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESARAM-522 302.
Guntur District, Andhra Pradesh.



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A Report on Nutrition Food–Healthy Life **Conducted on 25-09-2021 at Chirravuru**

Objective:

The objective of the "Nutrition Food – Healthy Life" event conducted on 25-09-2021 at Chirravuru was to promote awareness about the importance of nutritious food for maintaining a healthy lifestyle. This initiative aimed to educate participants on balanced diets, dietary diversity, and the impact of good nutrition on overall health and well-being. Additionally, it sought to empower individuals with knowledge and strategies to make informed dietary choices for improved health outcomes.

Description:

On 23-09-2021, the NSS Unit-07 team decided to organize the "Nutrition Food – Healthy Life" (PoshanMaah) event scheduled for 25-09-2021. NSS Programme Coordinator Mr. P. Srikanth Reddy and CSE NSS Unit-07 Programme Officer Dr. P. Yellamma, accompanied by students, visited Chirravuru village to inform the village panchayat Secretary about the upcoming program.

The objective of this program was to educate school students about food and nutrition, emphasizing the importance of consuming a balanced diet. Upon reaching the village, volunteers visited ZPHS School and interacted with students from VI, IX, and X classes to discuss their dietary habits. They highlighted the significance of balanced nutrition in supporting growth and overall fitness, educating them about essential nutrients and proper food quantities to maintain good health and prevent malnutrition.

On the event day, starting from our university campus at 9:30 am and arriving by 10:00 am, we were divided into teams by our coordinators to conduct sessions on nutritious food in government schools as planned. The event was led by Mr. P. Srikanth Reddy, Dr. P. Yellamma, and coordinated by Mr. T. Sivakrishna and Mr. GVKP. Chandrasekhar. We extend our gratitude to all NSS volunteers for their valuable contributions and to the Panchayat officials of Chirravuru Village for their support and encouragement in ensuring the success of this event.

Outcome:

The "Nutrition Food – Healthy Life" event conducted on 25-09-2021 at Chirravuru achieved several outcomes:

1. **Increased Awareness:** Participants gained a better understanding of the importance of nutrition in maintaining a healthy lifestyle. They learned about balanced diets, dietary diversity, and the role of nutrients in promoting overall well-being.
2. **Promotion of Healthy Habits:** The event encouraged attendees to adopt healthier eating habits and make informed dietary choices. This included practical tips and strategies to incorporate nutritious foods into daily meals.
3. **Community Engagement:** The initiative fostered community involvement and dialogue around nutrition, promoting a supportive environment for health-conscious practices among participants.

Overall, the event successfully raised awareness about nutrition, empowered individuals to prioritize healthy eating, and fostered community-wide engagement in promoting better health outcomes at Chirravuru.

Impact on Society:

The "Nutrition Food – Healthy Life" event at Chirravuru on 25-09-2021 positively impacted society by promoting a culture of health and wellness through increased awareness and practical education on nutritious eating habits, thereby potentially improving overall community health outcomes and well-being.

Details of the Event:

Date of the Event	:25-09-2021
Name of the Event	: Nutrition Food–Healthy Life (Poshan Maah)
Venue	: Chirravuru
No. of Participants	: Students:94, Faculty, Staff:04

Event Photos:



Students are giving awareness on healthy life to the school students on 25/09/21



School Students are taking advice from the nss volunteers on 25/09/21



Students educate School students on food and Nutrition and making them understand the importance of consuming a balanced diet on 25/09/21

List Of Volunteers:

S.No	Name of the Volunteer	Univ ID	Dept.
1	Harini punnani	180030009	CSE
2	SAI TARUN PALAKULA	180030015	CSE
3	P.TULASI KUMARI	180030022	CSE
4	Rohith Kumar	180030024	CSE
5	P DEEKSHITHA	180030028	CSE
6	Akhil	180030029	CSE
7	KOVURU RUSHMITHA	180030031	CSE
8	Manjusha	180030035	CSE
9	Vilasagarapu Yashitha	180030039	CSE
10	jagarlamudi.jaya lakshmi	180030040	CSE
11	pravallika sai penumudi	180030041	CSE
12	Marella Hemanth	180030043	CSE
13	Atmakuru Ravi	180030046	CSE
14	Vechalapu Sunil	180030048	CSE
15	T.Srikanth	180030051	CSE
16	BADISA HARI PRAVEEN	180030056	CSE
17	VENKATA SOUMYA.P	180030065	CSE
18	A.hema	180030074	CSE
19	Mounica Vattumilli	180030075	CSE
20	V.Sri Maanya	180030082	CSE
21	A.N.S.S.V.VINITH	180030091	CSE
22	CH.NAGA SAI ABHINAY	180030097	CSE
23	Banka Aakanksha	180030100	CSE
24	Y bajji	180030103	CSE
25	Desaboina Supriya	180030108	CSE
26	M.Surya Sushma	180030116	CSE
27	Vasavi Gannina	180030120	CSE
28	BEZAWADA SAI KRISHNA	180030124	CSE
29	Mareedu Harika	180030126	CSE
30	V.N.S.V.JAGADEESWAR	180030130	CSE
31	Y.TANVI	180030132	CSE
32	B.jani tataji	180030135	CSE
33	Kagga Pavan Kumar	180030142	CSE
34	Gurujala Venkata Phani Vihari	180030148	CSE
35	Shruti Sunkari	180030149	CSE
36	ATLURI SAI KOUSHIK	180030154	CSE
37	Vishnubhatla Naga Sai Sravani	180030163	CSE

Harini
 P.S. Tarun
 Tulasi P
 Rohith
 Deeksha
 Akhil
 Rushmitha
 Manjusha
 AB-
 Pravalika
 AB-
 Ravi
 Sunil
 Srikanth
 Praveen
 Soumya
 Hema
 Mounica
 V.Sri Maanya
 Dinith
 Abhinay
 Banka Aakanksha
 Y bajji
 Desaboina
 Sushma
 AB-
 AB-
 AB-
 AB-
 Janvi
 Tataji
 Kumar
 Gurujala
 Shruti
 Koushik
 Sravani

38	Suggu Sandeep	180030167	CSE
39	Vallabapurapu Ujval Sai	180030176	CSE
40	ANNAMDEVULA SRI NIKITHA	180030188	CSE
41	Shainy srigala	180030200	CSE
42	Mithinti santhoshi lakshmi	180030202	CSE
43	Jalireddygaru Venkata vaishnavi	180030203	CSE
44	BANALA GUNASEKHAR	180030209	CSE
45	DHAMMALAPATI NEHA SRI	180030214	CSE
46	DEEVELA RESHMA	180030217	CSE
47	D Kalyani	180030218	CSE
48	Kowshik Sai	180030219	CSE
49	Madhulika Patnaikuni	180030225	CSE
50	Banoth Sai Kiran	180030230	CSE
51	Konde Yasaswini	180030235	CSE
52	Sriramineni Tapaswi Chowdary	180030243	CSE
53	D KARTHIK	180030249	CSE
54	Peddi.Naga venkata mahitha	180030250	CSE
55	JANGA SEVITHA	180030252	CSE
56	Kariyavula.Gopika Manvitha	180030255	CSE
57	Devathi Divya sree	180030259	CSE
58	VADLAMURU PUJITHA	180030260	CSE
59	Putta.Navya Sri	180030261	CSE
60	K. Naga Harshitha	180030262	CSE
61	Meda.Sahithi	180030266	CSE
62	Sai Akhil	180030278	CSE
63	P.Usha	180030283	CSE
64	T.sai Nanda kumar	180030287	CSE
65	Nikhi Naidu	180030288	CSE
66	KONDA.LAKSHMI LASYA	180030291	CSE
67		180030293	CSE
68	K.pragathi	180030299	CSE
69	K.Lathasri	180030301	CSE
70	D.pravallika	180030302	CSE
71	Ayyagari Neha	180030303	CSE
72	KOTTE SHIVALIKITHA	180030304	CSE
73	G.likhitha	180030305	CSE
74	Achanta Lavanya	180030307	CSE
75	Loukya malapati	180030315	CSE

38
 39
 40
 Shainy srigala
 Lakshmi
 Venkata Vaishnavi
 Gunasekhara
 Neha
 Reshma
 Kalyani
 Kowshik Sai
 Madhulika Patnaikuni
 Banoth Sai Kiran
 Yasaswini
 Chandras
 D. Kartik
 Mahitha
 J. Seetha
 Gopika
 Divya sree
 Pujitha
 Navya Sri
 K. Naga Harshitha
 Sahithi
 Sai Akhil
 P. Usha
 T. Sai Nanda kumar
 Nikhi Naidu
 Vitea
 Lakshmi
 Lasya
 Pragathi
 K. Lathasri
 D. Pravallika
 Neha
 Shivalikitha
 G. Likhitha
 Achanta Lavanya
 Loukya Malapati

76	Adusumalli yeswanthi	180030316	CSE
77	Kotipalli tejaswi	180030317	CSE
78	R.vasavi	180030324	CSE
79	N.Pavan Prateek	180030331	CSE
80	b. J .NARASIMHA.MURTHY	180030332	CSE
81	K Meghan	180030336	CSE
82	Rahul Krishna	180030353	CSE
83	MOUNIKA PADALA	180030375	CSE
84	S N V SAI LAKSHMI SAHITHI	180030376	CSE
85	Harshini Kopparthi	180030380	CSE
86	Likhita alla	180030397	CSE
87	Katepalli kethana	180030406	CSE
88	PALADUGU SRIHAASITHA	180030413	CSE
89	Sahithi	180030416	CSE
90	Gayathri Yadlapalli	180030417	CSE
91	P.Gayathri	180030424	CSE
92	Sai sukumar	180030425	CSE
93	Ginjudipalli Chandana	180030430	CSE
94	A.Sunil Mallik	180030434	CSE
95	N.hari venkata siva sai	180030442	CSE
96	Venkata Sai Sabbineni	180030446	CSE
97	D.venkata ramya	180030453	CSE
98	KESARAM PRASHANTH REDDY	180030470	CSE
99	Akarsha.Rampam	180030471	CSE
100	Kirankishore potnuru	180030476	CSE

Yeswanthi
 Tejaswi
 Vasavi
 Pavan
 Narasimha
 Meghan
 Rahul Krishna
 Padala, Mounika
 Sahithi
 Harshini
 Likhita
 Kethana
 Srihaasitha
 Sahithi
 Gayathri
 Gayathri
 Sukumar
 Chandana G.
 Sunil
 Hari
 Venkata
 Sabbineni
 Ramya
 Prashanth
 Akarsha
 Kirankishore

P. Yellamma
 Programme Officer
 KLEF NSS Cell.

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