



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002 Ph: +91 - 866 - 3500122, 2576129

National Service Scheme (NSS)

KLU CSE (H) NSS Special Camp Unit-09

From 05-03-2024 To 11-03-2024 At Pedapalem

Day: 3



Event : Stress management in schools Students

Venue : PedaPalem

Date : 07-03-2024



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Ref: KLEF/SA/NSS Cell/Events/2023-24

Date: 05.03.2024

Orders of the Vice Chancellor dt.05.03.2024

CIRCULAR

Sub: Conduction of Stress management in schools Students on 07-03-2024 at Pedapalem Village – Reg.

Ref: 1. Letter dt. 04.03.2024 from Mr. P.Srikanth Reddy, Programme Coordinator, KLEF NSS Cell and forwarded by Dean (Student Affairs)

2. Orders of Hon'ble Vice Chancellor dt. 04.03.2024

This is to inform you that the National Service Scheme (NSS) of KLEF will be organizing Stress management in schools Students on 07-03-2024 at Pedapalem Village.

Event : Stress management in school Students
Venue : PedaPalem
Date : 07-03-2024
Timings : 9:30 am to 4:30 pm

Interested students can participate in these events. Buses start from Indoor Stadium.

For further information regarding this event contact Mr. P.Srikanth Reddy (Mobile No. 8466011222, Programme Coordinator, KLEF NSS Cell and Mr. P. Suresh, NSS Coordinator, (Mobile No.9493171719)


REGISTRAR



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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESARAM-522 302.
Guntur District, Andhra Pradesh.

Objective:

The objective of stress management in school students is to equip them with techniques to cope with academic and personal pressures, promoting mental well-being. It aims to enhance their emotional resilience and improve focus and performance in their studies. Additionally, it fosters a healthy school environment that supports overall student development.

Description:

On 07-03-2024, the NSS wing of KL Deemed to be University College of Engineering CSE Honors Unit-2 conducted a stress management session for 9th and 10th grade students at Pedapalem Village ZP High School as part of a Special Camp. NSS Programme Coordinator Mr. P. Srikanth Reddy raised awareness about stress management, advising students not to view exams as stressful and recommending meditation and yoga to alleviate stress. NSS Programme Officer Mr. N. Naveen Narayanan emphasized the importance of completing the syllabus progressively throughout the academic year, warning that last-minute studying can lead to stress. The event was attended and appreciated by Dean of Student Affairs Dr. Ch.Hanumantha Rao, Advisors Dr. Habibulla Khan and Dr. K.R.S.Prasad, and HOD of CSE Honors Dr. Senthil Athithan. Coordination was managed by NSS Coordinator Mr. P. Suresh and Student Mentor Mr. G. Chandrasekhar.

Outcome:

The event equipped 9th and 10th-grade students at Pedapalem Village ZP High School with effective stress management techniques, promoting mental well-being. Students gained valuable insights into balancing their studies and reducing exam-related stress through consistent preparation and mindfulness practices. The initiative fostered a supportive environment, enhancing their academic performance and overall resilience.

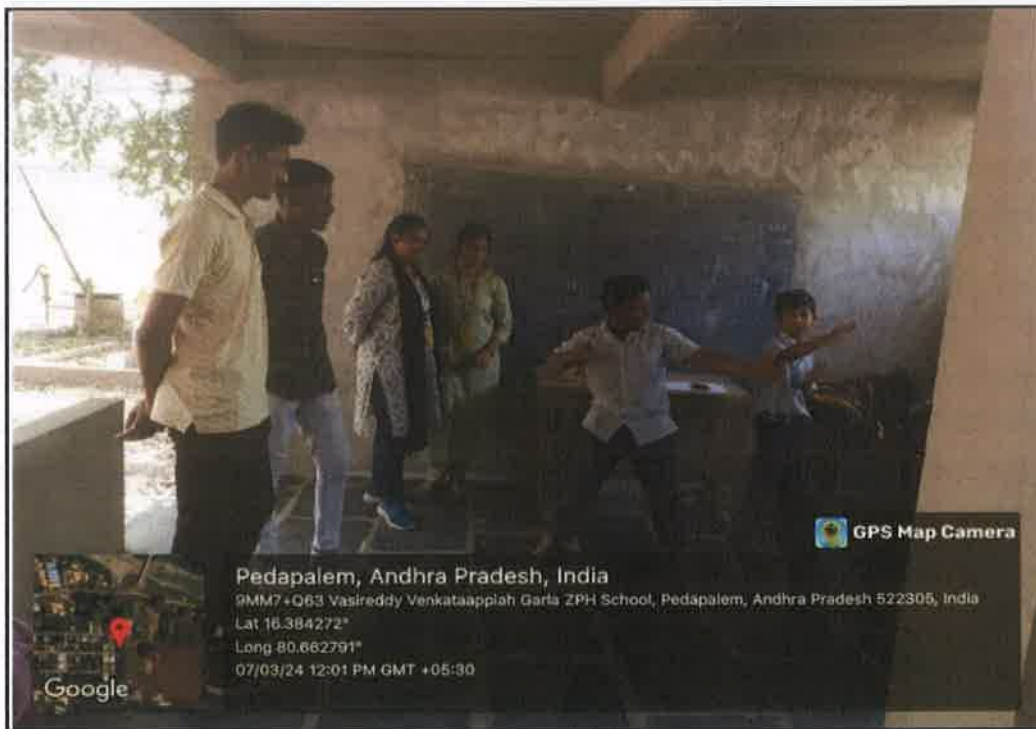
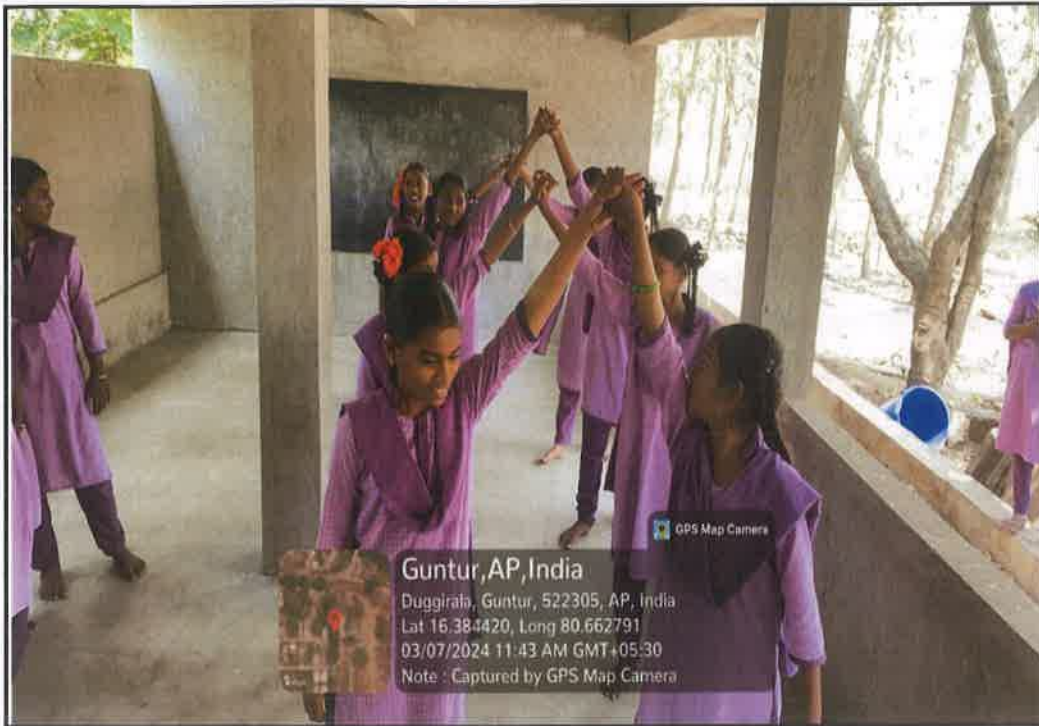
Impact on Society:

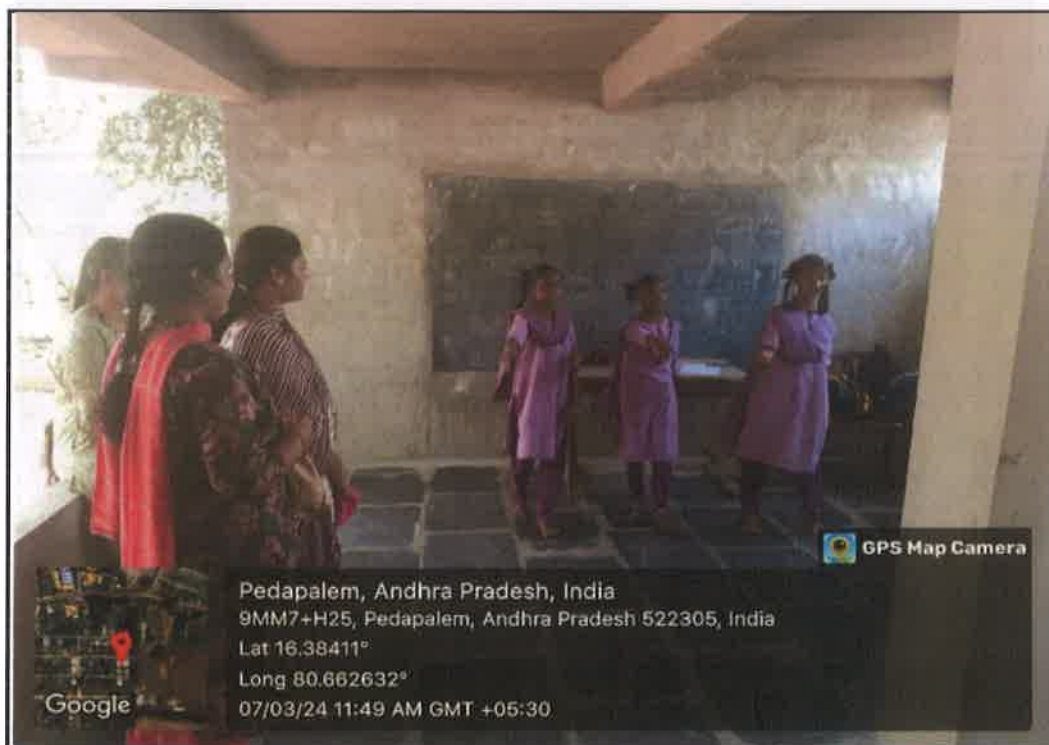
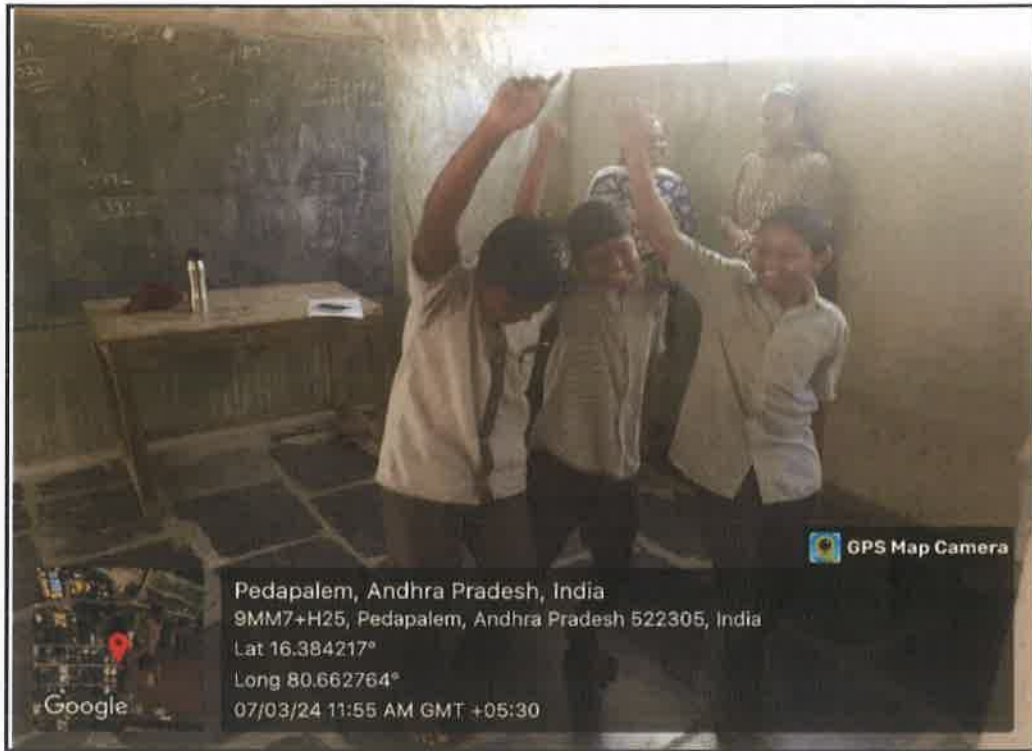
The event contributed to a healthier and more resilient student community in Pedapalem Village by promoting effective stress management practices. This positive impact on students' well-being and academic performance benefits the broader society by fostering a more balanced and capable future generation.

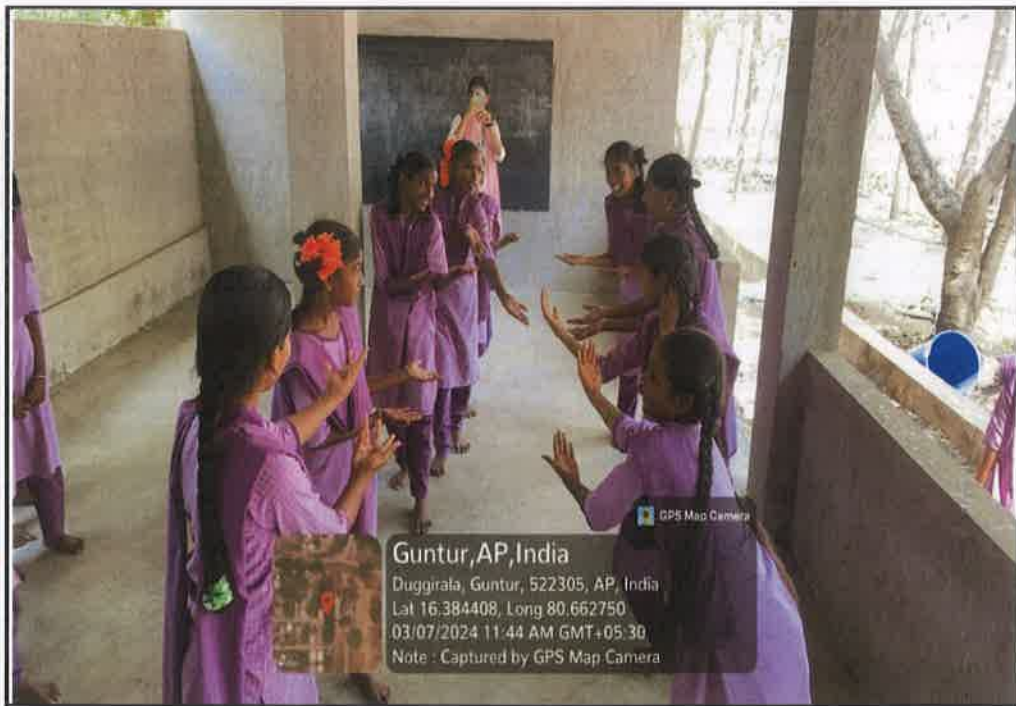
Details of the Events:

Name of the Event	: Stress Management in Schools Initiative
Venue of the Event	: PedaPalem Village
Date of the event	: 07-03-2024
No. of Hours	: 09:30 AM to 4:30 PM
No. of Participants	: Vol.,: 96, Faculty: 04

Event Photos:







Name of the Event: Stress Management in School Students

Date: 07-03-2024

NSS Unit No : 2

Place: Pedapalem

Participated Volunteers List:


S.No	ID. No	Name of the Student	Branch	Year	Signature
1	2200030210	Preethi.I	CSE (H)	2	preethi.i
2	2200030628	K.Monika	CSE (H)	2	K.Monika
3	2200030843	Lakshmi Prasanna	CSE (H)	2	Lakshmi prasanna
4	2200030629	Varsha Garaga	CSE (H)	2	Varsha
5	2200031298	B.Mani Harika	CSE (H)	2	B.M.harika
6	2200032761	Suravarapu.Deepthi	CSE (H)	2	Ab
7	2200031007	Annepu Uday Kumar	CSE (H)	2	Uday k
8	2200032204	Setty Pavithra Sai Navya Mani	CSE (H)	2	S. Navya
9	2200031213	N V Sai Vijay Vardhan Naidu	CSE (H)	2	N. Vijay vardhan
10	2200030557	Kilari Sai Nithin	CSE (H)	2	K.S.Nithin
11	2200032852	Surya Prabha Ananya Avasarala	CSE (H)	2	S.P.A.A
12	2200031083	Ganji Ashritha	CSE (H)	2	Ashritha
13	2200031603	Asadi Sai Bhavya Reddy	CSE (H)	2	Asadi
14	2200031061	Namuduri Gayatri	CSE (H)	2	Gayatri
15	2200031605	Gottumukkalapavani	CSE (H)	2	G.O.Pavani
16	2200032562	Sadhu Teja Sai	CSE (H)	2	S.T.Sai
17	2200030030	Appikatla Srilekha	CSE (H)	2	Srilekha
18	2200031813	Charitha Sri Jakkampudi	CSE (H)	2	Charitha Sri Jakkampudi
19	2200031655	Koyya Lakshmi Chandana	CSE (H)	2	K.L.C.
20	2200030235	Kanagala Saathvika	CSE (H)	2	K.Saathvika
21	2200032160	Rampudi.Tarun	CSE (H)	2	Tarun
22	2200031289	Kanumilli Harini	CSE (H)	2	K.Harini
23	2200030391	K. Srinivas	CSE (H)	2	K.Srinivas
24	2200030718	Namburi Rakesh	CSE (H)	2	N.Rakesh
25	2200032949	Janapala Lohith Kumar	CSE (H)	2	J.Lohith
26	2100030199	J Manish Kumar	CSE (H)	3	Manish
27	2200030175	Shaik.Sameera	CSE (H)	2	S.Sameera
28	2200031171	Uday Parsa Kumar	CSE (H)	2	Uday
29	2200031100	Shaik Fyroz Shahul	CSE (H)	2	Shaik
30	2200030313	K Bala Naga Venkata Satya Sai	CSE (H)	2	Sai
31	2200032432	Venkata Satya Srikar Parvatha	CSE (H)	2	Satya
32	2200032216	Manogna Basuvula	CSE (H)	2	Manogna
33	2300032232	Kaushik Varma Datla	CSE (H)	1	K.V.Datla
34	2300033633	G Sarath Babu	CSE (H)	1	G.Sarath
35	2100032558	Avighna Yarlagadda	CSE (H)	3	Avighna
36	2200030240	T.Guna Harshini	CSE (H)	2	T.Guna

37	2200031856	Bellam Jyothika Sai	CSE (H)	2	Ju
38	2200032123	Bhishma Porida	CSE (H)	2	B. Porida
39	2200032911	Kasaju Pavan	CSE (H)	2	Pavan
40	2200030039	Devi Harshini	CSE (H)	2	Devi Harshini
41	2200030147	Rangineni Nikitha	CSE (H)	2	R. Nikitha
42	2200032209	L.Suchitha	CSE (H)	2	L. Suchitha
43	2200031925	Madhu Yalamarathi	CSE (H)	2	Madhu
44	2200030238	Thambabattula Guna Varshini	CSE (H)	2	Thambabattula
45	2200030038	Edula Vivekananda Reddy	CSE (H)	2	E. V. Reddy
46	2200030279	Chalamala Leesha Hasini	CSE (H)	2	Leesha
47	2300030550	Harshitha Pothala	CSE (H)	1	P. Harshitha
48	2200032750	Jalla Sampath Guptha	CSE (H)	2	J. Guptha
49	2300033379	Monika Mandavilli	CSE (H)	1	M. Mandavilli
50	2200031646	Abhuri Ysaswini	CSE (H)	2	Ysaswini
51	2200030210	Immani Preethi	CSE (H)	2	Preethi
52	2200032208	Sarva Harini	CSE (H)	2	S. Harini
53	2300030348	Kopparthi Hemavardhan	CSE (H)	1	Hemavardhan
54	2200030276	Perumalla Bhaswanth	CSE (H)	2	M. Bhaswanth
55	220030276	Perumalla Bhaswanth	CSE (H)	2	M. Bhaswanth
56	2200033297	Mahidhar Reddy	CSE (H)	2	P. Mahidhar
57	2200031779	Tahaseen Syed	CSE (H)	2	Syed
58	2200031749	Divya Sri Moparthi	CSE (H)	2	Divya
59	2200031348	Tummala Rishitha	CSE (H)	2	T. Rishitha
60	2200033293	Kammili Jaya Surya	CSE (H)	2	Jaya Surya
61	2200030122	Gundarapu Anusha	CSE (H)	2	G. Anusha
62	2200031339	J.Sreehitha Sagar	CSE (H)	2	J. Sagar
63	2200031111	Y R V V N Bharath Sai Ram	CSE (H)	2	Y. V. N. Ram
64	2200030658	Vangapandu Surya Prasad	CSE (H)	2	V. Prasad
65	2200031487	K. Rama Sai	CSE (H)	2	Rama
66	2200032974	Jetti Vennela	CSE (H)	2	Vennela
67	2200032976	Hema Mahathi	CSE (H)	2	Mahathi
68	2200030365	Durgarao	CSE (H)	2	Durgarao
69	2200031438	B. Rithwika	CSE (H)	2	Rithwika
70	2200030530	V Venkata Suprathika Yashasri	CSE (H)	2	AB
71	2200030829	Pawan Sai Srinivas Panigrahi	CSE (H)	2	Srinivas
72	2200031194	K Sandeep	CSE (H)	2	Sandeep
73	2200033072	Gurugunuri Akhila Reddy	CSE (H)	2	Akhila
74	2200031433	Orlotu Sirisha	CSE (H)	2	O. Sirisha

75	2200031896	Bondada Ravi Krishna	CSE (H)	2	B. Ravi Krishna
76	2200030280	P. Adithya Siva Kumar	CSE (H)	2	Siva
77	2200032392	M Lakshmana Pavan Kumar	CSE (H)	2	Pavan
78	2200030456	V Haneesh	CSE (H)	2	Haneesh
79	2200030635	Suma Swetha	CSE (H)	2	S. Swetha
80	2200010065	Gayathri Sesha Ratnam Avula	CSE (H)	2	A. Gayathri
81	2200032487	Yakkala G L Meenakshi	CSE (H)	2	Meenakshi
82	2200032254	Bhavya Jaladi	CSE (H)	2	Bhavya
83	2200031750	Katakam Devayani	CSE (H)	2	K. Devayani
84	2200030001	Uppuluri Vishnu Vardhan	CSE (H)	2	Vishnu
85	2200030441	Battula Jagadeesh	CSE (H)	2	Jagadeesh
86	2200030856	Yaswanth Lagisetty	CSE (H)	2	L. Yaswanth
87	2200032088	Roshitha Kandula	CSE (H)	2	Roshitha
88	2200032666	Batchala Sai Vivek	CSE (H)	2	S. Vivek
89	2200032074	Kaseena Hemanth Kalyan	CSE (H)	2	K. Hemanth
90	2200031923	Yalavarthi Adithya Sai	CSE (H)	2	Adithya
91	2200032786	Yaramala Sai Deepak Reddy	CSE (H)	2	Deepak
92	2200031307	Nagaraju Sravya	CSE (H)	2	Sravya
93	2200032500	Tummala Hiranmai	CSE (H)	2	T. Hiranmai
94	2200032632	Dande Krupa Rani	CSE (H)	2	Rani
95	2200031519	I. Sai Pravallika	CSE (H)	2	Pravallika
96	2200031372	Pilla Pavan	CSE (H)	2	Pavan
97	2200032065	P. Srvani	CSE (H)	2	Srvani
98	2200031616	Nusum Triveni	CSE (H)	2	Triveni
99	2200032788	S. Lakshmi Lalasa	CSE (H)	2	Lalasa
100	2200030153	T. Arshitha	CSE (H)	2	Arshitha


Programme officer
KLEF, NSS Cell.

Programme Officer
KLEF NSS Cell.


Programme Coordinator
KLEF, NSS Cell.

P. SRIKANTH REDDY
Programme Co-ordinator
National Service Scheme
Koneru Lakshmaiah Education Foundation
Vaddeswaram, 522503


Dean, Student Affairs

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