



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s 3 of the UGC Act, 1956)

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Ref: KLEF/SA/NSS/Events/2023-24

Date: 22.11.2023

### Orders of the Vice Chancellor dt.22.11.2024

#### CIRCULAR

Sub: Conduction of Awareness on Nutrition Food & Cholesterol on 24-11-2023 at Gundimeda – Reg.

Ref: 1. Letter dt. 20.11.2023 from Mr.P.Srikanth Reddy Programme Coordinator, KLEF NSS and forwarded by Dean (Student Affairs)

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This is to inform you that the National Service Scheme (NSS) of KLEF will be Conduction of Awareness on Nutrition Food & Cholesterol on 24-11-2023 at Gundimeda.

**Event** : Awareness on Nutrition Food & Cholesterol  
**Date** : 24-11-2023  
**Timings** : 10:30 am to 04:30 pm  
**Venue** : Gundimeda

Interested students can participate in these events. Buses start from the Indoor Stadium.

For further information regarding this event contact Mr. P. Srikanth Reddy (Mobile No. 8466011222, NSS Programme Coordinator and Mr. P. Suresh (Mobile No. 9493171719), Coordinator – NSS.

  
**REGISTRAR**



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Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESWARAM-522 302,  
Guntur District, Andhra Pradesh.

### **Objective:**

In order to raise awareness about Nutrition Food (Poshan Abhiyan) and Cholesterol awareness the KLEF\_NSS volunteers and College of Pharmacy students along with YRC conducted **Awareness on Nutrition Food program and Cholesterol door to door campaign** at Gundimeda Village on 24<sup>th</sup> November 2023.

### **Description:**

The Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness, malnutrition means “lack of proper nutrition, caused by not having enough to eat, not eating enough of the right things, or being unable to use the food that one does eat.” Malnourishment thus is the state of being not properly nourished and suffering from malnutrition. Studies point out that more than 1 million people are malnourished in India. Broadly, malnourishment can be divided into 4 categories. They are wasting, stunting, underweight, and deficiencies in vitamins and minerals.

Cholesterol is a substance found in both the body and in many foods. While the body relies on cholesterol to function, excessive build-up in the arteries can cause them to narrow and may put a person at risk for chronic disease or even death. Anyone can have high cholesterol, regardless of age. High blood cholesterol is a serious condition that increases the risk for developing heart disease, which causes 1 out of every 4 deaths in Florida. The higher a person’s cholesterol level is, the greater their risk is. People with high total cholesterol have approximately twice the risk of heart disease as people with optimal levels. Lowering cholesterol levels that are too high lowers the risk for developing heart disease and reduces the chance of having a heart attack. High cholesterol frequently remains untreated because there are usually no symptoms.

### **Procedure of the Event:**

1. The KLEF\_NSS volunteers and college of pharmacy arrived at Gundimeda Village.
2. They commenced the event by explaining the importance and purpose of Nutrition Food (Poshan Abhiyan) and Cholesterol awareness.
3. The team provided information about how Nutrition Food (Poshan Abhiyan) and Cholesterol awareness can be useful information to people to know about the problem
4. The students and participants actively engaged in awareness of the program and asked questions related to the Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness
5. The KLEF\_NSS team volunteers and college of pharmacy students along with YRC facilitated interactive sessions and clarified any doubts or queries.
6. The event concluded with the students and participants gaining a better understanding of the Nutrition of Food (Poshan Abhiyan) and Cholesterol Awareness.

**Outcome:**

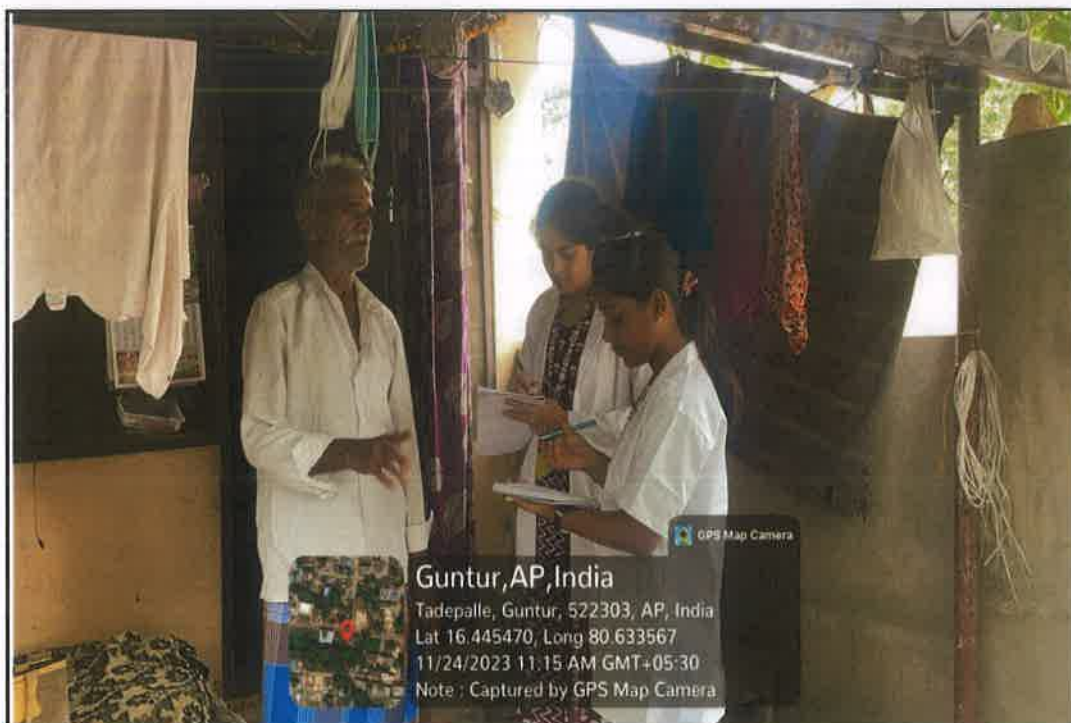
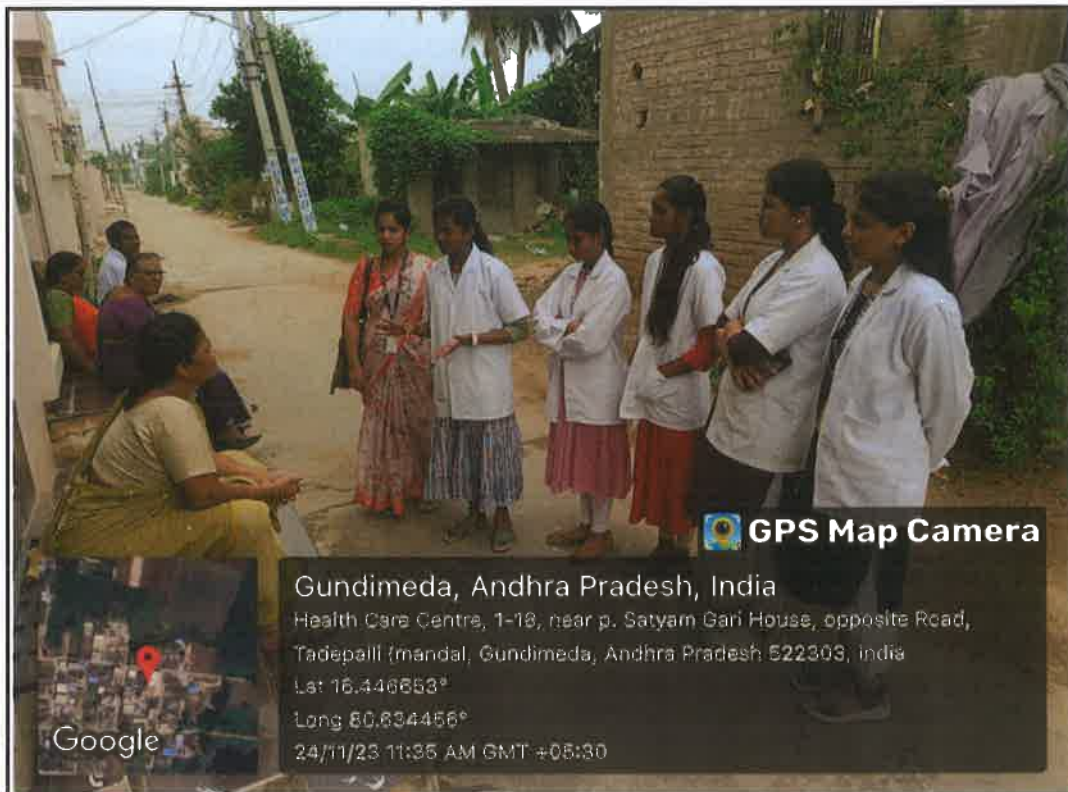
1. The event successfully raised awareness about Nutrition Food (Poshan Abhiyan) and Cholesterol awareness among the students and participants.
2. The KLEF\_NSS team volunteer and college of pharmacy students effectively organized the program, ensuring that the main objective of creating awareness was achieved.
3. The volunteers demonstrated professionalism and friendliness throughout the event.
4. The people of Gundimeda Village actively participated and expressed interest in the Nutrition Food (Poshan Abhiyan) and Cholesterol awareness
5. Some people showed interest in asking questions and clarified their doubts.

Overall, the Awareness on Nutrition Food (Poshan Abhiyan) and Cholesterol awareness program conducted by the KLEF\_NSS volunteer team and College of pharmacy along with YRC students at Gundimeda Village on November 24 , 2023, successfully educated participants about the Nutrition Food (Poshan Abhiyan) and Cholesterol awareness and educated them what to take and how to be in the daily life.

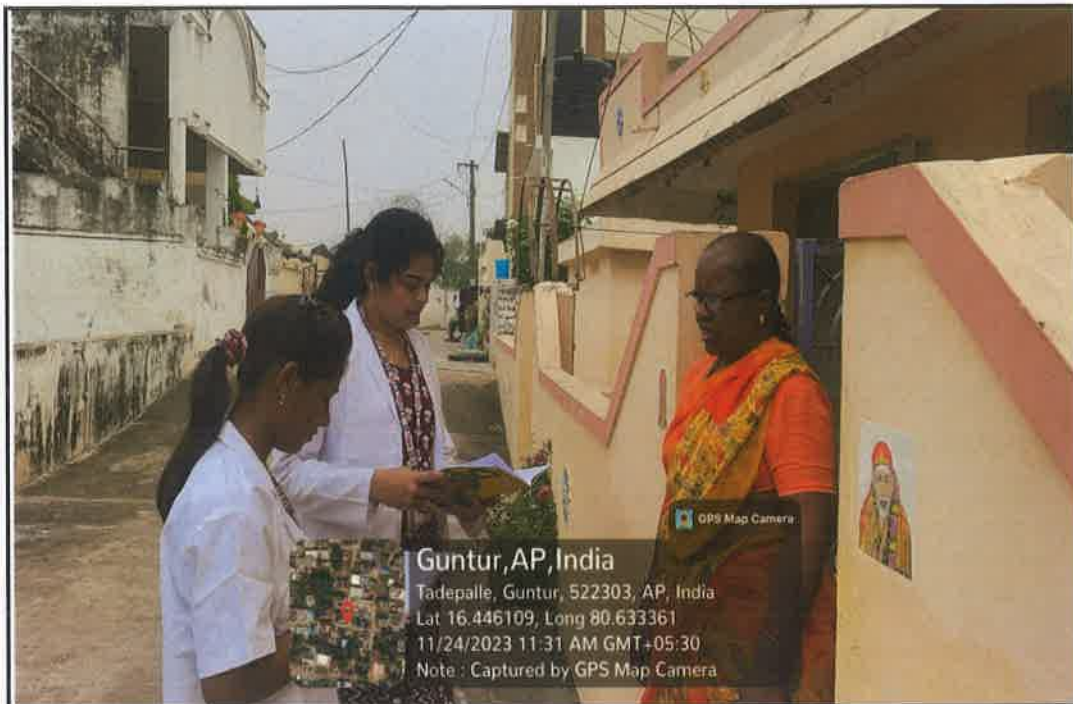
**Details of the Event:**

Name of the Event : Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness  
Date of the Event : 24-11-2023  
Venue of the Event : Gundimeda Village  
No. of Hours : 10:30 AM To 01: 30 PM  
No. of Participants : Students: 98, Faculty: 04  
No. of Beneficiaries : 550

## Event Photos:







Guntur, AP, India

Tadepalle, Guntur, 522303, AP, India

Lat 16.446109, Long 80.633361

11/24/2023 11:31 AM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map Camera

Gundimeda, Andhra Pradesh, India

CJWM+52H, Gundimeda, Andhra Pradesh 522303, India

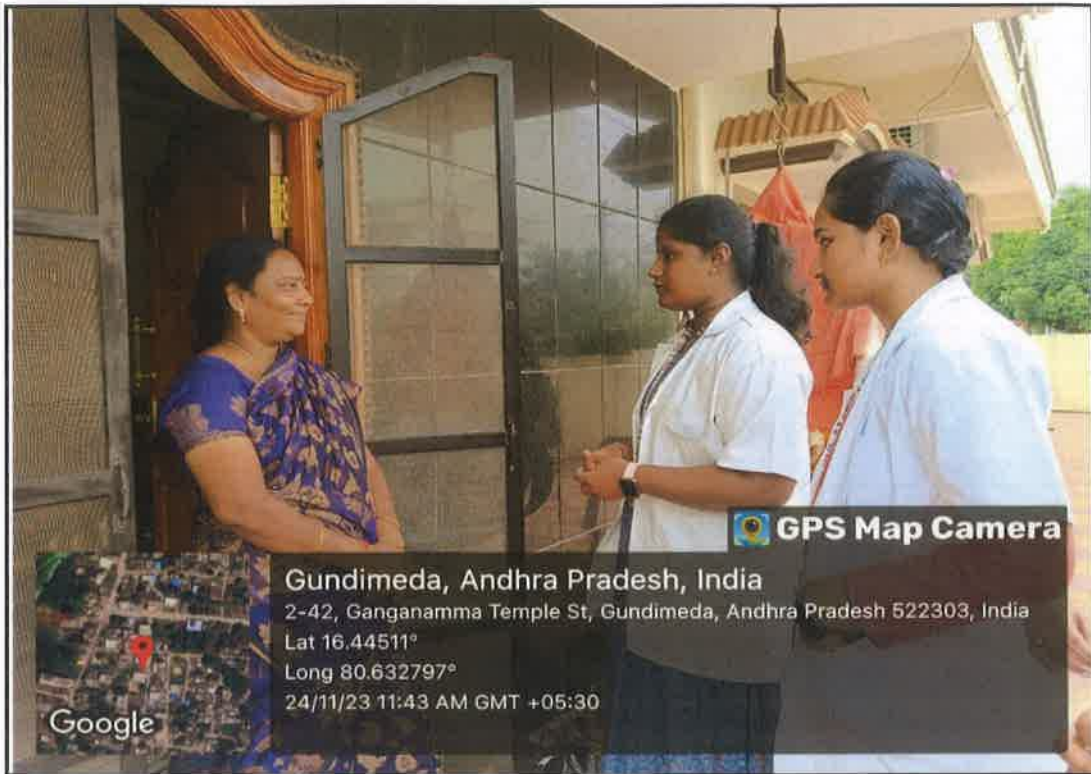
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Long 80.632884°

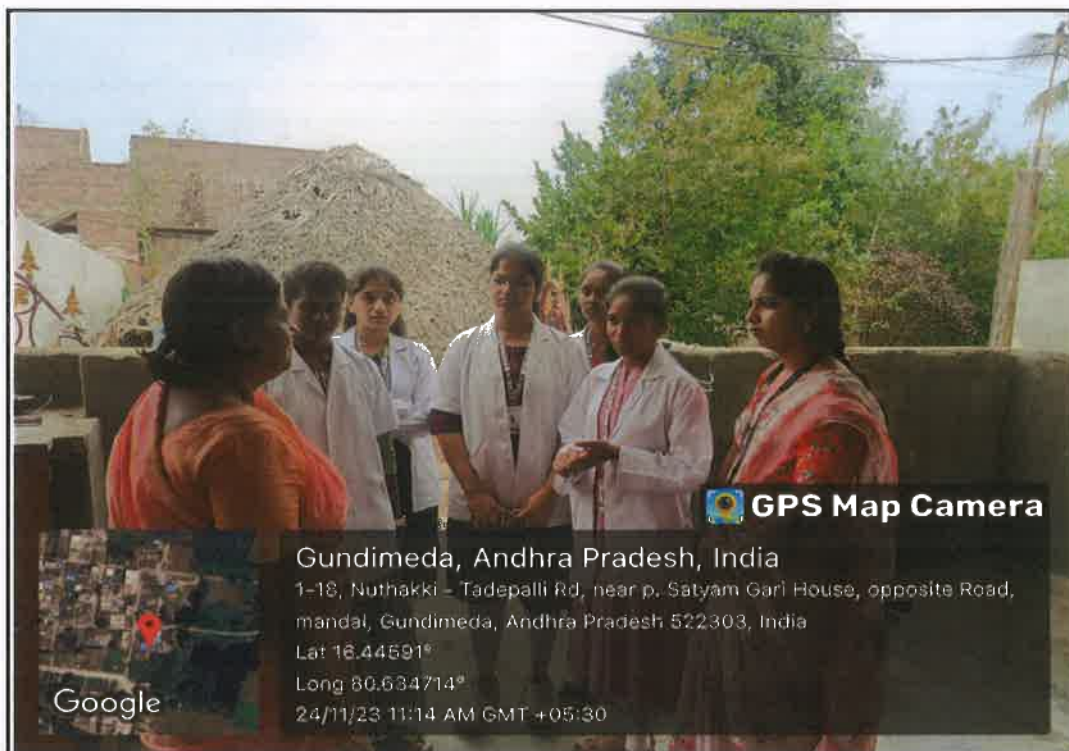
24/11/23 11:16 AM GMT +05:30

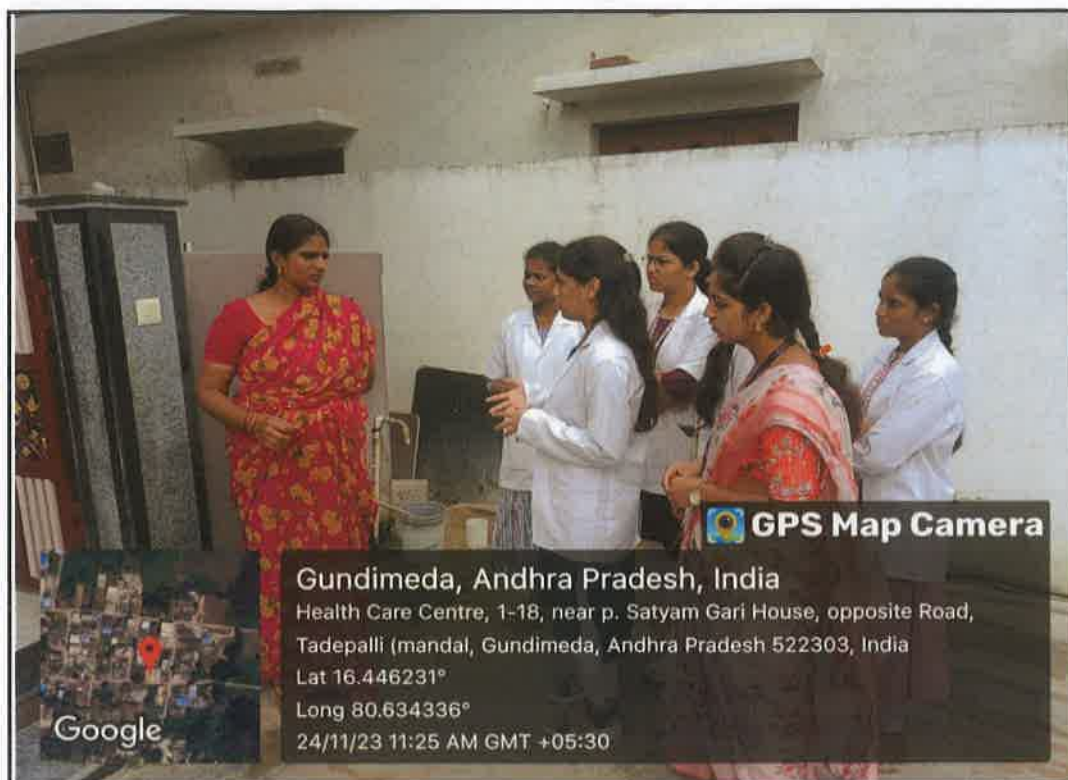


Google











Name of the Event: Awareness on Cholesterol and Malnutrition

Date: 24-11-2023

NSS Unit No : 6

Place: Gundimeda


Participated Volunteers List:


S.No	ID No.	Name of the Volunteer	Branch	Year	Signature
1	2200530052	M Suryajoti	Pharmacy	2	Suryajoti
2	2200530016	Sanskriti	Pharmacy	2	Sanskriti
3	2200530001	T.Samuel	Pharmacy	2	Samuel
4	2200530002	Gade.Hema Latha	Pharmacy	2	Hema Latha
5	2200530052	M Suryajoti	Pharmacy	2	Suryajoti
6	2200530001	T.Samuel	Pharmacy	2	Samuel
7	2100530043	Anshu Kumar Patel	Pharmacy	3	Patel
8	2200530015	Md Faizullah Zubair	Pharmacy	2	Zubair
9	2201570014	P.Revanth	Pharmacy	2	Revanth
10	2200530075	Siyad Hassan Mohamed	Pharmacy	2	Siyad
11	2100530097	Chandan Kumar	Pharmacy	3	Chandan
12	2100530046	Gunjan Kumar	Pharmacy	3	Gunjan
13	2100530060	Divya Teja Nowdu	Pharmacy	3	Divya Nowdu
14	2100530068	Vivek Sagar	Pharmacy	3	Vivek
15	2200530073	Sanjay Kumar Krishna	Pharmacy	2	Sanjay
16	2100530067	Imran	Pharmacy	3	Imran
17	2300530002	K.Vineeth Kumar	Pharmacy	1	Vineeth Kumar
18	2300530023	Sujith	Pharmacy	1	AB
19	2100530042	Prince Kumar	Pharmacy	3	Sujith
20	2300530037	S. A. Sowmya	Pharmacy	1	Sowmya
21	2301580017	Osman Abdelbagi	Pharmacy	1	Osman Abdelbagi
22	2300530001	Sai Sri Vasthav	Pharmacy	1	Sai Sri Vasthav
23	2300530009	Chintala Hemanth	Pharmacy	1	Hemanth
24	2300530025	Sk. Mahammad Jani	Pharmacy	1	SS. Vasthav
25	2300530067	Sajida Farhath	Pharmacy	1	Farhath
26	2201570004	P. Manaswini	Pharmacy	2	Manaswini
27	2100530084	Sailesh Kumar Choudhary	Pharmacy	3	Sam
28	2100530047	Hareram Prasad	Pharmacy	3	Hareram
29	2201570002	Blessy Chittelu	Pharmacy	2	Blessy
30	2201570011	G.Sravani	Pharmacy	2	Sravani
31	2100530079	Nallani.Lekhana	Pharmacy	3	Lekhane
32	2201570006	M.N.Suvarna	Pharmacy	2	M.N.S.
33	2300530034	Bala Rani.K	Pharmacy	1	Rani K
34	2100530024	Musoki Lyndah	Pharmacy	3	Lyndah
35	2201570008	G. Kavya Sruthi	Pharmacy	2	Kavya
36	2200530016	Sanskriti	Pharmacy	2	Sanskriti
37	2200530023	Bestha Loka Teja	Pharmacy	2	Loka Teja
38	2301580011	Md A F Tabassum Sk	Pharmacy	2	Tabassum

39	2300530062	Kalyan K	Pharmacy	1	Kalyan
40	2200530051	K.Siri	Pharmacy	2	K.Siri
41	2100530055	Panditi Vyshnavi	Pharmacy	3	Vyshnavi
42	2101570016	Piyush Bandela	Pharmacy	3	Bandela
43	2100530013	M.Leela Priyanka	Pharmacy	3	Leela
44	2300530027	Sk Shajidha	Pharmacy	1	SK.S
45	2300530019	Sirila	Pharmacy	1	Sirila
46	2300530026	B. Sri Lakshmi	Pharmacy	1	Sri Lakshmi
47	2200530061	Rajesh Kumar	Pharmacy	2	Rajesh
48	2201570022	Sanjana	Pharmacy	2	Sanjana
49	2201570020	Geethika	Pharmacy	2	Geethika
50	2201570014	Revanth	Pharmacy	2	Revanth
51	2201570026	Karishma Mohammad	Pharmacy	2	Karishma
52	2301570022	Akash Ghosh	Pharmacy	1	Akash
53	2301570007	J.Uday Kiran Reddy	Pharmacy	1	Uday
54	2300530039	Putta Sai Kousik	Pharmacy	1	Kousik
55	2301570011	Jaganmahesh	Pharmacy	1	Jagan
56	2301570005	G.Aasritha	Pharmacy	1	Aasritha
57	2301570006	Kunekar Darshan Raj	Pharmacy	1	Darshan Raj
58	2200530021	Narne Shampreeth Sai	Pharmacy	2	Shampreeth
59	2201570017	Bhanu Nirmal Koganti	Pharmacy	2	Bhanu
60	2201570009	Shaik Tabrez	Pharmacy	2	Tabrez
61	2201570025	R.Meghana	Pharmacy	2	R.Meghana
62	2201570004	P. Manaswini	Pharmacy	2	Manaswini
63	2301580017	Osman	Pharmacy	1	Osman
64	2200530009	Vamsi Karthik	Pharmacy	2	Karthik
65	2300530033	T.Jaswanthkumar	Pharmacy	1	Jaswanth
66	2201570015	Lochana	Pharmacy	2	Lochana
67	2300530011	I Neeraj	Pharmacy	1	Neeraj
68	2200530010	Prathyusha	Pharmacy	2	Prathyusha
69	2200530050	Asif Ansari	Pharmacy	2	Asif Ansari
70	2200530006	N.Siva Sahitya	Pharmacy	2	Sahitya
71	2301570028	Shaik. Mehar	Pharmacy	1	Mehar
72	2301570012	T.Jagadeesh	Pharmacy	1	Jagadeesh
73	2301570014	Lekhana Bhagi	Pharmacy	1	Bhagi
74	2300530008	Abu Saeed Md Abu Saad	Pharmacy	1	Abu Saeed
75	2200030442	Jupudi Karthik	CSE (H)	2	Karthik
76	2200030508	Jampani Harshitha	CSE (H)	2	Harshitha
77	2200030520	Potluri Jahnavi	CSE (H)	2	Jahnavi
78	2300033457	D John Wesley	CSE (H)	1	Wesley
79	2200031939	B.Lohith Vishnu Vardhan	CSE (H)	2	Vishnu Vardhan
80	2200030490	Thadigatla Vivek Reddy	CSE (H)	2	Vivek Reddy
81	2200031748	Praneetha Kolamudi	CSE (H)	2	Praneetha

82	2200031860	Vadlamanu Niharika	CSE (H)	2	Niharika
83	2200031051	Venu Sree	CSE (H)	2	Venu Sree
84	2200031082	G.Satya Prasanna	CSE (H)	2	Satya
85	2200030089	L V V S N Manasvinee	CSE (H)	2	Manasvinee
86	2200030214	Y. Bindu Bhargavi	CSE (H)	2	Bindu
87	2200031356	Harshitha Gottipati	CSE (H)	2	Harshitha
88	2200031597	Shaik Gousiya Begum	CSE (H)	2	Gousiya
89	2200031292	Chebrolu Gayathri	CSE (H)	2	Gayathri
90	2200031675	Bhavya .V	CSE (H)	1	Bhavya
91	2200032958	P.Sreeya	CSE (H)	2	Sreeya
92	2200030232	D.Pavithra	CSE (H)	2	AB
93	2200033079	Mullapudi Lahari	CSE (H)	2	Lahari
94	2200031710	S Lakshmi Harshitha	CSE (H)	2	Harshitha
95	2200031861	Danda Hamsa Vahini	CSE (H)	2	Hamsa
96	2200032943	D Shriram	CSE (H)	2	Shriram
97	2200033116	K Charchita	CSE (H)	2	Charchita
98	2200032075	Ram Sai Tagore Are	CSE (H)	2	Ram Sai
99	2200032547	Uppada Giridhar	CSE (H)	2	Giridhar
100	2200030394	Abhinav Raj	CSE (H)	2	Raj

  
Programme officer  
KLEF, NSS Cell.

  
Programme Coordinator  
P. SRIKANTH REDDY  
KLEF, NSS Cell  
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Dean, Student Affairs  
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