



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

❖ Approved by AICTE ❖ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA

Phone No. +91 8645 - 350 200; www.klof.ac.in; www.klof.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002, Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/NSS Cell/2025-26

Date: 01-11-2025

Orders of the Hon'ble Vice Chancellor dt.01-11-2025

CIRCULAR

Sub: Conduction of Awareness on Health Problems from Anemia on 04-11-2025 at Pedapalem Village– Reg.

Ref: Letter received from Mr. P.Srikanth Reddy, Programme Coordinator, KLEF NSS Cell and forwarded by Dr. K.R.S. Prasad, In-charge Dean (Student Affairs).

This is to inform you that the National Service Scheme (NSS) of KLEF will be organizing Awareness on Health Problems from Anemia on 04-11-2025 at Pedapalem Village.

Event : Awareness on Health Problems from Anemia
Date : 04-11-2025
Place : Pedapalem
Timings : 10:00 am to 01:00 pm

Interested students can participate in this event.

For further information regarding this event contact Mr.P.SrikanthReddy (Mobile No. 8466011222), Programme Coordinator, KLEF NSS Cell and Mr. P. Suresh, NSS Coordinator, (Mobile No. 9493171719)



REGISTRAR
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Guntur District, Andhra Pradesh.



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National Service Scheme (NSS)

Awareness on Health Problems from Anemia

KL
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SYMPTOMS OF
ANEMIA

DIZZINESS

IRREGULAR HEARTBEAT

COLD HANDS

LEG CRAMPS

CHEST PAIN

FATIGUE

INSOMNIA

HEADACHE

4th
November 2025

Venue:
Pedapalem

Event : Awareness on Health Problems from Anemia
Date : 04-11-2025
Place : Pedapalem

Objective:

The objective of this program is to educate villagers about the causes and effects of anemia. It aims to make people aware of the health problems associated with low hemoglobin levels. The program encourages early detection and proper treatment of anemia. It also promotes preventive measures such as a balanced diet and regular health check-ups. Ultimately, the goal is to improve overall community health by reducing the prevalence of anemia.

Description:

Under the guidance of the Regional Director of the National Service Scheme (NSS) for Telangana and Andhra Pradesh and the State NSS Officer, KLEF NSS, College of Pharmacy organized the "Awareness on Health Problems from Anemia" program as part of the National Health Mission, according to Dr. K.R.S. Prasad, Dean of Student Affairs. On Tuesday, 04th November 2025, NSS volunteers from the Pharmacy department visited homes in Pedapalem village, Duggirala Mandal, to educate residents about the health issues caused by anemia and ways to prevent it, stated NSS Programme Officer Dr.R.Supriya.

The volunteers explained that anemia is a condition caused by a low red blood cell count, which reduces the oxygen supply to the body. Iron deficiency is a common cause, particularly among women, children, and pregnant women. Vitamin B12 deficiency and strict vegetarian diets can also contribute. Anemia may lead to health problems such as wounds, blood loss during pregnancy, gastric ulcers, impaired red blood cell production, and other conditions like chronic kidney disease and hypothyroidism. Symptoms include fatigue, weakness, pale skin, darkening or pain in the nose and ears, shortness of breath, severe headaches, vision problems, and, in severe cases, heart complications. To prevent anemia, the volunteers advised consuming iron-rich foods, including leafy vegetables, spinach, radish leaves, pulses, beans, kidney beans, cherries, red meat, fish, chicken, eggs, avocado, nuts, dairy products, citrus fruits, tomatoes, peppers, and folate. They also cautioned against excessive tea and coffee consumption and promoted healthy lifestyle practices such as a balanced diet and regular exercise.

The program was coordinated by NSS Field Coordinator P. Suresh. The volunteers received appreciation from University Vice-Chancellor Dr. G. Pardhasaradhi Varma, Pro-Vice-Chancellors Dr. A.V.S. Prasad, Dr. N. Venkatram, Dr. K. Rajashekar Rao, Student Affairs Dean Advisors Dr. Habibullah Khan, Program Coordinator P. Srikanth Reddy, and other officials.

Outcome:

The awareness program successfully educated villagers about the causes and effects of anemia. Residents learned how to identify symptoms and the importance of early detection. Information on preventive measures, including iron-rich diets and healthy lifestyle habits, was effectively shared. The door-to-door campaign increased community engagement and encouraged proactive health practices. Overall, the initiative contributed to improving the health awareness and well-being of the villagers.

Impact on Society:

The program helped create widespread awareness about anemia and its health risks in the community. It empowered villagers to adopt preventive measures, such as consuming iron-rich foods and maintaining a healthy lifestyle. Increased knowledge on anemia contributed to early detection and timely medical intervention. The initiative strengthened the role of NSS volunteers in promoting public health. Overall, it fostered a healthier, more informed society and encouraged long-term well-being.


Details of the Event:

Name of the Event	: Awareness on Health Problems from Anemia
Place of the Event	: Pedapalem
Date of the event	: 04-11-2025
No. of Hours	: 10:00 am to 01:00 pm
No. of Participants	: Students: 93, Faculty: 02
No. of Beneficiary's	: 1506

Event Photos:






Pedapalem, Andhra Pradesh, India 

డి.నం: 3-3వ పెదపాలెం పిన్:522305, Pedapalem, Andhra Pradesh 522305, India
Lat 16.382911° Long 80.659756°
Tuesday, 04/11/2025 11:52 AM GMT +05:30

Google

GPS Map Camera



Pedapalem, Andhra Pradesh, India 

Pedapalem Ramalayam Center Duggirala Mandal,
Pedapalem, Andhra Pradesh 522305, India
Lat 16.383087° Long 80.658959°
Tuesday, 04/11/2025 11:55 AM GMT +05:30

Google

GPS Map Camera



Pedapalem, Andhra Pradesh, India 🇮🇳

2 14, China Ramlala, Pedapalem, Andhra Pradesh 522305, India

Lat 16.383124° Long 80.659881°

Tuesday, 04/11/2025 11:49 AM GMT +05:30

Google

GPS Map Camera



Pedapalem, Andhra Pradesh, India 🇮🇳

డి.నం: 3-3వ పెదపాలెం పిన్:522305, Pedapalem, Andhra

Pradesh 522305, India

Lat 16.382921° Long 80.659762°

Tuesday, 04/11/2025 11:51 AM GMT +05:30

Google

GPS Map Camera

Participated Volunteers list:

S.No	ID. No	Name of the Student	Branch	Year	Signature
1	2201570026	Mohammad Karishma	Pharmacy	3	Karishma
2	2201570013	Pucha.Jahnvi Naga Pavani	Pharmacy	3	Jahnvi P
3	2201570023	Ch Reha Bhavani	Pharmacy	3	Reha
4	2201570025	R.Meghana	Pharmacy	3	Absent
5	2201570027	Rudrani	Pharmacy	3	Rudrani
6	2201570001	Nalluri . Reshma	Pharmacy	3	Reshma
7	2201570024	K.Reshma Gayathri	Pharmacy	3	K. Reshma
8	2201570021	Y.Snehitha	Pharmacy	3	Snehitha
9	2201570012	Mounika	Pharmacy	3	Mounika
10	2201570002	Blessy Chittelu	Pharmacy	3	Blessy
11	2201570008	Grandhi Kavya Sruthi	Pharmacy	3	Sruthi
12	2401570001	Abhiram	Pharmacy	2	Abhiram
13	2401570006	Naga Priyamvada	Pharmacy	2	Priyamvada
14	2401570011	Rudrapaka Tejaswi Sri Ram	Pharmacy	2	Tejaswi
15	2401570027	Rupesh Udatha	Pharmacy	2	Rupesh
16	2401570024	A.L. Aishwariya	Pharmacy	2	Absent
17	2401570012	Valiveti Tinku Sri Pavan Sai	Pharmacy	2	Absent
18	2401570010	Yenduri Joshika	Pharmacy	2	Joshika
19	2401570007	Siddabathula Sai Saranya	Pharmacy	2	Saranya
20	2401570014	Tripura	Pharmacy	2	Tripura
21	2401570008	Kranthi Sai	Pharmacy	2	Kranthi
22	2401570019	Avula. Jahnvi	Pharmacy	2	A. Jahnvi
23	2301570010	Chrysolite Gladston Moses	Pharmacy	2	Gladston
24	2401570036	Emmanuel Griphine	Pharmacy	2	Emmanuel
25	2300530009	Chintala Hemanth	Pharmacy	3	Hemanth
26	2300530006	Kagitha Chittii Baabhu	Pharmacy	3	Kagitha
27	2300530018	M.Divya Naga Sai Sri	Pharmacy	3	Divya
28	2300530023	P Sujith	Pharmacy	3	Sujith
29	2300530037	S.A Sowmya	Pharmacy	3	Sowmya
30	2300530041	Kasturi Likitha	Pharmacy	3	Likitha
31	2300530034	K.Bala Rani	Pharmacy	3	Bala Rani
32	2401570018	Akarsha Cherukuri	Pharmacy	2	Akarsha

33	2400530039	Bodduluri Suma	Pharmacy	2	B. Suma
34	2300530069	K.Sanjana	Pharmacy	3	Sanjana
35	2400530010	Sweta Singh	Pharmacy	2	Sweta
36	2300539002	Shaik Anfiza Firdoes	Pharmacy	3	Shaik Anfiza
37	2300530033	T.Jaswanthkumar	Pharmacy	3	T. Jaswanth
38	2300530029	K.Ramya Sri	Pharmacy	3	Ramya Sri
39	2300530057	N.Geetha Sravya Sri	Pharmacy	3	Geetha
40	2300530053	G.Bindhu Sri	Pharmacy	3	Bindhu
41	2201570003	Sai Tejaswi Pennepalli	Pharmacy	3	Tejaswi
42	2400530018	Sai Sudha	Pharmacy	2	Ab
43	2301570014	Lekhana Bhagi	Pharmacy	3	Lekhana
44	2301570006	Kunekar Darshan Raj	Pharmacy	3	Darshan
45	2301570028	Mehar	Pharmacy	3	Mehar
46	2401570005	Moghal.Humera	Pharmacy	2	Humera
47	2201570022	Sanjana Devi .K	Pharmacy	3	Sanjana
48	2201570006	Maddu Naga Suvarna	Pharmacy	3	Naga
49	2201570020	Geethika.M	Pharmacy	3	Geethika
50	2201570011	G Sravani	Pharmacy	3	Sravani
51	2300530001	Sai Sri Vasthav	Pharmacy	3	Sai Sri
52	2300530005	Nazma Shaik	Pharmacy	3	Shaik
53	2201570010	Konakandla Venkata Sai Yuvaraj	Pharmacy	3	Yuvaraj
54	2301570018	B.Chaitanya	Pharmacy	3	B.Chaitanya
55	2400530034	Peddinsetti Hema Mani Chandrika	Pharmacy	2	Chandrika
56	2300530066	T.Sathwika	Pharmacy	3	Sathwika
57	2301570013	M.Ahalya	Pharmacy	3	Ab
58	2300530011	I.Neeraj	Pharmacy	3	Neeraj
59	2400530011	P.Harshini	Pharmacy	2	Harshini
60	2201570017	Bhanu Nirmal Koganti	Pharmacy	3	Bhanu
61	2201570005	Pujitha Chatragadda	Pharmacy	3	Pujitha
62	2201570009	Charles Judson	Pharmacy	2	Judson
63	2301570031	Chitluri.Kejiya	Pharmacy	3	Kejiya
64	2400530015	Pulagam Pravallika	Pharmacy	2	Pravallika
65	2400530036	Sk Masheer	Pharmacy	2	Masheer
66	2201570015	Lochana	Pharmacy	3	Lochana
67	2300530054	Golagani Pranitha	Pharmacy	3	Pranitha

68	2401570016	Vamiseti Haneesh Krishna Sai	Pharmacy	2	Ab
69	2401570033	Y Mohammed Thaher	Pharmacy	2	Y. Thaher
70	2401570004	Shaik Arshaf Ali	Pharmacy	2	Shaik Arshaf Ali
71	2401570023	Hemanth Kumar	Pharmacy	2	Hemanth Kumar
72	2401570021	Aswini	Pharmacy	2	Aswini
73	2401570030	Kosuri Meenakshi	Pharmacy	2	Meenakshi
74	2401570020	V.G.Sreeharitha	Pharmacy	2	V.G.Sreeharitha
75	2300530038	B.Geswanth	Pharmacy	3	B.Geswanth
76	2300530068	Ramkaran kumar	Pharmacy	3	Ramkaran
77	2300530002	Kumar	Pharmacy	3	Kumar
78	2301570008	Abdul Irfan	Pharmacy	3	Abdul Irfan
79	2300530045	Suryateja	Pharmacy	3	Suryateja
80	2300530065	B.Vishal	Pharmacy	3	Vishal
81	2301570021	K shanmukha saib	Pharmacy	3	Shanmukha
82	2300530010	Payal Mandal	Pharmacy	3	Payal
83	2300530007	Polasi Dinesh Babu	Pharmacy	3	Dinesh
84	2401570028	Satwika challa	Pharmacy	2	Satwika
85	2401570026	AVULA JAHNAVI	Pharmacy	2	Jahnavi
86	2300530003	Naga Sai Boddapati	Pharmacy	3	Naga Sai
87	2401570017	Ravada jasvitha	Pharmacy	2	Jasvitha
88	2401570015	Sadhaf shaik	Pharmacy	2	Sadhaf
89	2401570022	S.G Ranjith kumar	Pharmacy	2	S.G. Ranjith
90	2401570009	Putluri Leela Lakshmi Gayathri	Pharmacy	2	Putluri Leela
91	201570004	Shaik Arshaf ali	Pharmacy	2	Shaik Arshaf ali
92	2401570003	D.Abhishek	Pharmacy	2	Abhishek
93	2300530046	Govindu swapna	Pharmacy	3	Govindu swapna
94	23001570018	BOMMI Chaitanya	Pharmacy	3	Bommi Chaitanya
95	2300530043	Chaluvadhi charitha prasanna	Pharmacy	3	Chaluvadhi
96	2301570024	Sankeerthana	Pharmacy	3	Sankeerthana
97	2300530042	VELPURI RUSHI SRINIVAS	Pharmacy	3	Rushi
98	2301570023	J.hema Sri priya	Pharmacy	3	Hema Sri priya
99	2300530067	Sajida Farhath	Pharmacy	3	Sajida Farhath
100	2301570032	Atkuri sri lakshmi janani	Pharmacy	3	Ab


Programme officer
KLEF NSS Cell

Programme Officer
KLEF NSS Cell.


Programme Coordinator
KLEF NSS Cell

P. SRIKANTH REDDY
Programme Co-ordinator
National Service Scheme
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