



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

◆ Approved by AICTE ◆ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

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### National Service Scheme (NSS)

#### Diabetes Prevention Awareness & Public Premises Were Cleaned

**KL**  
(DEEMED TO BE UNIVERSITY)

राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

**PREVENT  
DIABETE  
CHOOSE  
A  
HEALTHY  
LIFE."**

DATE:06-01-2006  
PLACE:Kolanukonda

**SPECIAL CAMP**

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**Event** : Diabetes Prevention Awareness & Public Premises were Cleaned  
**Date** : 06-01-2026  
**Place** : Kolanukonda

**Objective:**

The objective of the Special Camp is to create awareness among the public about diabetes prevention through healthy lifestyle habits and proper nutrition. The programme aims to educate people on the causes, symptoms, and preventive measures of diabetes. It encourages regular physical activity and timely medical check-ups to reduce the risk of diabetes. As part of the camp activities, public premises were cleaned to promote hygiene. Maintaining cleanliness in public places helps prevent the spread of diseases. Through this initiative, the camp aims to build a healthy, clean, and socially responsible community.

**Description:**

As per the guidelines of the Ministry of Youth Affairs and Sports, National Service Scheme (NSS), the Regional Directorate, and State NSS, the NSS Unit-12 of the College of Pharmacy, KL University organized Diabetes Prevention Awareness and Public Place Cleaning activities as part of a Special Camp on Tuesday, 6th January 2026, at Kolanukonda village under the Tadepalli-Mangalagiri Municipal Corporation limits, said Dr. G. Chakravarthi, Principal, College of Pharmacy, KL University. He explained that diabetes occurs mainly due to insufficient production of insulin in the body or improper functioning of insulin. Insulin is a hormone that regulates blood sugar levels, and at present, diabetes affects people of all age groups without discrimination.

NSS Programme Officer Dr. R. Supriya stated that individuals with a family history of diabetes are at a higher risk of developing the disease. She added that an unhealthy lifestyle, lack of physical activity, prolonged sitting habits, excessive consumption of junk food and sugary items, overweight and obesity—especially accumulation of abdominal fat—reduce insulin effectiveness. She also mentioned that prolonged mental stress leads to hormonal imbalance, which increases the risk of diabetes. Following the awareness session, NSS volunteers actively participated in cleaning public places in the village and created awareness among local residents. NSS Programme Coordinator P. Srikanth Reddy emphasized that everyone should maintain personal hygiene along with keeping their surroundings clean to ensure good health.

NSS Field Coordinator P. Suresh informed that the volunteers were divided into groups and conducted door-to-door campaigns to educate villagers on diabetes prevention and cleanliness practices. He also served as the coordinator for the programme. The volunteers were appreciated by Vice-Chancellor Dr. G. Parthasarathi Varma, Pro Vice-Chancellors Dr. A. V. S. Prasad, Dr. N. Venkataram, and Dr. K. Rajashekhara Rao, Dean Advisors Dr. Habibullah Khan, Registrar Dr. K.

Subbarao, Principal Dr. V. Rajesh, Student Affairs Deans Dr. K. R. S. Prasad and Dr. Habibullah Khan, Associate Dean Dr. Shanta Sri, NSS Programme Coordinator P. Srikanth Reddy, and other dignitaries.

**Outcome:**

The diabetes prevention and cleanliness programme helped villagers understand the causes, risk factors, and prevention of diabetes. People became aware of the importance of healthy lifestyle habits such as regular exercise and balanced diet. The programme motivated individuals to monitor blood sugar levels and seek early medical advice. Cleaning of public places improved sanitation and environmental hygiene in the village. Door-to-door awareness enhanced community participation and responsibility. Overall, the event promoted better health awareness and a cleaner living environment.

**Impact on Society:**

The programme created a positive social impact by promoting awareness on diabetes prevention and healthy living. It encouraged people to adopt lifestyle changes that reduce the risk of non-communicable diseases. Improved cleanliness of public places contributed to better sanitation and reduced spread of infections. Community participation strengthened collective responsibility towards health and hygiene. The initiative helped build a connection between health awareness and environmental cleanliness. In the long run, such programmes support a healthier, cleaner, and more responsible society.

**Details of the Event:**

Name of the Event : Diabetes Prevention Awareness & Public Premises were Cleaning

Place of the Event : Kolanukonda

Date of the event : 06-01-2026

No. of Hours : 10:00 am to 05:00 pm

No. of Participants : Students: 50, Faculty: 02

No. of Beneficiary's : 1026

**Event Photos:**





GPS Map Camera

### Vaddeswaram, Andhra Pradesh, India



Fj36+43h, Kolanukonda, Vaddeswaram, Andhra Pradesh  
522302, India

Lat 16.453° Long 80.610058°

Tuesday, 06/01/2026 10:56 AM GMT +05:30



Google



GPS Map Camera

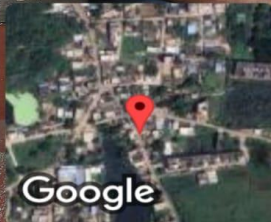
### Vaddeswaram, Andhra Pradesh, India



Fj26+w6m, Kolanukonda, Vaddeswaram, Andhra Pradesh  
522302, India

Lat 16.452392° Long 80.610514°

Tuesday, 06/01/2026 12:26 PM GMT +05:30



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Vaddeswaram, Andhra Pradesh, India



Fj26+w6j, Kolanukonda, Vaddeswaram, Andhra Pradesh 522302, India

Lat 16.452263° Long 80.61039°

Tuesday, 06/01/2026 10:51 AM GMT +05:30

GPS Map Camera



Vaddeswaram, Andhra Pradesh, India



Fj25+pxj, Kolanukonda, Vaddeswaram, Andhra Pradesh 522302, India

Lat 16.452124° Long 80.608759°

Tuesday, 06/01/2026 10:42 AM GMT +05:30

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