



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

✦ Approved by AICTE ✦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/SA/NSS Cell/2025-26

Date: 17-02-2026

### Orders of the Hon'ble Vice Chancellor dt.17-02-2026

#### CIRCULAR

Sub: Conduction of PCOD/PCOS Awareness & Prevention on 18-02-2026 at Atmakur Village – Reg.

Ref: Letter received from Mr. P.Srikanth Reddy, Programme Coordinator, KLEF NSS Cell and forwarded by Dr. K.R.S. Prasad, In-charge Dean (Student Affairs).

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This is to inform you that the National Service Scheme (NSS) of KLEF will be organizing Campaign on PCOD/PCOS Awareness & Prevention on 18-02-2026 at Atmakur Village.

**Event** : PCOD/PCOS Awareness & Prevention  
**Date** : 18-02-2026  
**Place** : Atmakur  
**Timings** : 10:00 am to 04:30 pm

Interested students can participate in this event.

For further information regarding this event contact Mr. P.Srikanth Reddy (Mobile No. 8466011222), Programme Coordinator, KLEF NSS Cell and Mr. P.Suresh, NSS Coordinator, (Mobile No. 9493171719)



**REGISTRAR**  
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**Koneru Lakshmaiah Education Foundation**  
**(Deemed to be University)**  
**Green Fields, VADDESWARAM-522 302,**  
**Guntur District, Andhra Pradesh.**



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## National Service Scheme (NSS)

### “PCOD/PCOS Awareness & Prevention”

The poster features a central graphic of a pink and purple butterfly. At the top left is the KL AI&DS logo, and at the top right is the NSS logo. The main title is 'PCO AWARENESS & PREVENTION' with the tagline 'EMPOWER YOUR HEALTH'. A vertical green vine with leaves runs down the center. On the left, under 'AWARENESS', are icons for irregular periods, hormonal imbalance, and hair/skin changes. On the right, under 'PREVENTION & MANAGEMENT', are icons for balanced diet, regular exercise, and stress management. At the bottom, it specifies the date as 18-02-25 and the place as Atmakur. A PCOS logo is at the bottom center.

**KL AI&DS** UNIVERSITY | ARTIFICIAL INTELLIGENCE & DATA SCIENCE

**PCO AWARENESS & PREVENTION**  
EMPOWER YOUR HEALTH

**AWARENESS**

- ⌚ Irregular Periods
- ❤️ Hormonal Imbalance
- 🦋 Hair & Skin Changes

Know the Signs. Early Diagnosis Matters.

DATE: 18-02-25

**PREVENTION & MANAGEMENT**

- 🍴 Balanced Diet
- 🏃 Regular Exercise
- ⊗ Stress Management

Lifestyle Choices for a Healthier You

PLACE: ATMAKUR

**PCOS**

**Event : PCOD/PCOS Awareness & Prevention**

**Date : 18-02-2026**

**Place : Atmakur**

**Objective:**

The objective of the PCOD/PCOS Awareness & Prevention program is to educate individuals, especially young women, about the causes, symptoms, and risks associated with Polycystic Ovary Syndrome. It aims to promote early detection and encourage healthy lifestyle practices such as balanced diet, regular exercise, and stress management. The program also focuses on reducing stigma and improving understanding of hormonal health. Overall, it empowers individuals to take preventive measures and seek timely medical support.

**Description:**

As per the directions of the Ministry of Youth Affairs and Sports, Government of India, along with the Regional Directorate and State NSS, the NSS Unit of KL University in association with the Department of AI&DS organized an awareness program on PCOD/PCOS for women on Wednesday, 18-02-2026, in Atmakur village of Mangalagiri Mandal. Dean of Student Affairs, Dr. K.R.S. Prasad, stated that the program was conducted by NSS girl volunteers to create awareness about these health issues among women.

AI&DS Head of the Department, Dr. V.S.V. Prabhakar, explained that PCOD and Polycystic Ovary Syndrome are hormonal disorders that commonly affect women of reproductive age. The volunteers educated women about the major causes such as hormonal imbalance, unhealthy lifestyle, stress, obesity, and genetic factors. They also explained common symptoms including irregular periods, excessive hair growth, acne, weight gain, hair loss, and difficulties in pregnancy. NSS Program Coordinator, Dr. P. Srikant Reddy, mentioned that awareness was created on preventive and management measures such as maintaining a balanced diet, engaging in regular exercise, practicing yoga and meditation to reduce stress, maintaining healthy body weight, and consulting doctors when necessary. Special emphasis was given to adolescent girls and young women to recognize early symptoms and take timely precautions.

NSS Program Officer, V. Jonithin, added that the program also highlighted the importance of selecting reliable information in the digital age and using it effectively. He stated that the initiative helped participants develop better awareness, responsibility, and a clear understanding of their health and well-being. The event was coordinated by NSS Field Coordinator P. Suresh, who ensured its smooth execution. The volunteers were appreciated for their service by University Vice-Chancellor Dr. G. Parthasarathi Varma, Pro Vice-Chancellors Dr. A.V.S. Prasad, Dr. N. Venkatram, and Dr. K. Rajasekhara Rao, along with Registrar Dr. K. Subba Rao, Principal Dr. V. Rajesh, Advisor Dr. Habeebullah Khan, and others.

**Outcome:**

The outcome of the program was highly effective as women gained awareness about Polycystic Ovary Syndrome and its causes, symptoms, and preventive measures. They understood the importance of maintaining a healthy lifestyle, including proper diet and regular exercise. The session encouraged early identification of symptoms and seeking timely medical advice. Overall, the program empowered women with knowledge to manage their health better and prevent complications.

**Impact on Society:**

The program creates a positive impact on society by increasing awareness about Polycystic Ovary Syndrome and promoting women's health and well-being. It encourages early diagnosis and healthy lifestyle practices, reducing long-term health complications. The initiative also helps break social stigma and improves open discussion about hormonal health issues. Overall, it contributes to building a healthier, more informed, and empowered society.

**Details of the Event:**

Name of the Event : PCOD/PCOS Awareness & Prevention

Place of the Event : Atmakur

Date of the event : 18-02-2026

No. of Hours : 10:00 am to 04:30 pm

No. of Participants : Students: 50, Faculty: 02

No. of Beneficiary's : 1586

**Event Photos:**





GPS Map Camera  
**Atmakur, Andhra Pradesh, India** 🇮🇳  
4-38b, Atmakur, Andhra Pradesh 522302, India  
Lat 16.428844° Long 80.588689°  
Wednesday, 18/02/2026 10:45 AM GMT +05:30



GPS Map Camera  
**Mangalagiri, Andhra Pradesh, India** 🇮🇳  
Atmakur, Atmakur, Mangalagiri, Andhra Pradesh 522503, India  
Lat 16.427766, Long 80.587355  
Wednesday, 18/02/2026 10:49 AM GMT +05:30  
Note : Captured by GPS Map Camera

## Participated Volunteers list:

S.No	ID. No	Name of the Student	Branch	Year	Signature
1	2400080179	Bollimuntha Pavani Sri Charani	AI&DS	2	<i>Pavani</i>
2	2400080294	B.Durga Niteesh	AI&DS	2	<i>Niteesh</i>
3	2400080075	G.Vardhan	AI&DS	2	<i>Vardhan</i>
4	2400080167	Shaik.Rahimunnisa	AI&DS	2	<i>S. Rahimunnisa</i>
5	2400080087	Yalamanchili Nikhil Satya Ajay	AI&DS	2	<i>Nikhil</i>
6	2400080279	Siga Amulya	AI&DS	2	<i>Amulya</i>
7	2400080228	Divi Chandrika	AI&DS	2	<i>Chandrika</i>
8	2400080184	Chelluru Jaswanth	AI&DS	2	<i>Jaswanth</i>
9	2400080161	Sai Sumit Panigrahi	AI&DS	2	<i>Sumit</i>
10	2400080005	Potluri Sri Hasitha	AI&DS	2	<i>Hasitha</i>
11	2400080269	B.Mani Bhushan	AI&DS	2	<i>M. Bhushan</i>
12	2401600119	Ghanta Pravallika	AI&DS	2	<i>Pravallika</i>
13	2400080050	K Bhuvana Siri	AI&DS	2	<i>Bhuvana</i>
14	2400080130	Janga Reshma	AI&DS	2	<i>Reshma</i>
15	2400080147	Hari Haran Sharma	AI&DS	2	<i>H. Haran</i>
16	2400080061	Nakka Sivaji Abhishakth Yesubabu	AI&DS	2	<i>N. S. Abhishakth</i>
17	2400080057	Kamisetty Bhanu Deepak	AI&DS	2	<i>Bhanu Deepak</i>
18	2400080036	B Dhanush	AI&DS	2	<i>Dhanush</i>
19	2400080013	G.Yaswanth	AI&DS	2	<i>Yaswanth</i>
20	2500080202	Lakshmi Sai Charitha. Bandi	AI&DS	1	<i>Sai Charitha</i>
21	2400080212	Veeru Ganesh Pramod Chekka	AI&DS	2	<i>Ganesh</i>
22	2500080199	Shivanshu Satyajeet	AI&DS	1	<i>Satyajeet</i>
23	2400080275	Gunji Bhanu Prakash	AI&DS	2	<i>Bhanu Prakash</i>
24	2400080221	Muthyala Sravya	AI&DS	2	<i>Sravya</i>
25	2400080006	Gayala Vidya Priya	AI&DS	2	<i>Vidya Priya</i>
26	2400080246	M.Varshitha	AI&DS	2	<i>Varshitha</i>
27	2400080068	Bodda Nikhil	AI&DS	2	<i>Nikhil</i>
28	2400080048	Nadella Sri Ram Chowdary	AI&DS	2	<i>Sri Ram</i>

29	2400080217	Ullendula Karthik	AI&DS	2	U. Karthik
30	2400080206	Gowtham Varma	AI&DS	2	Gowtham
31	2400089023	Sk.Muhisna Tabasum	AI&DS	2	Sk. Muhisna
32	2400080172	Janga Ujwala	AI&DS	2	Janga Ujwala
33	2400080143	Dhulipalla Varshini	AI&DS	2	D. Varshini
34	2400080178	S Harshini Reddy	AI&DS	2	S. Harshini Reddy
35	2400080009	A Sai Sri Kaushik	AI&DS	2	A. Sai Sri Kaushik
36	2400080004	Abdul Arif	AI&DS	2	Abdul Arif
37	2400089017	A.Mahesh Roy	AI&DS	2	A. Mahesh Roy
38	2400080111	Manju Durga Tulluru	AI&DS	2	M. Durga
39	2400080192	B. Nanda Maneeswar	AI&DS	2	B. Nanda
40	2400080031	A. Trinadh	AI&DS	2	A. Trinadh
41	2400080268	Sk Md Feroz Ali	AI&DS	2	Sk. Md. Feroz Ali
42	2400080154	V.Ujwal	AI&DS	2	V. Ujwal
43	2400080293	Poojitha Punati	AI&DS	2	P. Poojitha
44	2400080267	P.Varshitha	AI&DS	2	P. Varshitha
45	2400080225	Mohammad Abdul Akram	AI&DS	2	M. Abdul Akram
46	2400080010	Mohamed Reehan	AI&DS	2	M. Reehan
47	2400080035	M.Venkata Dithendra	AI&DS	2	M. V. Dithendra
48	2400080233	Koya Devi Sri Chowdary	AI&DS	2	K. Devi Sri Chowdary
49	2400080281	L Amrutha Sri	AI&DS	2	L. Amrutha Sri
50	2400080243	Veeramreddy. Geetha Pramodha Red	AI&DS	2	V. Geetha Pramodha Reddy



Programme officer

KLEF NSS Cell

Programme Officer  
KLEF NSS Cell.



Programme Coordinator

KLEF NSS Cell

**P. SRIKANTH REDDY**  
Programme Co-ordinator  
National Service Scheme  
Koneru Lakshmaiah Education Foundation  
Vaddeswaram, 522503



Dean Student Affairs

KLEF

Dean (Student Affairs)  
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(Deemed to be University)  
Green Fields, VADDESWARAM-522502,  
Guntur Dist, Andhra Pradesh.