Koneru Lakshmaiah Education Foundation



(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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DEPARTMENT OF PHYSICAL EDUCATION

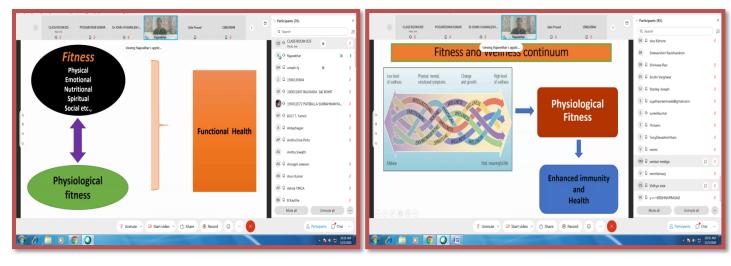
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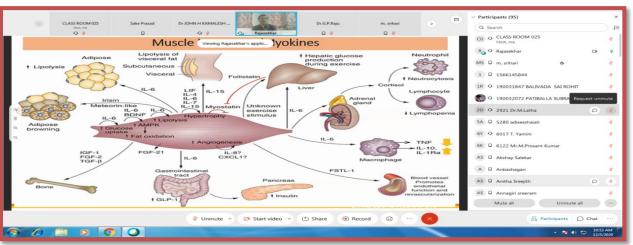
REPORT ON NATIONAL WEBINAR ON 05th DECEMBER 2020

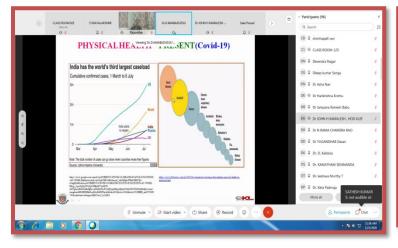
Department of Physical Education of Koneru Lakshmaiah Education Foundation (Deemed to be University) organized a national webinar on "Fitness and Health" on 5th December 2020 and 450 participants across the country have registered and attended the webinar. The national webinar was conducted from 10:00 A.M to 1:00 P.M and an introductory note by Dr. Hari Kishore Kakarla Associate Dean (Sports and Games). Dr. Hari Kisore explained about the various provisions and facilities provided by the KLEF and all the achievements the students of KLEF got so far. Further Dr. John H. Kamalesh, Head, Dept of Physical Education introduced the profile of the resource persons Dr. Rajasekhar Kali Venkata, an expert in Wellness and Sports Science Director of Physical Education and Sports from the University of Hyderabad, Telangana and Dr. D. Maniazhagu, Associate Professor, Dept. of Physical Education Health Sciences Alagappa University, Karaikudi Tamilnadu.

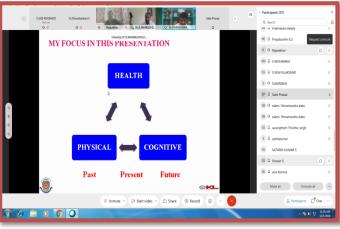
The national webinar was conducted in two sessions and the resource person Dr. Rajasekhar Kali Venkata delivered webinar talk on "Physical Fitness, Nutrition and other Lifestyle Factors on Immunity and Infections" in session-1 and Dr. D. Maniazhagu, Associate Professor, Dept. of Physical Education Health Sciences Alagappa University, Karaikudi Tamilnadu delivered his talk on "Physical and cognitive health past, present and future" in session-2. Further an interactive session is arranged and the participants interacted with the resource persons got their doubts clarified on health, fitness and immunity development in the light of COVID'19. Soon after receiving the feedback sheets, the participation certificates were distributed to all the participants.

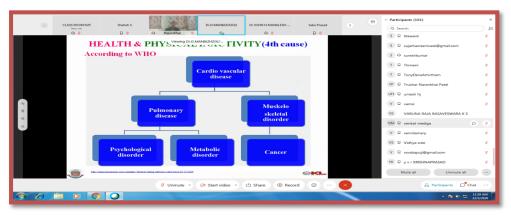
As part of valedictory, Dr. K. R. S. Prasad, Dean (Students Affairs), Dr. Hari Kishore Kakarla, Associate Dean (Sports and Games) conveyed their thanks and warm regards to the resource persons for sparing their valuable time and delivering wonderful talks on Fitness and Health and thanked all the participants for attending the national webinar with ease and enthusiasm and Dr. K. Sujatha Asst. Physical Director offered the vote of thanks.











National Webinar Poster

