



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-36, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/RO/ADMINISTRATION/2023-24

Date: 12-06-2024

Orders of the Hon'ble Vice-Chancellor dt.12-06-2024

CIRCULAR

Sub: Celebration of International Day of Yoga on 21st June 2024 – Reg.

Ref: Letter dated 11.06.2024 from Dr. K. Hari Kishore, Assoc.Dean (Sports) and Dr.K.R.S. Prasad, I/c.Dean (Student Affairs).

This is to inform all the faculty members, Non-Teaching staff and students that Department of Physical Education in collaboration with NCC is organizing “10th INTERNATIONAL DAY OF YOGA (IDY)” on 21st June 2024 from 06:00 AM to 08:00 AM at Open Air Theatre (OAT). The yoga practice session will be conducted from 17.06.2024 to 20.06.2024 from 3:00 PM to 5:00 PM at Yoga Hall in Indoor Sports Complex. All the interested Faculty members, Non-Teaching staff and students can register their names through the following link.

International Day of Yoga Registration link: <https://forms.gle/poStDS9VtXKuka3RA>

For any further information Ms. K Pujitha, Assistant PD, Mobile No: 9959473389 and Mr. Hari Pothuluru, Yoga Trainer, Mobile No: 9010792528 can be contacted.


REGISTRAR
REGISTRAR

Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWAREM-522 302.
Guntur District, Andhra Pradesh.

Mail & Hard copy to: Hon'ble President, KLEF

Mail to: Hon'ble Vice-Presidents, KLEF

Mail & Hard copy to: Hon'ble Pro Chancellor

Mail & Hard copy to: Hon'ble Vice-Chancellor

Mail & Hard copy to: Pro Vice-Chancellors

Mail to: Chief Coordinating Officer-Dr.A. Jagadeesh

Mail to: Special Officer -Dr.A. Vani

Mail to: All Advisors / All Deans / All Principals / All Vice-Principals / All Sr.Directors / All Directors / All Additional Deans /

All Associate Deans / Deputy Deans / PR Head

Mail to: Controller of Examinations-Dr.A.S.C.S.Sastry

Mail to: Joint Registrar / Deputy Registrar / Sr.Manager (Alumni Relations) & AR-Sri A.Krishna Rao / AR-Dr.MVAL Narasimha Rao

Mail to: Advisor – NAAC & Hyderabad Operations - Prof. K.Koteswara Rao

Mail to: Principal-CoE.,Dr.T.K. Rama Krishna Rao / Principal-FED.Dr.V. Krishna Reddy / Vice-Principal-Coll.of Engg.-Dr.M. Suman / Vice-Principals

Mail to: All HoDs

Mail to: All Dy. HoDs / All Alt. HoDs

Mail to: KL H - Principal Off Campus Centre, Aziz Nagar Campus / KL H - Principal Off Campus Centre, Bowrampet

Director (Academics) KLEF,GBS,Kondapur-Dr.G. Radha Krishna

Mail to: KL H HoDs of Off-campus Centres-Aziz Nagar / Bowrampet / GBS Kondapur

Mail to: KL H Associate Deans of Off-campus Centres-Aziz Nagar / Bowrampet / GBS Kondapur -

Report on 10th International Day of Yoga (IDY) on 21.06.2024.

International Yoga Day on 21 June 2024 was celebrated with great enthusiasm at the KLEF campus, aligning with the global initiative to promote holistic health and well-being through yoga practices. The event was conducted under the esteemed guidance of Dr. AVS Prasad, Pro-VC, Dr. KRS Prasad, I/c Dean (SA), and Dr. K Hari Kishore, Associate Dean (Sports).

Event Highlights:

- **Yoga Sessions:** The day commenced with invigorating yoga sessions led by experienced instructor Mrs. Suma from Art of Living, focusing on various asanas and breathing techniques. Dr. K Hari Kishore, renowned for his dedication to promoting physical and mental wellness, actively participated and provided insightful guidance throughout the sessions.
- **Student Participation:** Students from diverse disciplines actively participated, demonstrating their commitment to embracing yoga as a part of their daily routine for overall well-being.
- **Mindfulness Practices:** Beyond physical exercises, mindfulness practices such as meditation and relaxation techniques were also emphasized, encouraging participants to achieve inner peace and clarity.
- **Health Benefits:** Participants learned about the numerous health benefits of yoga, including stress reduction, improved flexibility, and enhanced concentration."

Event Poster:

The poster features a central illustration of a person in a meditative pose with a tree of green leaves above their head. The text 'Yoga for self and society' is written in purple above the figure. Below the figure, the word 'YOGA' is written in large, stylized purple letters, with 'Celebrations' in blue below it. On the left, a box contains the text '10th International YOGA DAY'. At the top left, there are logos for KLEF University, NAAC Category 1, and other accreditation details. At the top right, there are logos for ACC and 'THE ART OF LIVING'. On the right side, there is a logo for 'International Day of Yoga' and 'INTERNATIONAL YOGA DAY 21ST JUNE'. At the bottom, a green banner reads 'Practice Sessions 17th to 20th June 2024 3 pm to 5 pm @ Yoga Hall KLEF'. A dark blue banner at the very bottom contains the text '21st June 2024 @ 6am to 8am, OAT KL University | Registration : <https://forms.gle/poStDS9VtXKuka3RA>'.

In the lead-up to the International Day of Yoga, the KLU Yoga team organized the following events:

Three-Day Yoga Residential Orientation Programme for Advocates: A three-day workshop on basic yoga training was conducted for approximately 80 Advocates in two batches of 40 each, allowing for better personalization and participation. Professional trainers taught the Advocates various yoga asanas, making them familiar and well-versed in these practices.

Workshop Details:

Dates: 14th, 15th, and 16th May 2024

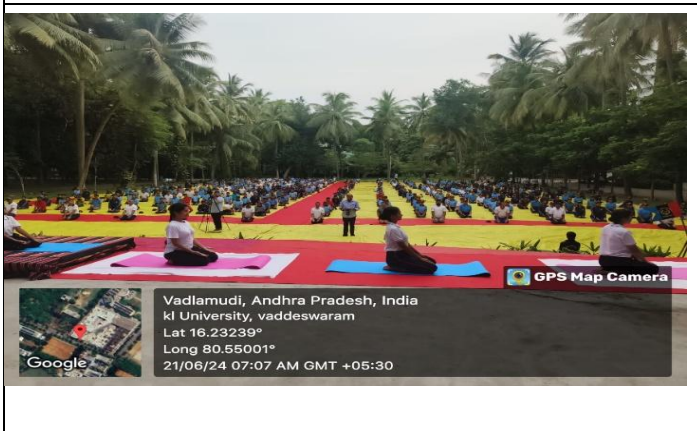
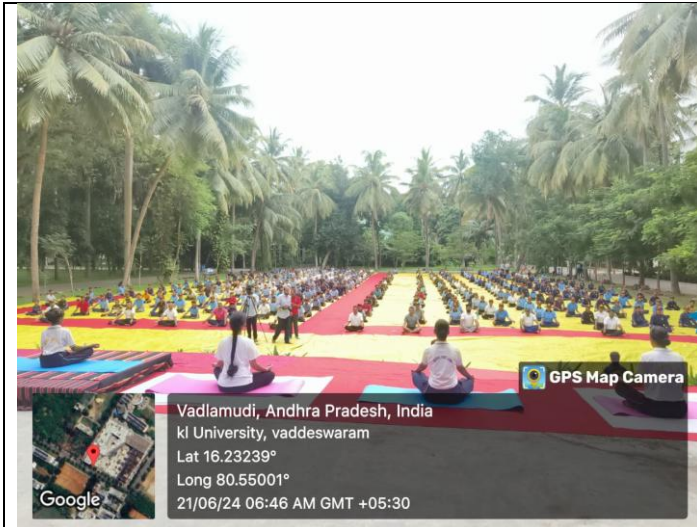
Venue: KL Deemed to be University Yoga Seminar Hall

Participants: BAR Council Members (The BAR Council of the state of Andhra Pradesh)

Members of the BAR Council of the state of Andhra Pradesh attended a 3-day Yoga Workshop at KL University from 14.05.2024 to 16.05.2024



Photo Gallery:



PARTICIPATION LIST:

S.NO	Name	Regd No./EMP ID	Department
1	Dr.R.Supriya	6944	Pharmacy
2	T. Krishnan	6911	CSE R
3	Kanneganti Jyothishya Brahma Chari	4502	Civil Engineering
4	Dr. T.Santhi Sri	5394	CSE-H
5	Dr. P. Srinivasan	7068	Hotel Management
6	Dr. Pradeep Saxena	8494	CSE R
7	T.Nagaraju Yadav	8427	CSE
8	NALLAPATI YALLAIAH	2200031880	CSE
9	Vivek Sagar	2100530068	Pharmacy
10	Vutukuru Haneesh	2200030456	CSE-H
11	Dittakavi Sai Ranganadhacharyulu	2200032014	CSE-H
12	Kota seshavenkatakhushal	2200031454	CSE
13	Dr Vithya	6199	CSE
14	Sravanthi Karnati	2200040189	ECE
15	Dr. M. Madhusudhana Subramanyam	7236	CSIT
16	Dr.N.V.K.Ramesh	8444	BES-2
17	A.Eswar	2200031867	CSE
18	SanthoshVijay	2300032662	Cse
19	MUTHUMULA VENKATA AKHIL REDDY	2300520080	CSA
20	Dr.D.UshaRani	7761	CSA
21	A LAKSHMI PRASANNA	8633	CSA
22	Dr. K Hari Kishore	2457	ECE
23	Esarapu Sai Manikanta Vinay	2301510314	MBA
24	Teja Sreenu Tadvaka	2847	IQAC
25	RAKESH	7534	css soft skill
26	Vishnupriya Borra	8111	CSA
27	Kudalavenkatajyothishwarareddy	2300520023	BCA
28	VADDE VINODKUMAR	2300520022	CSA
29	P dhanalakshmi	7456	Physical education
30	P. Mohan Manju	AP22SDF540371	11 Andra
31	Sk. Sameera	2200030175	CSE-H
32	S.Ashokreddy	8743	Physical Education
33	Sagirivenkatesh	7908	Physical education
34	MYLA VARALAKSHMI	AP2022SWR543053	NCC EBSB-II
35	BANDI JEEVITHA	AP2022SWA521787	CSE-DATA SCIENCE
36	BHOOP SINGH	RJ/23/SDA/007119	NCC
37	KRISHAN JAKHAR	RJ2022SDA440632	Physical Education
38	Divya pancholi	623059	Yoga day
39	Ganita suwaisa	RJ22SWA702303	Yoga day
40	PUKHRAJ	R.J/23/SDA/012221	Cyber

41	Palak prajapati	RJ/23/SWA/012218	Mechanical engineering
42	M.S.Vasundhara	AP2022SWA521793	Ece
43	Vikas	RJ23SDA009151	Jodhpur
44	Manish Prajapat	RJ23SDA009153	1RAJ ENGR REGT NCC
45	Rohit jakhar	RJ23SD011247	16 RAJ Barmer
46	Pushendra Singh Rathore	RJ22SDA378025	6 Raj NCC BN
47	Aarju Rathore	RJ/22/SWA/325219	2 RAJ ARMD SQN NCC
48	PRAVEEN KUMAR	RJ22SDA372032	6.raj BN NCC Jodhpur
49	Sahil Choudhary	RJ/22/SDA/325027	2 RAJ ARMD SQN NCC JODHPUR
50	Kuldeep Sinvar	RJ/22/SDA/325011	2 RAJ ARMD SQN NCC JODHPUR
51	Rawal Ram	RJ/22/SDA/325026	2 RAJ ARMD SQN NCC JODHPUR
52	Pushendra Singh Bhati	RJ/22/SDA/325020	2 Raj Armd Sqn NCC
53	SUMAN KANWAR	RJ22SWA400363	3 Raj
54	Prerna bhati	RJ/23/SWA/010267	1 raj engineering regiment
55	Muskan	RJ2023SWA010264	1 raj engineering regiment jodhpur
56	GADDE SAMEERA	AP2022SWA521781	ECE
57	JAINARAYAN	RJ23/SDA/008628	Physical department
58	ARVIND SINGH	RJ/22/SDA/450056	Physical education
59	KARAN VARDHAN SINGH NIRVAN	RJ22/SDA/443637	Physical education
60	Isha rajpurohit	RJ22SWF430601	4 Raj Air Sqn
61	Meemansha Rathore	RJ/22/SWA/367017	6 Raj
62	Diksha Bhardwaj	Rj22swa365002	6raj Bn ncc
63	DISHA TOLAMBIA	RJ /22/SWA/450080	Arts
64	GURIYA NAIN	RJ/22/SWA/450076	Arts
65	PRIYAL MALI	RJ23SWF013533	4 Raj air sqn.
66	Neetu kanwar	Rj21/SWA/ 325216	2RAJ ARMD SQN NCC JODHPUR
67	Palak prajapati	RJ/23/SWA/012218	Mechanical engineering
68	Meenakshi Bhati	RAJ/SW/23/659251	Bsc
69	PALLAVI DHARMISETTI	AP2023SWA01438	Computer science and engineering
70	Charusita Rathore	RJ/22/SWA/400004	3 RAJ Girls Bn
71	AVNITIKA	RJ/22/SWA/510126	15 RAJ BN NCC SGNR
72	Poonam Kanwar	RJ/22/SWA/366032	6 RAJ BN NCC JODHPUR
73	SUMAN KANWAR	RJ22SWA400363	Ncc
74	Harshika	RJ23SWA015498	3 RAJ GIRLS BN JODHPUR
75	Rekha kanwar	RJ/22/swa/366034	6 Raj BNncc jodhpur
76	Charusita Rathore	RJ/22/SWA/400004	3 RAJ Girls Bn
77	MANISHA KARGWAL	RJ/22/SWA/510010	15 RAJ BN NCC SGNR
78	Palak prajapati	RJ/23/SWA/012218	1 RAJ ENGR. REG
79	Rekha	RJ/2023/SWA/007117	7Raj BN NCC BIKANER
80	Cherukuri Yaswanthsai	2200089021	A I&DS
81	TALLA VEDHA SAI REDDY	2200080245	AI&DS
82	Doddala Viswanath	2200080207	AI&DS
83	BOREDDY SIRI SAMYUKTHA	2200080170	AI&DS
84	SAI SREE CHOWDARY PALADUGU	2200080104	AI&DS
85	CHAKKA ISHWARI TANVI	2200080103	AI&DS

86	POOSAPATI PRANAVA	2200080077	AI&DS
87	BOPANA GAYATHRI PADMAJA	2200080062	AI&DS
88	PAKKELA KIRANMAI	2200080056	AI&DS
89	KUTYARU SAI SATVIKA	2200080021	AI&DS
90	AVULA VENKATA HAREESH YADAV	2200033143	CSE
91	BANDARU SRIYA AVYAKTA	2200032922	CSE
92	CHALLA HAASITHA REDDY	2200032883	CSE
93	MANCHINENI NAVYA SAI KALAMANI	2200031862	CSE
94	VARANASI SAI SREE SWETHA	2200031729	CSE
95	VALLURI DURGA NAGA VENKATA SAI SRIJA	2200031713	CSE
96	BOLNEDI JAHNAVI	2200031692	CSE
97	THOTA RUSHITHA SREE	2200031427	CSE
98	ANUMOLU SRUTHI CHOWDARY	2200031341	CSE
99	PERUBOINA KAVYA SREE	2200031338	CSE
100	MEDHA NAAVYA	2200031218	CSE
101	BALAGONI KAVYA	2200031165	CSE
102	KATTAMURI KAVYA SIVANAGA DURGA VASAVI	2200031107	CSE
103	BOLISSETTY VISHNU SAMHITHA	2200031106	CSE
104	NAMUDURI GAYATRI	2200031061	CSE
105	ANNAPUREDDY HIRANMAI	2200030971	CSE
106	SONTENA SIRISHA	2200030822	CSE
107	VULLANKI SRI SRAVAN	2200030818	CSE
108	BHASKARUNI SUWARNA LAKSHMI SAI KEERTHI	2200030721	CSE
109	INJAM BHAVYA	2200030682	CSE
110	KOLLIPALLI DENUKA RANI	2200030480	CSE
111	KOMMAREDDY VARSHITHA RANI	2200030257	CSE
112	DAKKILI LIKITHA	2200030252	CSE
113	THURLAPATI ASRITHA	2200030035	CSE
114	YELURI VENKATA SIVA MANI TEJA	2200033006	CSE
115	KOMMISSETTI TEJASWI	2200032752	CSE
116	PENDEM SRIPAADA	2200032608	CSE
117	YAKKALA UDAYA SRI	2200032495	CSE
118	YAKKALA G L MEENAKSHI	2200032487	CSE
119	SHAIK ABDUL SALAM	2200032345	CSE
120	THOTA SINDHU	2200032319	CSE
121	BHAVYA JALADI	2200032254	CSE
122	A LIKHIL NAGA CHAITANYA	2200032055	CSE
123	VASUPALLI SHANMUKHA SURESH	2200031784	CSE
124	DANTLA HARSHITHA	2200031743	CSE
125	CHAITANYA THULAVA	2200031714	CSE
126	RUCHITHA CHAVA	2200031686	CSE
127	AGASTHYA SHRAVYA	2200031682	CSE
128	MALLIDI JASHINI SHYNI	2200031626	CSE
129	YENUMULA SRAVANTHI	2200031601	CSE
130	BURRA LAKSHMI SAILAJA	2200031182	CSE
131	AREMANDA YASASWINI	2200031145	CSE

132	KOMMI JAHNAVI	2200031127	CSE
133	NIMMAGADDA KAVYA SRI	2200031095	CSE
134	AASRITHA S CHANDRIKA VISSAMSETTI	2200031039	CSE
135	CHEEDHALLA HEMANTH	2200030623	CSE
136	SHAIK SADIYA	2200030479	CSE
137	DESABOINA BALAJI	2200039161	CSE
138	PAPPULA SSS SIVA VENKATA VIGNESH KUMAR	2200039108	CSE
139	MD BELAL AZAM	2200032999	CSE
140	Telugu Mohan	2200032833	CSE
141	KADAMBALA GUNASHREE	2200032679	CSE
142	KANDIPALLI SRINIVASA HARSHA	2200032636	CSE
143	PEELA VASUNDARA	2200032633	CSE
144	GADALA MANIKANTA	2200032627	CSE
145	KAGGA MOUNIKA	2200032493	CSE
146	SURE JAYA SAI KRISHNA	2200032478	CSE
147	SRI DATTA CHARAN KASTURI	2200032370	CSE
148	YAMAREDDY AKHILA	2200032265	CSE
149	BAGAM ANJALI	2200032207	CSE
150	TALLURI DEVI NIKITHA	2200032128	CSE
151	MUDUNURI PRASHANTH	2200032124	CSE
152	PAPENENI YAGNA PAVAN KUMAR	2200032120	CSE
153	CHAKALI SAI RAM	2200032114	CSE
154	ANUGULA MANISHA	2200032089	CSE
155	NALLAPATI GOVARDHAN	2200031944	CSE
156	YERRADLA VISHNU VARDHAN REDDY	2200031943	CSE
157	YALAVARTHY UMESH CHANDRA	2200031865	CSE
158	GADE KARTHIK REDDY	2200031857	CSE
159	RAVILLA VAMSI KRISHNA	2200031798	CSE
160	VATTIKUTI SAHITHI	2200031623	CSE
161	KOTA SESA VENKATA KHUSHAL	2200031454	CSE
162	ISHITHA AGNES MARRIPUDI	2200031419	CSE
163	KAJJAM YOGIENDRA	2200031399	CSE
164	MOHAMMAD ARZE HAYAT	2200031387	CSE
165	PILLA PAVAN	2200031372	CSE
166	VALLURU TANMAYEE	2200031253	CSE
167	UKKUSURI VENKATA KRISHNA	2200031237	CSE
168	VOBBINA VAMSI	2200031202	CSE
169	JAVVAJI GANESH KOUSIK	2200031102	CSE
170	GATRAM ROHITH YAGNA CHAITHANYA	2200030920	CSE
171	BANDARU PRANAY	2200030918	CSE
172	SRIDARSHAN JALUMURU	2200030725	CSE
173	KILARI SAI NITHIN	2200030557	CSE
174	VIDELA NAVYA	2200030540	CSE
175	KOMMINENI SOHITH KRISHNA	2200030488	CSE
176	EETHAKULA HARSHAVARDHAN	2200030368	CSE
177	GUNJA DURGA RAO	2200030365	CSE

178	KOLA NAGA MALLESWARI	2200030350	CSE
179	ARAVA SAI KRISHNA	2200030247	CSE
180	ARTHIMALLA JITHENDRA KUMAR	2200030165	CSE
181	SANIKOMMU VENKATA HARIKRISHNA REDDY	2200030158	CSE
182	KOTIPALLI POOJITHA .	2200030088	CSE
183	GORRELA AKHIL SAI SURYA VAMSI	2200030074	CSE
184	CHEPURI VAMSI KRISHNA	2200030073	CSE
185	KUKKALA VAMSI KRISHNA	2200030068	CSE
186	DUDDEMPUDI HARSHA VARDHAN PAVAN SAI	2200030060	CSE
187	KODURI UMESH CHANDRA	2200030042	CSE
188	NALLAGORLA TARUN VENKATA SAI	2200030024	CSE
189	NEELISETTY KESAVA TARUN KUMAR	2200030017	CSE
190	BAVIREDDI LASYA SRI	2200033285	CSE
191	KONDA TEJASWI	2200033060	CSE
192	DESHMUKH NITHIN	2200033025	CSE
193	SARLA SINDHU	2200033023	CSE
194	KAMIREDDY NAGA RASMITHA TULASI SRI	2200032886	CSE
195	SUNKARA SINDHU	2200032871	CSE
196	APPANA HRUTHIKA	2200032840	CSE
197	CHUKKA JYOTSHNA	2200032739	CSE
198	CHITTURI MANISHA	2200032591	CSE
199	BOLLA POOJITHA	2200032311	CSE
200	BHAVANAM DEEPSHIKA	2200032280	CSE
201	YALAMANDALA CHAITANYA SIVATHMIKA	2200032192	CSE
202	SYED SANIA	2200032178	CSE
203	TUPILI SRUTHI	2200032167	CSE
204	KOMMINA GNANA SAMYUKTHA	2200032094	CSE
205	VALETI TEJA SRI	2200032028	CSE
206	PEETA BHARGAVI	2200031942	CSE
207	AREPALLI DEEPIKA	2200031890	CSE
208	SIDDAMSETTI SAI LAKSHMI THARANI	2200031809	CSE
209	MALLAMPATI VISHNU PRIYA	2200031717	CSE
210	UMMAREDDY HRUTHIKA	2200031467	CSE
211	RAVI HARSHITHA	2200031335	CSE
212	KODURI NIKHITHA	2200031181	CSE
213	GOGINENI NIKHILA	2200031162	CSE
214	YALAMARTHY NEHA CHOWDARY	2200031129	CSE
215	VELAGAPUDI DRAKSHAYANI	2200031115	CSE

Participation Certificates:

 Department of Physical Education



INTERNATIONAL DAY OF YOGA

Certificate of Participation

This is to certify that

Mr/Ms/Mrs. Dr. T.Santhi Sri

of CSE-H Department, has participated in the **International Day of Yoga**, on 21st June -2024, held at OAT, K L Deemed to be University, Vaddeswaram, Guntur.


Dr. K. Hari Kishore
Associated Dean (Sports & Games)


Dr. K R S Prasad
V/C Dean (Student Affairs)

 Department of Physical Education



INTERNATIONAL DAY OF YOGA

Certificate of Participation

This is to certify that

Mr/Ms/Mrs. Kanneganti Jyothishya Brahma Chari

of Civil Engineering Department, has participated in the **International Day of Yoga**, on 21st June -2024, held at OAT, K L Deemed to be University, Vaddeswaram, Guntur.


Dr. K. Hari Kishore
Associated Dean (Sports & Games)


Dr. K R S Prasad
V/C Dean (Student Affairs)

 Department of Physical Education



INTERNATIONAL DAY OF YOGA

Certificate of Participation

This is to certify that

Mr/Ms/Mrs. Dr.R.Supriya

of Pharmacy Department, has participated in the **International Day of Yoga**, on 21st June -2024, held at OAT, K L Deemed to be University, Vaddeswaram, Guntur.


Dr. K. Hari Kishore
Associated Dean (Sports & Games)


Dr. K R S Prasad
V/C Dean (Student Affairs)

 Department of Physical Education



INTERNATIONAL DAY OF YOGA

Certificate of Participation

This is to certify that

Mr/Ms/Mrs. T. Krishnan

of CSE R Department, has participated in the **International Day of Yoga**, on 21st June -2024, held at OAT, K L Deemed to be University, Vaddeswaram, Guntur.


Dr. K. Hari Kishore
Associated Dean (Sports & Games)


Dr. K R S Prasad
V/C Dean (Student Affairs)

Media Gallery:

కేఎల్ యూలో యోగా దినోత్సవం



తాడేపల్లి, జూన్ 21 (ప్రభ న్యూస్) : కేఎల్ డీవ్ట్ యూనివర్సిటీలో శుక్రవారం నాడు ప్రపంచ యోగా దినోత్సవాన్ని ఎన్ సిసి 10 ఆంధ్రా బెటాలియన్ అధ్వర్యంలో ఘనంగా నిర్వహించారు. ఈ సందర్భంగా కేఎల్ వర్సిటీ లోని ఓపెన్ ఎయిర్ థియేటర్

ప్రాంగణంలో యోగా కార్యక్రమాన్ని నిర్వహించారు. ఈ కార్యక్రమానికి ప్రముఖ యోగా శిక్షకురాలు ఆర్ట్ ఆఫ్ లివింగ్ తరుపున సుమ హాజరయి యోగా పైన ఎన్ సిసి క్యాడెట్లకు శిక్షణనిచ్చారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ యోగా సర్వరోగ నివారిణి అని అన్నారు. శరీరంలోని కార్బన్ డయాక్సైడ్ బయటకు వెళ్లేందుకు యోగా సహకరిస్తుందని ప్రతి ఒక్కరు యోగా చేయడం అలవర్చుకోవడం వలన ఆరోగ్యకరమైన జీవన విధానాన్ని పాటించవచ్చునని అన్నారు. ఈ కార్యక్రమంలో క్యాంప్ కమాండెంట్ కల్నల్ సిఎస్ సిద్ధు, డిప్యూటీ క్యాంప్ కమాండెంట్ లెఫ్టినెంట్ కల్నల్ ఎస్ విఎస్ సుదర్శన్, కేఎల్ యు వైస్ చాన్సలర్ డాక్టర్ జి.పార్థసారధివర్మ, ప్రో విసిలు డాక్టర్ ఎవిఎస్ ప్రసాద్, ఎన్ వెంకట్ రామ్, రిజిస్ట్రార్ డాక్టర్ కె.సుబ్బారావు, క్రీడల అసోసియేట్ డీన్ డాక్టర్ కె.హరికిషోర్, ఎన్ సిసి ఆఫీసర్ లెఫ్టినెంట్ పావని తదితరులు పాల్గొన్నారు.