



K L University
(Koneru Lakshmaiah Education Foundation)
Estd. u/s 3 of UGC Act 1956

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Constituent College KLCE Accredited by NAAC with CGPA 3.76/4.00

Approved by A.I.C.T.E ± Accredited by N.B.A.± ISO 9001-2000 Certified

Academic Staff College

08.09.2016

1-day seminar on “Skilful Parenting” by Mr.Adinarayana, Psychologist, Hyderabad for 60 non teaching staff of KLUniversity on 08.09.2016 was organised by Academic Staff College in Rose Hall.

The resource person spoke about the importance of parenting that requires skills. He also spoke that the children are beautiful jewels that have been entrusted to our care. We have a choice to polish the jewels to their natural brilliance or to dim them. By appreciating and working with the multifaceted talents of our children, we enable them to reach their greatest potential.

The well-known authoritarian and permissive methods for raising children cause power struggles and fail to help children develop the inner guidance they need to think for themselves and to care about others. Breakthrough Parenting instead offers a proven method for raising cooperative, happy, self-confident children.

Let us have a quick look at top 5 simple yet effective parenting tips.

1. Give Unconditional Love
2. Put Yourself in Their Shoes
3. Develop Healthy Eating Habits From a Young Age
4. Have Family-Time!
5. Try to Make Your Children Self-Reliant

These are some important parenting tips which can help parents during the journey of parenthood. At the end of the day, remember to be good role models for your child as parents are the biggest role models for children. Memories of parent-child relationship are special to every parent and child and these hold a special place in every parent and child’s heart!

Parenting involves a certain amount of discretion. There is no one standard rule for all children. Different children may need different levels of attention, expression of love, and toughness. Suppose if a coconut plant needs 50 liters but rose plant, require that much and it will die. One must see what kind of plant it is and what it needs.



Participants in rapt attention



Participants attentively listening to the resource person