



K L University
(Koneru Lakshmaiah Education Foundation)
Estd. u/s 3 of UGC Act 1956

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Constituent College KLCE Accredited by NAAC with CGPA 3.76/4.00
Approved by A.I.C.T.E ± Accredited by N.B.A.± ISO 9001-2000 Certified

Academic Staff College

8.11.2016 to 9.11.2016

2-day workshop on “**Altering Attitudes**” by Mr.Koushik Pillalamarri, Head, Sales Enablement, Wipro, Bangalore was organised by Academic Staff College for the 40 associate and assistant professors of different departments at Jasmine Hall, K L University from 8.11.2016 to 9.11.2016.

Attitude is little thing that makes a big difference

The objectives of the workshop are

- To be aware of the blocking attitudes in ones personality development
- To comprehend the strategies to alter ones attitudes
- To develop one’s own ways of developing action to alter the attitudes

5 Simple Things That Can Help to Change Attitude

1. Identify and understand what you want to change
2. Look for a role model.
3. Think about how your attitude change will affect your life.
4. Choose the right company.
5. Believe that you are able to change.

It cannot be denied that a positive attitude is very important for living a successful and satisfying life, so it is only right to strive to have a positive attitude. I can!

While it’s true that humans are born with certain tendencies or orientations, our personalities and attitudes are developed through our relationships and experiences. Our attitudes begin to develop in childhood and constantly evolve and change over the years through day-to-day interactions and experiences.

All the things that you have been through, all the people you have met and interacted with can have an impact on your attitude. If you think that all these factors have molded you into a person with a poor attitude towards life, there is no need to worry as there is always an opportunity for change.

“The greatest discovery of my generation is that a human being can alter his life by altering his attitudes of mind.”

Attitude in life will effect your relations like business relation, family relations, friends relations and your life style. Attitude depends upon its type if it is positive then not a problem but if it isn’t then a big problem.



Mr.Koushik Pillalamarri, Head, Sales Enablement, Wipro,
Bangalore