



Academic
Staff College

Report on
**A Guest Lecture on
Enhancement of Human Skills**
Organized by
Academic Staff College
In association with
Dept. of Physical Education, KLEF
On 13.07.2019

A Guest Lecture on “Enhancement of Human Skills” was organized by Academic Staff College in association with Department of Physical Education, KLEF on 13.07.19. All the faculty members of the Dept of MBA, Dept of Pharmacy and the registered faculty members have attended the Lecture.

Sri G.Anjaneyulugaru, Facilitator from Art of Living Foundation has given his valuable lecture on the topic.Sri G. Anjaneyulu, a Retired Railway official and a Teacher for Art of Living Foundation from last 15 years, has given lectures in many educational institutes, industries and trained many people in Yoga and meditation practices.

The lecture is an introductory talk for “Art of Living and Happiness Programme”, and helping the people to transform from the limited identity of body and mind to the boundless potential of oneself. Resource Person has explained how to live in the present moment and how the past will influence one’s thinking process and actions.Participants have actively participated in the 20 minute Meditation session and experienced a new dimension on meditation.The faculty members are informed about the importance of the meditation and other relaxing techniques which can be used in classroom for the benefit of students so that they can avoid the stress and pressure.

Dr.V.Rajesh, Principal,ASC, and Dr.B.Siva Nagaiah Vice-Principal, ASC of KLU had honored the resource person Sri G.Anjaneyulugaru with shawl and memento.Mr.V. VenkataNarayana, Assistant Professor and Mrs.K.L.Lavanya, office assistant of Dept. ASC have coordinated the Programme.



Faculties are doing meditation

