



## Koneru Lakshmaiah Education Foundation

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A Report on

## Self-Awareness for Academic Integrity

Organised by

### ACADEMIC STAFF COLLEGE, KLEF.

Date.28.06.2018

A One-day workshop on “Self-Awareness for Academic Integrity” was organised by Academic Staff College (ASC), KLEF, Vaddeswaram on 28.06.2018. The programme was intended for the non-engineering faculty members. The faculty belonging to the Department of MBA, BA, BCA, LAW, B.COM, Pharmacy, Architecture and the registered members of other departments had participated. Ms. Usha Rani, Asst. Professor, ASC was the resource person who started the session with a quote:

“When there is no enemy within, the enemies outside can do you no harm.”

Further she delivered the introductory content on the concept of *Self-awareness* stating that Self-awareness is the ability which lies inherently in us which helps us to know what we are doing and why we are doing certain things.

She intended that self-awareness as a concept is the ability to monitor our inner world, our thoughts and emotions as they arise. Furthermore, Self-awareness goes beyond merely accumulating knowledge about ourselves. It is also about paying attention to our inner state with a beginner’s mind and an open heart. Our mind is extremely skilful at storing information about how we react to a certain event to form a blueprint of our emotional life.

She further added that proposition of the workshop is to make the participant know:

- Understand what is the self
- Comprehend the importance of self- awareness
- Know the type of the person who I am
- Work out measures to understand oneself

Many of us spend our lives at the mercy of the circumstances by living at the mercy of what happens to us, at the mercy of others, not living in the present, because we are stuck in the prison of the past.

In the forenoon session the participants were introduced the concept of self-awareness, self-concept, self-image and self-schemas. The participants were also led through the concepts of ‘Johari window’ and ‘Abraham Maslow’s hierarchical needs’ and their essentialities in understanding the self and society in a better way.

In the afternoon session the 'Meyer Briggs Type Indicator Test' was conducted followed by the 'SWOT' analyses. The programme was stapled with how the relevance of the 'self-awareness with academic integrity' and further the integrity among the teaching fraternity with that of student communities are essential so as to understand the psyche of the students in a better way and deliver the content effectively.

The programme was beheld by Dr. V. Rajesh, Principal and Dr. B. Siva Nagaiah, Vice-Principal of Academic Staff College. The certificates of participation were issued at the end of the programme.



Resource Person: Ms. M. Usha Rani, Asst. Prof, ASC



Certificates Distribution and Group Photo of the Participants

