Konery Lakshmaigh Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ◆Approved by AICTE ◆ ISO 21001:2018 Certified Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA. Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref:KLEF/RO/Women'sForum/2022-2023

Date: 09/02/23,

Orders of the Vice-Chancellor dt. 09/02/2023

CIRCULAR

Sub: Conduction of SEMINAR on "BREAST CANCER FOR WOMEN/GIRLS" - Reg.

<u>Ref</u>: Letter dt. 09/02/2023from Dr.K.RUTH RAMYA, Professor,CSE & Convenor,Womens Forum.

This is by direction to inform that SEMINAR on" BREAST CANCER FOR WOMEN/GIRLS"

will be conducted for all the girl students and women staff KLEF, as per the details given below.

Resource person: DR.SULOCHANA DEVI

Date :10/02/2023

Time : 10.00 A. M to 12:00 Noon

Venue :Jasmine hall, KLEF

HODs are requested to bring this information to the notice of all the girl students and women staff of their respective departments.

REGISTRAR

Dr. K. SUBBARAO REGISTRAR

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SEMINAR OF BREAST CANCER FOR WOMEN/GIRLS

Date : 10/02/2023

Time : 10.00 A. M to 12:00 Noon

Venue : Jasmine Hall, KLEF

OBJECTIVES

The primary objectives of organizing a seminar on breast cancer for women and girls students are to raise awareness about breast cancer, its risk factors, and the importance of early detection. This seminar aims to empower participants with knowledge about breast health, self-examination techniques, and the significance of regular screenings. By educating women and girls about breast cancer, its prevention, and available support services, the seminar seeks to reduce the stigma associated with the disease, promote early diagnosis, and encourage a proactive approach to breast health. Additionally, it aims to inspire these students to become advocates for breast cancer awareness, fostering a culture of health consciousness and proactive healthcare within their communities.

DESCRIPTION

The seminar on breast cancer awareness for women and girls students was a resounding success, fostering a profound impact on the participants. Resource Person for this Program is Dr. Sulochana Devi, Oncologist, Andhra Hospitals. Throughout the event, students engaged in informative discussions and activities, gaining comprehensive knowledge about breast cancer, its risk factors, and the significance of early detection. The seminar succeeded in empowering these young women with the essential skills and awareness to proactively monitor their breast health and promote early screening practices. Additionally, it facilitated a supportive and open environment that reduced the stigma surrounding breast cancer, encouraging participants to share their concerns and experiences. Most notably, the seminar inspired a new generation of advocates for breast cancer awareness, with students expressing a commitment to disseminating knowledge within their communities and championing proactive health practices. Overall, the seminar played a significant role in pivotal role in educating and empowering women and girls students, fostering a culture of health consciousness and support for breast cancer awareness.

KL University Women Development Cell (WDC) organized to the elaborate presentation covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, Stretching pain in the back, retracted nipple etc., The factors causing cancer are genetic, physiological, dietary, environmental and life style. They suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc., Later on, they briefed the participants on methods of early detection and curative measures. Showing demonstrative clippings they explained about Self Breast Examination (SBE), clinical Tests, mammography and ultra sound scanning. They advised the girl-students to be conservative, follow healthy food containing fibrose rich foods

with Vitamin A, E and C, Beta carotenes and selenium supplements. They wrapped up their presentations with a discussion of the painful treatment process like surgery which is often followed by radiation to melt the malignant lumps. Psychological rehabilitation of affected patients through chemotherapy and re-breast construction with silicon support was discussed with video clippings

OUTCOMES

The outcomes of organizing the seminar on breast cancer for women and girls students have been remarkably positive. Participants emerged from the seminar with increased awareness and knowledge about breast cancer, its risk factors, and the importance of early detection. This heightened awareness has empowered these women and girls to take proactive steps towards their own breast health, including regular self-examinations and seeking timely medical screenings. Furthermore, the seminar helped reduce the stigma surrounding breast cancer, encouraging open discussions and support networks among participants. Importantly, the event has inspired these students to become advocates for breast cancer awareness within their communities, thereby contributing to the early detection and prevention of the disease and promoting a culture of health consciousness among women and girls

PHOTOS



Resource Person Dr. Sulochana Devi, Oncologist, Andhra Hospitals addressing the gathering on 10/02/2023



Resource Person Dr. Sulochana Devi, Oncologist, Andhra Hospitals addressing the gathering on 10/02/2023

Participated Faculty/staff List:

S.No	Emp No	Name of the employee	
1	4804	MS.EDARA SREELATHA	
2	855	DR.IMMADI GOVARDHINI	
3	4635	BANAVATHU.CHAMUNDESWARI	
4	5394	DR.TATAVARTHY SANTHI SRI	
5	5889	MS.P. PADMINI RANI	

Participated Students List:

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REGISTRAR

Dr. K. SUBBARAO REGISTRAR