



Ref: KLEF/RO/Mental Health & Well-Being/2023-24

Dt. 01/11/2023

Orders of the Hon'ble Vice-Chancellor

CIRCULAR

Sub: Seminar on "Mental Health & Value System" for NSS Girl Students attending Pre-RD Camp – Communication – Reg.

Ref: Letter dt. 01-11-2023 from Dr. K. Ruth Ramya, Faculty Coordinator (Mental Health & Well-Being).

This is to inform that a **Seminar on "Mental Health & Value System"** will be organized under the category of **Mental Health & Well-Being** for NSS girl students attending the Pre-RD Camp at the Vaddeswaram Campus of KLEF.

Details of the event are as follows:

Date: 02/11/2023 (Thursday)

Timings: From 10:00 AM

Venue: KL University, Vaddeswaram (In-house)

Faculty Coordinator: Dr. K. Ruth Ramya

Resource person: Mr. B. Pavan Kumar, Psychologist, Value Education Cell

Participants list: <https://forms.gle/4Qee8iEtjCupxx817>

All the Deans, Principals, HoDs, and Functionaries concerned of KLEF-Vaddeswaram Campus are requested to ensure the active participation of their respective students and faculty in the seminar.




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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESARAM-522 302.
Guntur District, Andhra Pradesh.



Koneru Lakshmaiah Education Foundation

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Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Date: 02/11/2023 (Thursday)

Timings: From 10:00 AM

Venue: KL University, Vaddeswaram (In-house)

Objectives

The seminar on "*Mental Health & Value System*" aims to promote awareness of mental health among NSS girl students attending the Pre-RD Camp and highlight the importance of building a strong value system. The primary goal is to help participants understand the significance of mental well-being in achieving personal and professional success. The program also aims to equip them with strategies for coping with stress, managing emotional challenges, and fostering a resilient mindset, all while emphasizing ethical behavior and core values as guiding principles in life.

Description

This one-day seminar is a carefully curated program under the category of **Mental Health & Well-Being**, designed specifically for 60 NSS girl students attending the Pre-RD Camp at KL University. Scheduled for November 2, 2023, the event will feature expert talks, interactive sessions, and group activities led by experienced facilitators, with Dr. K. Ruth Ramya as the faculty coordinator. The seminar will delve into topics such as identifying stressors, managing mental health challenges, and cultivating positive mental habits. It will also explore the role of a strong value system in fostering a supportive and ethical environment, both personally and socially. Through real-life examples and motivational discussions, participants will be encouraged to reflect on their own mental well-being and values, gaining insights into their significance in their journey as NSS volunteers and future leaders.

Outcomes

The seminar is expected to create a more informed and mentally resilient group of NSS girl students who are better equipped to handle stress and emotional challenges. Participants will gain

practical knowledge about mental health and strategies to enhance their well-being. They will also understand the importance of aligning personal and professional goals with a strong value system, fostering ethical and empathetic leadership qualities.



Mr. B. Pavan Kumar, Psychologist, Value Education Cell addressing the students on Mental Health & Value System for NSS Girl Students attending Pre-RD Camp on 02.11.2023



NSS Girl Students attending Pre-RD Camp are participated in Seminar on “Mental Health & Value System” on 02.11.2023

Participated Students List :

S. No	ID Number	Name of the Students	Branch
1	2300031399	Nagepalli Vidya Sree	B.Tech. CSE
2	2100031199	Harshitha Movva	B.Tech. CSE
3	2210040071	Punuru Venkata Usha Shree	B.Tech. ECE
4	2100030146	Mythri Gorla	B.Tech. CSE
5	2100590010	Manasa Chowdary Sunkara	BA
6	2200031795	Vanka Rupa Vidhya	B.Tech. CSE
7	2100031948	Kakarlapudi Vaishnavi	B.Tech. CSE
8	2200031206	Gudapati Amrutha Siri	B.Tech. CSE
9	2200550003	Betharaju Saswitha Varma	B.Com.
10	2100030779	Valluri Dharmika Sri Nandini	B.Tech. CSE
11	2201600058	Oruganti Meghana	MCA
12	2200030295	Kanyadhara Bhavya	B.Tech. CSE
13	2200030357	Yadagini Charishma Satya Dhanasri	B.Tech. CSE
14	2100031322	Botta Bhavana	B.Tech. CSE
15	2200030693	Naramaneni Kavya	B.Tech. CSE
16	2200040291	Vinnakota Gnana Sahithi	B.Tech. ECE
17	2200040045	T Sindhuja	B.Tech. ECE
18	2300040125	Sai Madhuri Gandham	B.Tech. ECE
19	2000030220	Dandamudi Divya	B.Tech. CSE
20	2200030648	Indukuri Naga Sai Geethika Rani	B.Tech. CSE
21	2200032292	Maguluri Triveni	B.Tech. CSE
22	2100080173	Gavirneni Nitya	B.Tech. AI&DS
23	2000030119	Bhumula Vasanthi	B.Tech. CSE
24	2000570012	Dachapalli Lakshmi Ramya Sri	BBA-LLB
25	2000031384	Kambhampati Sai Harshitha	B.Tech. CSE
26	2000030609	Bhavana Mareedu	B.Tech. CSE
27	2100031068	Bhavya Sai Sree Nalam	B.Tech. CSE
28	2200040036	Ruchita Sai Srija	B.Tech. ECE
29	2200030641	Kamineni Naga Shreya	B.Tech. CSE
30	2200031692	Bolnedi Jahnavi	B.Tech. CSE
31	2100030413	Pathuri Suharsha	B.Tech. CSE
32	2100010107	Varshitha Katta	B.Tech. BT
33	2000040466	Allaparthi Hema Sri	B.Tech. ECE
34	2000031809	Lanka Snehi Tha	B.Tech. CSE
35	2100031610	Achanta Satya Vineesha	B.Tech. CSE
36	2200040176	Hema Sree Setikam	B.Tech. ECE

37	2300033846	Yasaswini Yanamandra	B.Tech. CSE
38	2300030116	Chandra Ouchitya	B.Tech. CSE
39	2100590034	Veekshita Meesala	BA
40	2000080016	Bollina Rushitha Sri Naga Sai	B.Tech. AI&DS
41	2200031062	Sai Sahithya Balusupati	B.Tech. CSE
42	2200080094	Addada Nithya Phani Sri	B.Tech. AI&DS
43	2100030761	Parchuri Jyothika Chowdhury	B.Tech. CSE
44	2100040152	Isukapalli Dakshasri Praneetha Yeseswini	B.Tech. ECE
45	2100080061	Jyothirmai Chitloori	B.Tech. AI&DS
46	2100050059	Hima Bindu Duddempudi	B.Tech. ECS
47	2201600100	Gandu Sushma Savithri	MCA
48	2000031589	Lahari Parvathaneni	B.Tech. CSE
49	2000030258	Donthireddy Vijaya Lakshmi	B.Tech. CSE
50	2100031164	Madamanchi Geethika	B.Tech. CSE
51	2100510029	Namburu Lakshmi Mahitha	B.Arch.
52	2000090121	Diyyala Sravani	B.Tech. CS&IT
53	2200032330	Dhulipala Aparna Sree Sowmya	B.Tech. CSE
54	2000010073	Gavirni Samyutha Chinmyee	B.Tech. BT
55	2000031852	Kuchi Srima	B.Tech. CSE
56	2000030955	Sri Sai Vidyadhari Ghanta	B.Tech. CSE
57	2300033644	Voruganti Pranathi	B.Tech. CSE
58	2200031832	Phani Harshitha Tupakula	B.Tech. CSE
59	2000030802	Peram Teja Sree	B.Tech. CSE
60	190550042	Gutta Nikitha	BBA-LLB
61	2000031502	Kundana Sri Bhanu Nallajeru	B.Tech. CSE
62	2000031774	Kandimalla Yaswanthi	B.Tech. CSE
63	190550073	Jasthi Kavya Naidu	BBA-LLB
64	2000030771	Pavathaneni Hima Bindu	B.Tech. CSE
65	2000030775	Pasupuleti Muktha Sree	B.Tech. CSE
66	2000031244	Bollineni Sai Sree	B.Tech. CSE
67	2000030018	Abburu Sree Padma Priya	B.Tech. CSE
68	2200040060	Jagadeswari Chaluvadi	B.Tech. ECE
69	2000010051	Gurram Gnana Shree	B.Tech. BT
70	2100030393	Palepu Alekhya	B.Tech. CSE
71	2300520154	Duggirala.Bala Naga Satya Ramya Sri	BCA
72	2300031690	Pasupuleti Revathi Meenakshi	B.Tech. CSE
73	2300032690	Jampana Sai Meghana	B.Tech. CSE
74	2000031948	Mahazabe Shaik	B.Tech. CSE
75	2301510178	Paidimarri Manisha	MBA
76	2300033029	Banda Bhavyasri Lakshmi Mayukha	B.Tech. CSE

77	2300031512	Popuri Yavanika	B.Tech. CSE
78	2300040430	Cheemakurthi Venkata Sai Lakshmi Gayathri	B.Tech. ECE
79	2300040386	Satwika Atla	B.Tech. ECE
80	2200090074	Parisi Deepthi Naga Sri	B.Tech. CS&IT
81	2300030354	Kotaru Alekhya	B.Tech. CSE
82	2100570010	Adusumalli Sarvani	BBA-LLB
83	2100570022	Vejendla Sireesha 8008407838 Sireesha	BBA-LLB
84	2100040374	Abburi Naga Venkata Harshita	B.Tech. ECE
85	2100010083	Motamarri Anjani Devi	B.Tech. BT
86	2200550041	Tulasi Satya Durga Aiswarya	B.Com.
87	2300090286	Singalreddy Sahithi	B.Tech. CS&IT
88	2000530002	Priyanka Bolnidi	B.Pharmacy
89	2200010093	Afifah Farheen	B.Tech. BT
90	2100031321	Kanjula Maheswari Reddy	B.Tech. CSE
91	2200032209	Suchitha Lingamaneni	B.Tech. CSE
92	2100031022	Mullaadi Neha Sri	B.Tech. CSE
93	2200620022	Jasti Bharghavi Sai	B.Sc. Ag.
94	2200030040	Jangalapalli Venkata Maruthi Pujitha	B.Tech. CSE
95	2100010094	Yamuna Reddy Daram	B.Tech. BT
96	2000031555	Sai Aasritha Kondadasula	B.Tech. CSE
97	2300033446	Bezawada Amrutha	B.Tech. CSE
98	2000032036	Undavalli Pradeepthi	B.Tech. CSE
99	2100010053	Durga Bhargavi Bade	B.Tech. BT
100	2300030924	Rachamadugu Bhavya Sri	B.Tech. CSE
101	2300030075	Batthula Ekalavya Batthula Ekalavya	B.Tech. CSE
102	2200030781	Amirineni Teju Thrisha	B.Tech. CSE
103	2300090383	Punnavalli Pallavi	B.Tech. CS&IT
104	2100030369	Nallamotu Renu	B.Tech. CSE
105	2000031970	Chitrakavi Lakshmi Sravya	B.Tech. CSE
106	2200550015	Lakshmi Muppalla	B.Com.
107	2100031500	Chavva Pujitha Reddy	B.Tech. CSE
108	2300100048	Ganjiguntla Harsha Vardhini	B.Tech IoT
109	2200030293	Tamma Vijaya Sai	B.Tech. CSE
110	2300030166	Yasaswi Dhulipalla	B.Tech. CSE
111	2100010112	Patti Tulasi Twiha Reddy	B.Tech. BT
112	2200080008	Yalamanchili Pranayani	B.Tech. AI&DS
113	2000040119	Raji Nelluri	B.Tech. ECE
114	2000030582	Maddireddy Pujitha	B.Tech. CSE

115	2300033836	Kallepalli Sushma Sri	B.Tech. CSE
116	2000040008	Asritha Morampudi Morampudi	B.Tech. ECE
117	2000031188	Velicheti Sri Sandhya	B.Tech. CSE
118	2100031478	Kurugundla Kusuma Priya	B.Tech. CSE
119	2200030277	Daka Sri Lakshmi Priyamvada	B.Tech. CSE
120	2100031850	Dakshitha Sai Pusala	B.Tech. CSE
121	2300090021	Kampana Harshitha Durga	B.Tech. CS&IT
122	2000031595	Pradeepthi Asodi	B.Tech. CSE
123	2000031651	Menni Hema Sri	B.Tech. CSE
124	2300030077	Battula Sai Anushka	B.Tech. CSE
125	2000031854	Painampiram Juhitha Juhitha	B.Tech. CSE
126	2100010029	Shrinidhi Kurra	B.Tech. BT
127	2100030680	Bhanu Tejaswi Ganesu	B.Tech. CSE
128	2300032307	Varshitha Ratakonda	B.Tech. CSE
129	2300030568	Reddam Bhargavi	B.Tech. CSE
130	2000030648	Ramya Sri Morla	B.Tech. CSE
131	2100090007	Saranya Dhulipudi	B.Tech. CS&IT
132	2100030062	Bodduluri Manogna	B.Tech. CSE
133	2200031579	Nookala Mohana Priya	B.Tech. CSE
134	2300040219	Makke Rohitha	B.Tech. ECE
135	2300030050	Bhavya Sri Athukuri	B.Tech. CSE
136	2300031560	Arava Tharuni Priya	B.Tech. CSE
137	2100031088	Mannem Monika Chowdary	B.Tech. CSE
138	2201600017	Donapati . Harshitha	MCA
139	2200032174	Nalabothu Srija	B.Tech. CSE
140	2100040324	Thota Siva Sri	B.Tech. ECE
141	2000030433	Lasya Kallam	B.Tech. CSE
142	2201570012	Puppala Mounika	PharmD
143	2100030153	Ganamani Neha Sri	B.Tech. CSE
144	2300030712	Vattikuti Tejaswi	B.Tech. CSE
145	2300032831	Mahitha Chowdary Vege	B.Tech. CSE
146	2300510012	Swetha Kodali	B.Arch.
147	2300100014	Medatati Kamala	B.Tech IoT
148	2300030689	Tungala Naga Vandana	B.Tech. CSE
149	2300090284	Kota Geetha Sri	B.Tech. CS&IT
150	2100520004	Danu Nikitha Kalakota	BCA
151	2000030233	Deevi Manaswini	B.Tech. CSE
152	2000030967	Sriyuktha Sakhamuri	B.Tech. CSE
153	2100030470	Saisree Gopalakrishnan	B.Tech. CSE

154	2300032499	Kalagotla Aswitha Reddy	B.Tech. CSE
155	2300031430	Tatina N Venkata Veera Durga Navya Gopika	B.Tech. CSE
156	2000031714	Kanuparthi Prasasthi	B.Tech. CSE
157	2200030127	Aluru Nihitha Chowdary	B.Tech. CSE
158	2300030793	Chava Aasritha	B.Tech. CSE
159	2100031905	Tadepalli Thanuja	B.Tech. CSE
160	2200040143	Maddali Sri Mavulamma Mounika	B.Tech. ECE
161	2200030841	Javvaji Mokshagna Manvitha	B.Tech. CSE
162	2100030104	Chintha Hema	B.Tech. CSE
163	2000570032	Poliseti Bala Devika	BBA-LLB


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