



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/RO/Skill Development/2023-24

24/11/2023

Orders of the Hon'ble Vice-Chancellor

CIRCULAR

Sub: Identification of People with Obesity and Awareness on BMI - Outreach activity organized at ZPH School, Nallapadu - Communication - Reg.

Ref: Letter dt. 23-11-2023 from Dr. K. Sony, Faculty Coordinator.

This is to inform that as part of Skill Development Outreach, an activity on "**Identification of People with Obesity and Awareness on BMI**" will be conducted at ZPH School, Nallapadu, to create awareness among students and the community regarding obesity and its health implications.

Date: 24.11.2023 (Friday)

Timings: From 10:00 AM

Venue: ZPH School, Nallapadu

Area of Activity: Skill Development Outreach

Faculty Coordinator: Dr. K. Sony

Resource person: Mrs. N. Sri Lakshmi/ Dr. K. Sukeerthi

Participants: <https://forms.gle/gXzw72ce19iuQqeD6>

All concerned Deans, Principals, HoDs, and functionaries of KLEF are requested to ensure the participation and support of the designated faculty and student representatives to make this outreach activity a success.



REGISTRAR

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Identification of People with Obesity and Awareness on BMI - Outreach activity organized at ZPH School, Nallapadu

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Timings: From 10:00 AM

Venue: ZPH School, Nallapadu

OBJECTIVE

The primary objective of this outreach activity is to identify individuals with obesity and raise awareness about Body Mass Index (BMI), promoting the importance of maintaining a healthy BMI to prevent obesity-related health issues. Through interactive learning, participants will gain knowledge on calculating BMI, understanding obesity risk factors, and adopting healthier lifestyle practices.

DESCRIPTION

This skill development outreach activity, organized at ZPH School, Nallapadu, aims to educate students and the local community about obesity and the significance of BMI as an indicator of health. Under the guidance of Faculty Coordinator Dr. K. Sony, students will participate in assessing BMI values, identifying obesity cases, and discussing preventive measures. The activity will include interactive sessions, BMI screenings, and personalized guidance on healthy dietary habits and physical activity routines. Faculty and students will work together to create a supportive environment where participants can openly discuss health concerns and develop an understanding of how lifestyle choices impact overall well-being.

OUTCOMES

1. **Enhanced Awareness:** Participants will gain an understanding of obesity and BMI, helping them recognize obesity risks and the importance of weight management for long-term health.
2. **Skill Development:** Students participating in the outreach will develop practical skills in health assessment techniques, including BMI calculation and interpreting health indicators.
3. **Community Engagement:** This activity will strengthen the community's awareness of obesity as a critical health issue and motivate them to adopt healthier lifestyle choices.
4. **Actionable Health Insights:** Participants will leave with actionable insights on managing and reducing obesity through diet, physical activity, and understanding BMI, fostering healthier community habits.
5. **Student Leadership and Communication Skills:** By actively engaging with the community, student participants will enhance their leadership and communication skills, essential for future outreach and awareness programs.

Event Photos:



KLEF students explained the concepts of obesity and BMI on November 24, 2023



Students of ZPH School, Nallapadu, learned about obesity and BMI on November 24, 2023

Participated Students List :

S. No.	Student Unique Enrolment ID	Name of the student	Programme name
1	2200030517	Vudatala Vaissnavi	B.Tech. CSE
2	2200620030	Mutluri Mersi Angel Rani	B.Sc. Ag.
3	2200560022	Mohammad Nazia	BBA
4	2200032212	Chitturi Tushara	B.Tech. CSE
5	2300030306	Karanki Pavani	B.Tech. CSE
6	2100030942	Maridu Nandini	B.Tech. CSE
7	2000031548	Botta Deepthi	B.Tech. CSE
8	2200031407	Mungara Sri Poojitha Yadav	B.Tech. CSE
9	2100520021	Bhoomika Yogi	BCA
10	2300030623	Shaik Pujitha	B.Tech. CSE
11	2100040147	Arumalla Asha Latha	B.Tech. ECE
12	2200570043	Usha Sree Konduru	BBA-LLB
13	2100031368	Hema Sree Bhavana	B.Tech. CSE
14	2100060032	Shaik Nowsheen	B.Tech. EEE
15	2000032003	Leela Soujanya Tammana	B.Tech. CSE
16	2300010021	Hasinee Puppala	B.Tech. BT
17	2200570048	Vadde Yashaswini Yashaswini	BBA-LLB
18	2300090387	Gandla Himaja	B.Tech. CS&IT
19	2300080322	Bindhu Sri Nasaka	B.Tech. AI&DS
20	2300032555	Sai Lakshmi Batta	B.Tech. CSE
21	2300080325	Vuyyuru Kalyani	B.Tech. AI&DS
22	2310040049	Dharmaraju Vijaya Navya Sri	B.Tech. ECE
23	2100040313	Kolar Rohini	B.Tech. ECE
24	2000620016	Bejjam Sara Grace	B.Sc. Ag.
25	2200040290	Anukeerthi Nanjam	B.Tech. ECE
26	2000031825	Mohammed Rahama Thunnisa	B.Tech. CSE
27	2301520005	Gousia Shaik	M.Sc. Chem.
28	2000040018	Boya Lakshmi Gnapikaa	B.Tech. ECE
29	2300032793	Gowri Pragathi Sunnapuralla	B.Tech. CSE
30	2200100012	Kante Srija	B.Tech IoT
31	2200040195	K . Jyothsna	B.Tech. ECE
32	2300030838	Tulluru Ruchitha Ruchitha	B.Tech. CSE
33	2200520144	Sirigiri Uma Maheswari	BCA


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