



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' ♦ Approved by AICTE ♦ ISO 21001:2018 Certified  
Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.  
Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in  
Admin Off: 29-38-38, Museum Road, Governorpel, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Ref: KLEF/RO/Women's Forum/2023-24

Dt. 26/12/2023

### Orders of the Hon'ble Vice-Chancellor

#### CIRCULAR

**Sub:** Awareness Program on "Vitamin Deficiency and Its Prevention" for Women in Jonnalagadda, Guntur District - Communication - Reg.

**Ref:** Letter dt. 26-12-2023 from Mrs. N. Sri Lakshmi, Faculty Coordinator (Health & Hygiene), Women's Forum.

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This is to inform that the Women's Forum, in collaboration with the Health & Hygiene department, will be organizing an *Awareness Program on Vitamin Deficiency and Its Prevention* for women in Jonnalagadda, Guntur district, on **28<sup>th</sup> December 2023** (Thursday).

**Date:** 27th December 2023 (Thursday)

**Timings:** From 10:00 AM

**Venue:** Jonnalagadda, Guntur District (Outreach)

**Faculty coordinator:** Mrs. Nallapaty Srilakshmi

**Category of the event:** Health and Hygiene

**Participants list:** <https://forms.gle/bW3ReZnsPXwqEeJB7>

The session will focus on educating the women in the community about the signs, symptoms, and health implications of vitamin deficiencies, including how to prevent these deficiencies through dietary adjustments and supplements. The program will cover various vitamins, their sources, and the importance of maintaining a balanced diet to ensure good health.

All concerned departments and faculty members are requested to encourage the participation of relevant community members in this outreach activity. Your cooperation in ensuring the success of this initiative will be greatly appreciated.



REGISTRAR

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**Date:** 27<sup>th</sup> December 2023 (Thursday)

**Timings:** From 10:00 AM

**Venue:** Jonnalagadda, Guntur District (Outreach)

### Objectives:

The main objective of the *Awareness Program on Vitamin Deficiency and Its Prevention* is to educate women in the Jonnalagadda village about the significance of vitamins in their diet and the harmful effects of vitamin deficiencies on their overall health. The program aims to raise awareness about common vitamin deficiencies, their symptoms, and their potential impact on health. It also seeks to provide practical guidance on how to incorporate vitamin-rich foods into daily meals and the importance of supplements when necessary. Ultimately, the goal is to empower participants to take proactive steps toward improving their health through informed dietary choices.

### Description:

The *Awareness Program on Vitamin Deficiency and Its Prevention* will be conducted as an outreach activity in the village of Jonnalagadda, Guntur district, and will focus on educating the women about essential vitamins like Vitamin D, Vitamin B12, Vitamin A, and Vitamin C. During the session, health experts will explain the importance of these vitamins in maintaining bodily functions, enhancing immunity, and preventing chronic health conditions. The program will provide information on common signs of vitamin deficiencies, how they can be detected, and practical ways to prevent them through nutrition. Participants will be given guidance on incorporating vitamin-rich foods into their diets, as well as information on vitamin supplementation when needed. The session will also involve interactive discussions where women can ask questions and share experiences related to their health.

### Outcomes:

By the end of the Awareness Program on Vitamin Deficiency and Its Prevention, participants will have a deeper understanding of the importance of vitamins in maintaining their overall health. They will be able to identify common signs and symptoms of vitamin deficiencies and will gain practical knowledge on how to prevent these deficiencies through better dietary choices. The program aims to reduce the prevalence of vitamin deficiencies in the community by promoting healthier eating

habits and raising awareness about the need for balanced nutrition. Additionally, it is expected that the women will be more confident in managing their health, leading to improved well-being for themselves and their families. Through this initiative, the Women's Forum will strengthen its relationship with the local community, furthering its mission of empowering women with the tools they need for better health and hygiene.



Students are explained about Vitamin Deficiency and Its Prevention to villagers on 27.12.2023



Students are explained about Vitamin Deficiency and Its Prevention to villagers on 27.12.2023





Participated Students List :

S.No	ID Number	Name of the Student	Branch
1	2300032503	Shaik Rubina	B.Tech. CSE
2	2200032065	Potu Sravani	B.Tech. CSE
3	2100520078	Intur Satya Srivalli	BCA
4	2000570021	Kusuru Archana	BBA-LLB
5	2300032675	Shaik Samiya	B.Tech. CSE
6	2300030452	Muvvala Poshitha Sree	B.Tech. CSE
7	2100520087	Bale Keerthana	BCA
8	2200030193	Shaik Sadiya Banu	B.Tech. CSE
9	2300030549	Potarlanka Nikhitha	B.Tech. CSE
10	2300031918	Karyampudi Bhavana	B.Tech. CSE
11	2300033695	Sahin Shaik	B.Tech. CSE
12	2000032105	Chandana Priya Udayagiri	B.Tech. CSE
13	2200520072	Karampudi Harshini	BCA
14	2300031911	Busi Sreya Tejaswi	B.Tech. CSE
15	2300030657	Surla Sanjana Naidu	B.Tech. CSE
16	2300033456	Barige Jyosthna	B.Tech. CSE
17	2300033514	Barige Jyothi	B.Tech. CSE
18	2300560139	Yadala Vijaya Durga	BBA
19	2300040447	Sampath Harika	B.Tech. ECE
20	2300010039	Mohammad Zaara Kulsum	B.Tech. BT
21	2300010128	Mohammed Humaira Tasneem	B.Tech. BT
22	2000620183	Venkata Naga Kavyasree Yeluru	B.Sc. Ag.
23	2300090380	Bodhanapu Varshini	B.Tech. CS&IT
24	2100560149	Shaik Fathima Zahera	BBA
25	2000620117	Venkata Sai Supriya Vungarala	B.Sc. Ag.
26	2200520100	Ayisha Mohammed	BCA
27	2300033619	Kamatam Supriya	B.Tech. CSE
28	2300620060	Yerra Sree Lekhya	B.Sc. Ag.
29	2300031903	Meduri Keerthi	B.Tech. CSE
30	2300032777	Tekumudi Asha Sri Sai Kiranmai	B.Tech. CSE
31	2300620028	Kollu Venkata Satya Sri Akhila Devi	B.Sc. Ag.
32	2300560168	Lohitha Bojja	BBA
33	2300032833	Penakati Renu Neeraja	B.Tech. CSE
34	2300030727	Vennampalli Gnanambika	B.Tech. CSE
35	2300031938	Surampudi Sriya Hasini	B.Tech. CSE
36	2300560156	Garle Ankitha Balu	BBA
37	2200032214	Pentakota Geethika	B.Tech. CSE

38	2000620020	Sasipriyanka Locharla	B.Sc. Ag.
39	2300031083	Chennupalli Lakshmi Meghana	B.Tech. CSE
40	2000620148	Poojitha Koti	B.Sc. Ag.
41	2200030741	Sakala Gayathri	B.Tech. CSE
42	2000040539	Gorli Teja Sri	B.Tech. ECE
43	2200031879	Veeravalli Naga Mani Deepika	B.Tech. CSE
44	2200560215	Devi Sree Gundu	BBA
45	2300560201	Anagani Swetha Naga Ravali	BBA
46	2300080369	Shaik Kousar Sultana	B.Tech. AI&DS
47	2000620145	Durga Lakshmi Sowmya Teegala	B.Sc. Ag.
48	2200030226	Sk Karishma	B.Tech. CSE
49	2200032030	Parumanchala Adithi Jyothi Raditya	B.Tech. CSE
50	2201520013	Chappidi Mallika	M.Sc. Chem.
51	2300030734	Visaka Bhargavi	B.Tech. CSE
52	2200520191	Pathan Mikhdhar	BCA
53	2100620086	Shaik Fareeda Tabasum	B.Sc. Ag.
54	2201600021	Rayedi Geethika Lahari	MCA
55	2300560024	Yelagala Sravya Arpita	BBA
56	2200570002	Akkaramana Venkata Cherishma	BBA-LLB
57	2300090321	Maradani Baby Sowmya Sri	B.Tech. CS&IT
58	2300032854	Sajida Shaik Manduru	B.Tech. CSE

  
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