



Koneru Lakshmaiah Education Foundation

(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Campus: Green Fields, Vaddeswaram - 522 502, Guntur District, Andhra Pradesh, INDIA.

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Ref: KLEF/RO/Women's Forum/2018-19

3rd October 2018

Orders of Vice-Chancellor dt. 03-10-2018

CIRCULAR

Sub: Awareness programme on "Breast Cancer" for Female Faculty and Girl students on 05-10-2018 (Friday) at 3.30 PM in C325 – reg.

Ref: Letter dt. 03-10-2018 from Dr. M. Sreedevi, Professor, CSE & Convener-Women's Forum

This is to inform that Women's Forum is organizing an awareness programme on "Breast Cancer" for Female Faculty and Girl students, as detailed below:

Resource Person : Dr. Prasanth Yarlagadda
Oncologist,
American Oncology Institute,
NRI, Mangalagiri

Date : 05-10-2018 (Friday)

Timings : From 3.30 PM

Venue : Room No.C325

Interested Female Faculty and Girls students are requested to attend this programme.

All HODs and In-charges of Offices / Sections therefore requested to ensure that this Circular is brought to the notice of all the Female Faculty and Girl Students of their respective departments.


REGISTRAR
Prof. T. UMA MAHESWARA RAO
REGISTRAR

To

All Female Faculty (by mail)

All Girl Students (by mail)



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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AWARENESS PROGRAM ON BREAST CANCER

Date : 05/10/2018
Time : 3.30 P.M onwards
Venue : C325 KLEF

OBJECTIVES

The primary objective of organizing an awareness program on breast cancer for women and girls is to educate and empower them with knowledge about breast health, early detection, and risk factors. This program aims to promote regular breast self-examinations, mammograms, and clinical screenings to facilitate early diagnosis and improve treatment outcomes. Additionally, it seeks to reduce the stigma surrounding breast cancer and foster open discussions about the importance of breast health. By addressing these objectives, the program aims to increase awareness, encourage proactive health practices, and ultimately contribute to a higher rate of early breast cancer detection, leading to improved survival rates and the overall well-being of women and girls in the community.

DESCRIPTION

K L E F Women's Forum conducted a Guest Lecture on "An awareness program on Breast Cancer" in Room No C 625 on 05.10.18. An eminent Medical Oncologist and specialized in the treatment of cancers, Dr. Prashant Yarlagadda, American Oncology Institute, NRI Hospital is the resource person.

Dr. Prashant Yarlagadda was welcomed by Dr M. Sreedevi, Convener, Women's Forum, KLEF. She briefed about the expertise of the resource person. Dr. Prashant Yarlagadda gave following some precautions to the girl students

- Changing lifestyle or eating habits, such as eating less fat or more fruits and vegetables.
- Avoiding things known to cause cancer.
- Working night shifts, which may change your circadian rhythm (physical, mental, and behavioral changes that are mainly affected by darkness and light in 24-hour cycles).

Maintain a healthy weight. If your weight is healthy, work to maintain that weight. If you need to lose weight, ask your doctor about healthy strategies to accomplish this. Reduce the number of calories you eat each day and slowly increase the amount of exercise.

Choose a healthy diet. Women who eat a Mediterranean diet supplemented with extra-virgin olive oil and mixed nuts may have a reduced risk of breast cancer. The Mediterranean diet focuses mostly on plant-based foods, such as fruits and vegetables, whole grains, legumes, and nuts. People who follow the Mediterranean diet choose healthy fats, such as olive oil, over butter and fish instead of red meat.

Avoid unnecessary radiation exposure. The Centre for Disease Prevention and Control (CDC) advises women to reduce the use of unnecessary testing with CT scans, PET scans, X-rays. Sometimes radiation therapy is lifesaving, as in the treatment of Hodgkin disease. In that case, the woman should be screened earlier and more frequently for breast cancer.

OUTCOMES

The outcomes of organizing an awareness program on breast cancer for women and girls are significant. Firstly, it leads to increased awareness among participants, making them more informed about breast health, early detection methods, and risk factors. Secondly, it encourages women and girls to prioritize regular breast self-examinations and screenings, potentially resulting in the early detection of breast cancer cases, which is crucial for improved treatment outcomes. Thirdly, the program helps reduce fear and stigma associated with breast cancer, fostering open conversations and support networks among women and girls. Ultimately, these outcomes work together to save lives through early detection, empower individuals to take charge of their health, and contribute to a community that is better informed and supportive of breast cancer prevention and care.

PHOTOS



Dr.M. Sreedevi, Convener, Women's Forum felicitating Dr. Prashant Yarlagadda, American Oncology Institute, NRI Hospital on 05/10/2018



Dr. Prashant Yarlagadda, American Oncology Institute, NRI Hospital addressing on Breast Cancer on 05/10/2018



Participants listening to Dr. Prashant Yarlagadda, American Oncology Institute, NRI Hospital on 05/10/2018

Paper Clippings :

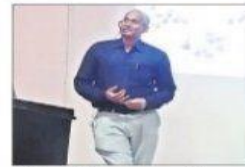
రోమ్ము క్యాన్సర్ పై విద్యార్థులకు అవగాహన

వడ్డేశ్వరం(తాడేపల్లి): మహిళలను వేధించే ఆరోగ్య సమస్యల్లో ప్రాణాంతకమైనది రోమ్ము క్యాన్సర్ అని ఇన్స్టిట్యూట్ ఆఫ్ అమెరికన్ అంకాలజి డాక్టర్ యార్లగడ్డ ప్రశాంత్ తెలిపారు. కేఎల్ విశ్వవిద్యాలయంలో శుక్రవారం రోమ్ము క్యాన్సర్ పై అవగాహన సమావేశం నిర్వహించారు. పురుషుల్లోనూ క్యాన్సర్ వచ్చే అవకాశం ఉన్నప్పటికీ మహిళల్లో ఎక్కువ శాతం వచ్చే అవకాశం ఉంటుందన్నారు. ఉపకులపతి డాక్టర్ ఎల్.ఎస్.ఎస్.రెడ్డి, రిజిస్ట్రార్ ఉమామహేశ్వరరావు, మహిళా ఫోరం కన్వీనర్ డాక్టర్ శ్రీదేవి తదితరులు పాల్గొన్నారు.

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రోమ్ము క్యాన్సర్ పై అవగాహన

తాడేపల్లిరూరల్: కె.ఎల్.విశ్వవిద్యాలయంలో శుక్రవారం రోమ్ము క్యాన్సర్ పై అవగాహన సదస్సు నిర్వహించారు. ఈ సందర్భంగా ఇన్స్టిట్యూట్ ఆఫ్ అమె



ప్రసంగిస్తున్న డాక్టర్ యార్లగడ్డ ప్రశాంత్

రికన్ అంకాలజీ వైద్య నిపుణులు డాక్టర్ యార్లగడ్డ ప్రశాంత్ మాట్లాడుతూ మహిళలను వేధించే ఆరోగ్య సమస్యల్లో ప్రాణాంతకమైంది రోమ్ము క్యాన్సర్ అని, ఇది పురుషుల్లోనూ వచ్చే అవకాశముందని తెలిపారు. మెడిసిన్ తో పాటు ఆహార పదార్థాలతో కూడా ఈ వ్యాధిని అదుపు చేయవచ్చని, సమతుల్యహారం, వ్యాయామం ఉంటే యువతులు రోమ్ము క్యాన్సర్ నుంచి తమను తాము రక్షించుకోవచ్చని సూచించారు. ఉపకులపతి డాక్టర్ ఎల్.ఎస్.ఎస్.రెడ్డి, ప్రొ.వైస్ చాన్సలర్ డాక్టర్ ఏ.రామకుమార్, రిజిస్ట్రార్ టి.ఉమా మహేశ్వరరావు, మహిళా ఫోరం కన్వీనర్ డాక్టర్ శ్రీదేవి పాల్గొన్నారు.

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An awareness program on Breast Cancer conducted at KLEF on 05.10.2018 An eminent Medical Oncologist and specialized in the treatment of cancers, Dr. Prashant Yarlagadda, American Oncology Institute, NRI Hospital is the resource person.

FACULTY LIST:

S.No	Emp No	Name of the employee	Designation
1	4713	PASUPULETI RAMA DEVI	OFFICE ASSISTANT
2	4714	KANTAMANENI SUJANI	DIGITAL LIBRARY ASSISTANT
3	4724	VEERAMACHANENI LIKITHA	GYM TRAINER
4	4717	TAMMIREDDY LAKSHMI PRASANNA	LAB TECHINICAN
5	4733	S LAKSHMI KUMARI	DIGITAL LIBRARY ASSISTANT
6	4716	P SUDHA	OFFICE ASSISTANT
7	4534	KANAKADURGA VALLURI	ADMINISTRATIVE ASSISTANT
8	4635	BANAVATHU.CHAMUNDESWARI	OFFICE ASSISTANT
9	4641	GOKA. SUKANYA	OFFICE ASSISTANT
10	4510	GRANDHI RAJYA LAKSHMI	OFFICE ASSISTANT/MATHEMATICS
11	4522	M.GAYATRI	ADMINISTRATIVE ASSISTANT
12	4455	K. SUJATHA	ASSISTANT PHYSICAL DIRECTOR
13	4335	MR.G. LOHITHA	VOLLYBALL COACH
14	4339	K. LALITHA LAVANYA	OFFICE ASSISTANT
15	2964	B. SRIDEVI	OFFICE ASSISTANT
16	4527	GINGUPALLI JYOTHI	HR EXECUTIVE
17	4256	K. DURGA	OFFICE ASST
18	4544	L.V.N.L.A SRI DEVI	OFFICE ASSISTANT/PROVC OFFICE
19	4634	LAKSHMI AKKINENI	OFFICE ASSISTANT
20	4678	GONNURI PAVANI	ASST.PROF.
21	4689	MADAGANI LAVANYA	ASST.PROF.
22	4694	NYSHADAM PRANEETHA	ASST.PROF.
23	4696	DOPPALAPUDI RAGHAVA LAVANYA	ASST.PROF.
24	4723	RAVADA ALEKHYA	ASST.PROF.
25	4719	Y USHA DEVI	ASST.PROF.

PARTICIPANTS LIST:

7 BREAST CANCER AWARENESS PROGRAMME

S.No	ID Number	Name of the Student	Signature
1.	160541173	Lakshmi Supriya	Supriya
2	170590011	Kaza Hanika	K. Hanika
3	170031422	Yalamanchili Bheeshma	Bheeshma
4	170030779	Marella Divya Nagesa Susha	Divya
5	170030381	GOGINENI HARIKA	Harika
6	170021363	Vallabhaneni Bhavana	V. Bhavana
7	160541215	Kodanti Harshini	K. Harshini
8	170030174	Burri Siva Namratha	Namratha
9	160511218	Kondeti Sushma Priya	Sushma
10	170040081	BELCAMKONDA SUSHMA	Sushma
11	180010004	Soumya	A. Soumya
12	170041064	Fouzia Saeed	Fouzia
13	170571065	Tajari Padmavathi	Padmavathi
14	180040553	Talavutram Likitha	Likitha
15	170080221	SAI TEJASWI	Tejswi
16	180040552	Bhavinisetty Rajitha	R. Rajitha
17	180040131	Gadamesetti Lakshmi	Lakshmi
18	170031494	Bellamkonda Mounika	Mounika
19	180031494	Yemmireddi Pallavi	Pallavi
20	170541102	NALLURI PRAVALLIKA	Pravallika
21	1800401122	Polluri Namratha	P. Namratha
22	180031441	A. DWIVEDI	DWIVEDI
23	180040478	Gutha Bhoomika	Bhoomika
24	172510055	Sirigiri Sneha	S. Sneha
25	180081476	HARIKA SATTI	Harika
26	172510055	Sirigiri Sneha choudhary	Sneha
27	180550048	Yasawini Vanga	Yasawini
28	180040647	Premitha Cheemakurthi	Premitha
29	172510142	Ghanta Monica	Monica
30	170541316	RAGIREDDY MANASA VNSS	Manasa
31	180040516	Sagili Satya Priya	S. Priya

S.No	ID Number	Name of the Student	Signature
32	1800110099	ARUNA SAI BALASIVA SIVOTHUKA	Sivothuka
33	180040108	Guruman Purna Candrika	G. Purna
34	180040576	Siddhanti Pooja naidu	Pooja
35	170010027	Shaik Fouzia Tabasum	Fouzia
36	180040051	Mounipravallika	Pravallika
37	170541145	A Suma Varshini	Varshini
38	180640475	Shaik. Kartikuma Tharanum	K. Kartik
39	170541297	M Bala Bhargavi	Bhargavi
40	180040366	Shaik Shaina	S. Shaina
41	160570027	Kondareddy Chandini	Chandini
42	180550013	Laya Saraswathi; Srikanth	Laya
43	160050024	Sudha Madhuri	Sudha
44	170541192	Kasthala Lakshmi Sai Sai	Lakshmi
45	170040230	Hima Chandana	H. Hima
46	180030943	Gude Pravani	Pravani
47	170030308	Divya Shree	Divya
48	170040250	GODINENI SRIDEVI	Sridevi
49	180031361	Kondadsola Geetha Srinija	Geetha
50	170040182	Lakshmi Pravana	D. Lakshmi
51	180040350	Bommupravallika	Pravallika
52	180040350	Chandu Sai Lakshana	Ch. Sai
53	170031388	SRI SITA DEVI	Sita
54	180170008	Naga Purna Chandrika Alapati	Alapati
55	170071012	Penmasani Naga Ranasa	P. Ranasa
56	182510112	T. Bhavana Velangini	Bhavana
57	170541188	Tetali Divya	T. Divya
58	180040425	B. Sneha Madh	Sneha
59	170541131	Ambati Rama Pradyusha	Rama
60	170021526	Tunga Tashmitha	T. Tashmitha
61	180010037	D S K Daduvavathi	Daduvavathi
62	170040494	Maddali Lakshmi Anasha	Anasha

S.No	ID Number	Name of the Student	Signature
63	170040740	Royapudi Rukmini priyanka	R. priya
64	170170036	Velankani Sai hreshitha	hreshitha
65	170541095	Mamdi Gowri Naga Srishta	Srishta
66	170050123	Tejaswi Mundeni	M. Teja
67	182510053	U Souvani	Souvani
68	172510043	Nagothu Theres Bala	Bala
69	170550043	Panchumarthi Sasanka	Sasanka
70	170541017	G. Vanaja lakshmi	Vanaja
71	180040196	Manepalli Bhavya Tejan	M. Bhava
72	172510161	Chanumala Lavanya	Lavanya
73	170030910	neeharika Naganathu	Naganathu
74	160541014	Bhavana	Bhavana
75	180040122	Veerangandham Aasthika	V. Aasthika
76	170541312	Aparwal Prachi	Prachi
77	160010152	Sushma Karupathy	Sushma
78	16054013	Dasari Bhagya Sree	Bhagya
79	170010049	Ramineni Durga Raghavi	Raghavi
80	170070927	papineni poojitha	P. poojitha
81	170040187	Damarla Bhavya Sri	Bhavya
82	170040513	Mallempati Manica	Manica
83	170040513	Mallepuri Revathi chandray	Revathi
84	170040514	Vakalapudi bhavya Sri	Bhavya
85	170030452	Guntaka durga Pravalika	Pravalika
86	180040395	Kodebathula Sri pavithra	J. Sri pavithra
87	170030466	Jalayuri Sai Keerthana	Keerthana
88	170030758	Gundavaru Deevi	Deevi
89	170010096	Kondisetty Kousalya	Kousalya
90	170060007	Chodavarapu lakshmi manasa	Ch. lakshmi
91	180031387	Ch. Vinay Kumar	Vinay
92	170030672	Kavelamudi Baby Tahnavi	Tahnavi
93	170050039	GULLAPATI Baby	Baby

S.No	ID Number	Name of the Student	Signature
94	1801640377	Kusma Yas	K. Yas
95	172510154	Penumatsa Vinaya	Vinaya
96	170040707	Pothuraju Madhuri	Madhuri
97	160541007	Bandi Sucharithra	B. Sucharithra
98	180050035	Govada Meghana	Meghana
99	170541129	A.N.S. PUSITKA	PUSITKA
100	170040922	Ravi Sri Tejawini	R. Sri Tejawini
101	170010019	Nikitha Sunbaram	Nikitha S
102	172510108	Pooja Tharunja	P. Tharunja
103	18051000	P. Akhila	Akhila
104	180040717	Sravana Sai Sree	Sravana
105	170040158	Chaitanya Vinay	Ch. Vinay
106	180020028	Yasham Nikhila	Y. Nikhila
107	170031127	Roshini Alluru	Roshini
108	170030933	Nikhila Bhargavi	Nikhila B.
109	180040302	Tahnavi Ponnusai	Tahnavi
110	170040852	Tangirala Sri Pramada	T. Sri Pramada
111	160010097	Chaitanya Lakshmi, padartha	Chaitanya L.
112	170040696	Palavarapu Akanksha	Akanksha
113	180040057	Katari Bhargavi	Bhargavi
114	170510156	Suraganikavitha	Suraganika
115	170511351	Varanikrishna Rao	V. Rao

T. Umamaheswara Rao
(Dr.T. Umamaheswara Rao)

Registrar

Registrar

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