



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

◆ Approved by AICTE ◆ ISO 21001:2018 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. +91 8645 - 350 200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129

Youth Red Cross (YRC)



**CATEGORY 1
UNIVERSITY**
BY MHRD, Govt. of India

**45 YEARS OF
EDUCATIONAL
LEADERSHIP**

**nirf
2025**

**NATIONAL
INSTITUTIONAL
RANKING
FRAMEWORK**

**RANKED 26
AMONG ALL
UNIVERSITIES**



Free Wellness & **NUTRITION** *Assessment Camp*

07 Jan. 2026 | 10.00 AM - 5.00 PM | @ Indoor Stadium

Event Co-ordinators:

Dr. R. Supriya
YRC Prof In-charge
Assistant Professor
College of Pharmacy
Ph.No: 8367541364

Mr. G. Mohana Rao
YRC Programme Officer
CSE-4 Department



Organized by Youth Red Cross, KLEF

Details of the Event:

Name of the Event : Free Wellness & Nutrition Assessment Camp

Date of the Event : 7th January 2026

Venue of the Event : Indoor Stadium

No. of Hours : 10:00 AM To 05:00PM

No. of Participants : 143



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Ref: KLEF/SA/YRC/Assessment Camp/2025-26

Dt. 05-01-2026

Orders of the Hon'ble Vice-Chancellor dt. 05-01-2026

CIRCULAR

Sub: Conduction of Free Wellness & Nutrition Assessment Camp in KLEF Vaddeswaram
Camus on 7th January 2026 - Communication - Reg.

Ref: Letter received from Dr. K.R.S. Prasad, In-charge Dean (Student Affairs).

This is to inform that **Youth Red Cross (YRC), KLEF**, in association with **the NS Nutrition Centre, Mangalagiri**, is organizing a **Free Wellness and Nutrition Assessment Camp** for the benefit of KLEF faculty, staff, and students. The camp aims to create awareness about healthy lifestyle practices and personalized nutrition.

The camp will provide the following free services:

- One-minute body composition analysis
- Body weight assessment
- Body fat and visceral fat analysis
- Body Mass Index (BMI) evaluation
- Basal Metabolic Rate (BMR) assessment
- Body age analysis
- Basic wellness and nutrition counselling

In addition, NS Nutrition will offer guidance on:

- Weight loss and weight gain
- Weight management
- Energy & fitness
- Child nutrition
- Skin care
- Targeted nutrition plans
- Healthy breakfast habits
- Body cleansing and personal care

Details of the Event:

Venue: Indoor Stadium

Date & Time: 7th January, 2026 & 10.00 AM to 5.00 PM

Registration link:

<https://docs.google.com/forms/d/1U03UMxvelce9c9lwGJlmiJ6UKXQmYSZxkhOqh1Wuwg/edit>

Event Co-ordinators:

1. Dr. R. Supriya, YRC Prof In-charge, Assistant Professor, College of Pharmacy, nandhanasupriya@gmail.com, 8367541364
2. Mr. G. Mohana Rao, YRC Programme Officer, Assistant Professor, CSE-4 Department

The HoDs / Functionaries / In-charges of Offices are requested to ensure that this information is brought to the notice of all the Faculty members / Non-Teaching Staff / Students of their respective departments.



REGISTRAR
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Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, YADDESWARAM-522 302.
Guntur District, Andhra Pradesh.



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Objective:

The objective of the Free Wellness and Nutrition Assessment Camp is to assess students' overall health and nutritional status through basic health screenings and dietary evaluations. The camp aims to create awareness about balanced nutrition, healthy eating habits, and healthy lifestyle practices to prevent lifestyle-related conditions such as obesity, anemia, stress, and early metabolic disorders. It also focuses on providing individualized dietary guidance and encouraging students to adopt preventive health measures to support their academic performance and overall well-being.

Procedure of the Event

- The NS Nutrition Center, Mangalagiri team arrived at KLEF (Indoor Stadium) at 10:00 AM and made necessary arrangements for the camp.
- The team commenced the event by explaining the importance of wellness assessment, balanced nutrition, and healthy lifestyle practices to the students and staff.
- Students and staff from different branches actively participated in the camp and registered for health screening and nutritional assessment.
- The organizing team conducted basic health assessments such as measurement of height, weight, and BMI calculation.
- The team evaluated the dietary habits of participants and provided personalized nutritional counseling based on individual health status.
- Participants were educated about a balanced diet, physical activity, hydration, and the prevention of lifestyle-related disorders.
- Students identified with abnormal findings were advised to seek further medical consultation and follow-up

Outcome of the event:

The Free Wellness and Nutrition Assessment Camp was successfully conducted with active participation from students and staff. The event helped in identifying individuals with nutritional deficiencies, abnormal BMI, and other potential health risks at an early stage. Participants gained awareness about a balanced diet, healthy lifestyle practices, and preventive healthcare measures. Personalized dietary counseling provided practical guidance for improving eating habits and overall well-being. Overall, the camp enhanced students' health consciousness and encouraged them to adopt healthier lifestyles to support their academic and personal growth.

Event Photos:





Vaddeswaram, Andhra Pradesh, India 🇮🇳
Klu Central Library, KI Univ Main Rd, K L University,
Vaddeswaram, Andhra Pradesh 522501, India
Lat 16.44274° Long 80.62292°
Wednesday, 07/01/2026 12:57 PM GMT +05:30

Name of the Event: Free Wellbeing & Nutrition Assessment Camp

Venue: Indoor Stadium

Date: 07/01/2025

S.No	Name	ID.No	M/F	Branch	Year	Signature
1	A.V.S Varun	2400030912	M	CSE-3	2 nd	AVS
2	Sk. Mohammad Noor	2101570019	M	Pharm D	5 th	Sk. Noor
3	K. Bharadwaj	2101570009	M	"	5 th	K. Bharadwaj
4	R. Pavan	2101570014	M	"	5 th	R. Pavan
5	S. Nambi Reddy	2101570011	M	"	5 th	S. Nambi Reddy
6	P. Nandini	2101570029	M	Pharm.D	5 th	P. Nandini
7	M. Vishnu	2100030081	M	oSB-	1 st	M. Vishnu
8	G. Karunya Suthi	2201570008	F	Pharm.D	4 th	G. Karunya Suthi
9	M.N. Suvana	2201570006	F	Pharm-D	4 th	M.N. Suvana
10	Bh. Varun	2300032706	M	CSE-4	3 rd	Bh. Varun
11	M. Madhu	2400032739	M	CSE-4	2 nd	M. Madhu
12	B. Venkatesh	2200030768	M	CSE-2	4 th	B. Venkatesh
13	Madhu	2200032610	M	CSE-2	4 th	Madhu
14	Preethi Sri	2200090129	F	CS IT	4 th	Preethi Sri
15	M. Hema Harshini	2300031644	F	CSE-HTE1	3 rd	M. Hema Harshini
16	K. Gowthami	2300032925	F	CSE-H1	3 rd	K. Gowthami
17	M. Hema Varshini	2300032719	F	CSE-HTE1	3 rd	M. Hema Varshini
18	K. Ragha Anandhalakshmi	2300031324	F	CSE-HTE1	3 rd	K. Ragha Anandhalakshmi
19	Y. Divya Bhavani	2300032092	F	CSE-1	3 rd	Y. Divya Bhavani
20	K. Srikar	2400031515	M	CSE-4	2 nd	K. Srikar
21	B.B.SL Mayulcha	2300033019	F	CSE-H	3 rd	B.B.SL Mayulcha
22	Bhagya Bhavani	2300032853	F	CSE-HTE	3 rd	Bhagya Bhavani
23	A. Mani Deepthi	2500530004	F	B. Pharm	1 st	A. Mani Deepthi
24	D. Yamini	2500530028	F	B. Pharm	1 st	D. Yamini
25	R. Varuntha	2500530026	F	B. Pharm	1 st	R. Varuntha
26	D. Gangadhar	2400030058	M	CSE-I	2 nd	D. Gangadhar
27	M. Ajit Prathna	2300031377	M	CSE HTE	3 rd	M. Ajit Prathna
28	Sohan Kumar Sahu	2400031488	M	CSE HTE	2 nd	Sohan Kumar Sahu
29	A. Sufian Chandhury	2400031520	M	CSE HTE	2 nd	A. Sufian Chandhury
30	G. Zana Nazmun	2400040125	M	ECE-1H	2 nd	G. Zana Nazmun
31	M. Shyam	2300033304	M	CSE-HTE	3 rd	M. Shyam
32	V. Viveetha	2300080044	F	AIDS-HTE	3 rd	V. Viveetha
33	K. Harshini	2300080071	F	"	"	K. Harshini
34	P. Dhruvneel	2300030377	M	CSE-HTE	"	P. Dhruvneel
35	K. Pranathi	2300032452	F	CSE-2	3 rd	K. Pranathi
36	V. Harshini	2300033232	F	CSE-2	3 rd	V. Harshini
37	M. Rohith	2400030178	M	CSE-1	2 nd	M. Rohith
38	P. Yogwanth	2200032551	M	CSE-4	4 th	P. Yogwanth
39	S. Nikhil	2500080027	M	AIDS	1 st	S. Nikhil
40	Raunak Gupta	2500031322	M	CSE-1	1 st	Raunak Gupta
41	Ayush Raj	2700030753	M	CSE-1	1 st	Ayush Raj

KRS Received
10/1/26

Dean (Student Affairs)
Konara Lakshminah Education Foundation
(Deemed to be University)
Greenfield, Patna, Bihar-800 012,
Guntur Dist, Andhra Pradesh.

42	Harshwardhan Raj	2300090312	M	CSIT	3 rd	Harshu
43	V. Ashish Raju	2300080335	M	AIIDS	3 rd	shu
44	Aishw Singh	2300080337	M	AIIDS	7 th	Aishan
45	V. Vineela	2300033094	F	CSE-3	3 rd	V. Vineela
46	M. Leela Akash	2300036412	M	CSE-HTE	3 rd	M. Leela
47	S. Ruchita	2300030609	F	CSE-HTE	3 rd	S. Ruchita
48	T. Bala Sailaja	2400520102	F	BCA	2 nd	Sailaja
49	A.K. Deepshikha	2400520016	F	BCA	2 nd	A.K. Deepshikha
50	Yashaswini	2400520018	F	BCA	2 nd	Yashaswini
51	P.L.S. Geetha jal:	2400520005	F	BCA	2 nd	P.L.S. Geetha
52	P. Zaher Khan	2400520110	M	BCA	2 nd	Zaher
53	V. Bhargav	2400520102	M	BCA	2 nd	Bhargav
54	M. Humaira	2401570005	F	Pharm-D	2 nd	Humaira
55	Aparna ch	2401570018	F	Pharm-d	2 nd	Aparna
56	Sadhaf	2401570015	F	Pharm-d	2 nd	Sadhaf
57	Priyanka	2401570014	F	Pharm-D	2 nd	Priyanka
58	Sai. Surija	2200030729		CSE	4 th	Surija
59	M. Koushal	2201570010	M	Pharm.D	4 th	Koushal
60	M. Reshma Pri	2501570025	F	Pharm.D	1 st	Reshma
61	T. Krishna Harika	2501570021	F	Pharm.D	1 st	Harika
62	T. Nilchila Sri	2501570001	F	Pharm.D	1 st	Nilchila
63	L. Dhanyashya Devi	2501570003	F	Pharm.D	1 st	Dhanyashya
64	G. Prerna	2501570020	F	Pharm.D	1 st	Prerna
65	K. Lavya	2501570014	F	Pharm.D	1 st	Lavya
66	S. Amey	2501570016	M	Pharm.D	1 st	Amey
67	J. Mahesh Raj	2400080017	M	AIID	2 nd	Mahesh
68	K. Kanya	2501570014	F	Pharm.D	2 nd	Kanya
69	M. Sai Sidhartha	2501570015	M	Pharm.D	1 st	Sai Sidhartha
70	D. Reshika Pri	2501570003	M	Pharm.D	1 st	Reshika
71	A. Kaleswara Rao	2501570029	M	Pharm.D	1 st	Kaleswara
72	B. Rohitha Sai	2400520002	F	BBA-UG	2 nd	Rohitha
73	R. Kanya Priya	2300570029	F	II	3 rd	Kanya
74	T. Bharusree	2400520007	F	Pharm	2 nd	Bharusree
75	P. Harshini	2400530011	F	Pharmacy	2 nd	Harshini
76	S. Ashwini	2400520023	F	Pharmacy	2 nd	Ashwini
77	B. Mohita	2400530008	M	Pharmacy	2 nd	Mohita
78	Mamun A. J	2400530022	F	NO	II	Mamun
79	Anushka Rai	2400530016	F	B.Pharm	-4	Anushka
80	Sandeep	2400530009	M	II	II	Sandeep
81	P. Pravalika	2400530015	F	B. Pharm	II Year	Pravalika
82	T. Likhiteswari	2400530004	F	B.Pharm	II Year	Likhiteswari
83	B. Roja	2400530005	F	B.Pharmacy	II Year	Roja

KRSP Reseed
10/1/26

Dean (Student Affairs)
Koneru Lakshminiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWARA-522502,
Guntur Dist, Andhra Pradesh.

S.No	Name	ID.No	M/F	Branch	Year	Signature
84	G. Srineth	8493	M	VEC	-	[Signature]
85	B Kiran Kumar	4059	M	ME	-	[Signature]
86	V.G. Krishna murthy	2425	M	C.W.I.W	-	[Signature]
87	D. S. Venkatarani	4100	M	CEA	-	[Signature]
88	B. Kichane	9166	M	VEC	-	[Signature]
89	K. Meenika	9710	F	VEC	-	[Signature]
90	V. Nagaravani	8955	F	Admission	-	[Signature]
91	A. Yogitha	8958	F	Admission	-	[Signature]
92	S. Bhavanees	8944	F	Admission	-	[Signature]
93	V. Prem Kumar	5233	M	SYTE	-	[Signature]
94	Ganesh P. Esu	8231	M	IoT	-	[Signature]
95	KTPS tumu	5101	M	IoT	-	[Signature]
96	G. Mohan Aera	9620	M	CSE-4	-	[Signature]
97	G. Suneetha	8242	F	CSE-4	-	[Signature]
98	T. Madhuri	8953	F	Admission	-	[Signature]
99	M. Uma mal.	7991	F	CPE-1	-	[Signature]
100	D. Prabhavalli	8664	F	Principalship	-	[Signature]
101	P. Rajesh	50401	M	Transport	-	[Signature]
102	M. J. Supriya	6944	F	Pharmacy	-	[Signature]
103	K. Nayagi	8954	F	Admission	-	[Signature]
104	Dr. V. Usha Devi	4719	F	EL&GE	-	[Signature]
105	P. Sravan	8212	F	ECE	-	[Signature]
106	K. Anjaneyulu	6125	F	ASC	-	[Signature]
107	Y. Sani Lakshmi	6615	F	G. Handel	-	[Signature]
108	K. V. Prasad	9234	M	P&D	-	[Signature]
109	K. Masalamma	8148	F	CSE-2	-	[Signature]
110	Dr. M. Subrayam	8037	M	Commerce	-	[Signature]
111	Dr. J. Shyam Sunder	9182	M	Commerce	-	[Signature]
112	Dr. Sravan	9468	F	Pharmacy	-	[Signature]
113	Dr. S. Santhakumari	5634	F	Commerce	-	[Signature]
114	Dr. A. Jadhav Rao	9591	M	Comm	-	[Signature]
115	L. Sridhar	4544	F	"	-	[Signature]
116	Dr. R. S. Srilakshmi	8596	F	"	-	[Signature]
117	Dr. Nagamani ch.	7392	F	CSE-2	-	[Signature]
118	Dr. S. Shivakumari	8662	M	BCOM	-	[Signature]
119	Dr. S. N. M. Sany	2946	M	"	-	[Signature]
120	Vidya Sutha	7402	F	LAW	-	[Signature]
121	Dr. V. N. Srilakshmi	9827	F	MBA	-	[Signature]
122	C. R. Madhuri	5977	F	ODA	-	[Signature]
123	V. Hemambika	7503	F	ODA	-	[Signature]
124	V. Asha / Mobeer	7922	F	Pharmacy	-	[Signature]

KRSP/2023
10/1/26
Dean (Section II) Affairs,
Kannur Engineering College and
Technology, P.O. P.O. Box 100,
Kannur Dist., Kerala.

